

































Atlantic Heights, NH - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:04	8.6	8:43	7.7	1:32	0.0	2:20	-0.5	7:14	4:18	
2	Mon	9:03	8.8	9:42	7.8	2:33	-0.1	3:19	-0.8	7:14	4:19	
3	Tue	9:58	9.0	10:37	8.0	3:30	-0.2	4:14	-1.1	7:14	4:20	
4	Wed	10:50	9.1	11:29	8.1	4:24	-0.3	5:06	-1.2	7:14	4:21	
5	Thu	11:41	9.1			5:15	-0.3	5:55	-1.1	7:14	4:22	
6	Fri	12:19	8.1	12:29	8.9	6:05	-0.3	6:42	-1.0	7:14	4:23	
7	Sat	1:06	8.0	1:15	8.6	6:52	-0.1	7:26	-0.7	7:14	4:24	
8	Sun	1:51	7.8	2:01	8.3	7:39	0.1	8:11	-0.4	7:13	4:25	
9	Mon	2:37	7.6	2:48	7.8	8:27	0.4	8:56	0.0	7:13	4:26	
10	Tue	3:23	7.4	3:38	7.4	9:17	0.7	9:42	0.4	7:13	4:27	
11	Wed	4:12	7.3	4:29	7.0	10:09	0.9	10:30	0.7	7:13	4:28	
12	Thu	5:01	7.1	5:24	6.7	11:03	1.1	11:19	1.0	7:12	4:30	
13	Fri	5:52	7.1	6:21	6.4			12:00	1.1	7:12	4:31	
14	Sat	6:45	7.1	7:20	6.4	12:12	1.2	12:59	1.1	7:11	4:32	
15	Sun	7:39	7.2	8:16	6.4	1:07	1.3	1:56	0.9	7:11	4:33	
16	Mon	8:29	7.4	9:07	6.6	2:00	1.2	2:47	0.6	7:10	4:34	
17	Tue	9:16	7.7	9:52	6.9	2:49	1.0	3:31	0.3	7:10	4:36	
18	Wed	9:59	8.0	10:35	7.1	3:33	0.8	4:12	0.0	7:09	4:37	
19	Thu	10:40	8.2	11:16	7.4	4:15	0.5	4:52	-0.3	7:09	4:38	
20	Fri	11:21	8.5	11:56	7.6	4:56	0.2	5:32	-0.6	7:08	4:39	
21	Sat			12:02	8.7	5:39	0.0	6:12	-0.8	7:07	4:41	
22	Sun	12:36	7.9	12:45	8.8	6:22	-0.3	6:54	-1.0	7:07	4:42	
23	Mon	1:18	8.1	1:29	8.7	7:08	-0.4	7:37	-1.0	7:06	4:43	
24	Tue	2:01	8.2	2:17	8.6	7:56	-0.4	8:24	-0.8	7:05	4:44	
25	Wed	2:49	8.3	3:09	8.3	8:49	-0.4	9:14	-0.6	7:04	4:46	
26	Thu	3:42	8.3	4:07	7.9	9:46	-0.3	10:09	-0.3	7:03	4:47	
27	Fri	4:39	8.2	5:10	7.6	10:47	-0.2	11:07	0.0	7:02	4:48	
28	Sat	5:40	8.2	6:17	7.3	11:52	-0.1			7:01	4:50	
29	Sun	6:44	8.2	7:27	7.2	12:10	0.2	1:02	-0.1	7:00	4:51	
30	Mon	7:50	8.2	8:34	7.3	1:18	0.3	2:10	-0.3	6:59	4:52	
31	Tue	8:52	8.4	9:33	7.5	2:23	0.2	3:10	-0.5	6:58	4:54	