US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:46	6.9	12:43	7.9	6:21	1.0	6:58	0.1	7:14	4:18	
2	Mon	1:22	6.9	1:18	7.8	6:57	1.0	7:33	0.1	7:14	4:19	
3	Tue	1:57	6.9	1:55	7.7	7:35	1.0	8:09	0.2	7:14	4:20	
4	Wed	2:34	6.9	2:35	7.6	8:16	1.0	8:49	0.3	7:14	4:21	
5	Thu	3:14	6.9	3:20	7.4	9:02	1.0	9:31	0.3	7:14	4:22	
6	Fri	3:58	7.1	4:09	7.2	9:51	0.9	10:17	0.4	7:14	4:23	
7	Sat	4:45	7.3	5:04	7.1	10:45	0.8	11:07	0.5	7:14	4:24	
8	Sun	5:35	7.5	6:03	7.0	11:43	0.6			7:14	4:25	
9	Mon	6:30	7.8	7:07	7.0	12:01	0.5	12:45	0.3	7:13	4:26	
10	Tue	7:29	8.2	8:12	7.1	12:59	0.5	1:49	-0.1	7:13	4:27	
11	Wed	8:28	8.6	9:13	7.4	2:00	0.3	2:50	-0.6	7:13	4:28	
12	Thu	9:25	8.9	10:11	7.7	2:59	0.1	3:47	-1.0	7:12	4:29	
13	Fri	10:21	9.3	11:07	7.9	3:55	-0.2	4:43	-1.3	7:12	4:30	
14	Sat	11:17	9.4			4:51	-0.4	5:37	-1.5	7:12	4:31	
15	Sun	12:02	8.1	12:12	9.5	5:46	-0.5	6:30	-1.5	7:11	4:33	
16	Mon	12:55	8.2	1:06	9.3	6:40	-0.5	7:21	-1.3	7:11	4:34	
17	Tue	1:47	8.1	1:59	8.9	7:34	-0.4	8:12	-1.0	7:10	4:35	
18	Wed	2:39	8.0	2:54	8.5	8:30	-0.1	9:05	-0.6	7:10	4:36	
19	Thu	3:33	7.9	3:52	7.9	9:29	0.1	9:58	-0.1	7:09	4:37	
20	Fri	4:28	7.7	4:51	7.4	10:29	0.4	10:52	0.4	7:08	4:39	
21	Sat	5:23	7.5	5:52	6.9	11:31	0.6	11:47	0.8	7:08	4:40	
22	Sun	6:18	7.4	6:54	6.6			12:34	0.7	7:07	4:41	
23	Mon	7:15	7.3	7:56	6.4	12:45	1.1	1:37	0.7	7:06	4:43	
24	Tue	8:10	7.3	8:52	6.5	1:44	1.3	2:34	0.6	7:05	4:44	
25	Wed	9:01	7.4	9:42	6.6	2:37	1.3	3:23	0.4	7:04	4:45	
26	Thu	9:47	7.6	10:27	6.7	3:25	1.2	4:08	0.3	7:04	4:46	
27	Fri	10:30	7.7	11:08	6.8	4:07	1.1	4:48	0.1	7:03	4:48	
28	Sat	11:09	7.9	11:46	6.9	4:46	0.9	5:25	0.0	7:02	4:49	
29	Sun	11:47	8.0			5:23	0.8	6:00	-0.1	7:01	4:50	
30	Mon	12:22	7.0	12:22	8.0	5:59	0.7	6:33	-0.1	7:00	4:52	
31	Tue	12:55	7.1	12:57	8.0	6:35	0.6	7:06	-0.1	6:59	4:53	