US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:56	7.8	1:10	8.1	6:49	-0.1	7:10	-0.3	6:17	5:32	
2	Fri	1:30	8.0	1:49	7.9	7:29	-0.2	7:47	-0.2	6:15	5:34	
3	Sat	2:07	8.1	2:32	7.7	8:12	-0.2	8:29	0.0	6:14	5:35	
4	Sun	2:50	8.1	3:21	7.4	9:01	-0.2	9:16	0.3	6:12	5:36	
5	Mon	3:39	8.1	4:17	7.1	9:55	0.0	10:10	0.6	6:10	5:37	
6	Tue	4:34	8.0	5:20	6.8	10:55	0.1	11:10	0.8	6:09	5:39	
7	Wed	5:38	7.9	6:31	6.7			12:02	0.2	6:07	5:40	
8	Thu	6:48	7.9	7:44	6.8	12:17	0.9	1:15	0.1	6:05	5:41	
9	Fri	8:00	8.1	8:50	7.2	1:29	0.8	2:24	-0.2	6:03	5:42	
10	Sat	9:06	8.4	9:48	7.6	2:37	0.4	3:24	-0.5	6:02	5:43	
11	Sun	11:04	8.7	11:41	8.0	4:37	0.0	5:17	-0.8	7:00	6:45	
12	Mon	11:57	8.9			5:32	-0.4	6:06	-0.9	6:58	6:46	
13	Tue	12:29	8.3	12:47	8.9	6:23	-0.6	6:52	-0.9	6:56	6:47	
14	Wed	1:15	8.5	1:35	8.7	7:11	-0.7	7:35	-0.7	6:55	6:48	
15	Thu	1:57	8.5	2:20	8.4	7:58	-0.7	8:17	-0.4	6:53	6:50	
16	Fri	2:39	8.4	3:05	7.9	8:43	-0.5	8:58	0.1	6:51	6:51	
17	Sat	3:20	8.1	3:52	7.4	9:29	-0.2	9:41	0.6	6:49	6:52	
18	Sun	4:04	7.8	4:42	7.0	10:17	0.2	10:27	1.0	6:48	6:53	
19	Mon	4:51	7.4	5:35	6.6	11:09	0.6	11:18	1.4	6:46	6:54	
20	Tue	5:43	7.1	6:33	6.3			12:04	0.9	6:44	6:55	
21	Wed	6:41	6.9	7:34	6.1	12:13	1.7	1:05	1.1	6:42	6:57	
22	Thu	7:43	6.8	8:35	6.2	1:14	1.9	2:09	1.2	6:41	6:58	
23	Fri	8:45	6.9	9:31	6.4	2:18	1.8	3:08	1.0	6:39	6:59	
24	Sat	9:40	7.1	10:18	6.7	3:16	1.5	3:57	0.8	6:37	7:00	
25	Sun	10:27	7.4	10:59	7.1	4:05	1.2	4:38	0.5	6:35	7:01	
26	Mon	11:09	7.7	11:37	7.4	4:47	0.8	5:15	0.2	6:33	7:03	
27	Tue	11:49	7.9			5:27	0.4	5:50	0.0	6:32	7:04	
28	Wed	12:12	7.8	12:28	8.1	6:05	0.0	6:25	-0.2	6:30	7:05	
29	Thu	12:47	8.1	1:07	8.2	6:45	-0.3	7:02	-0.2	6:28	7:06	
30	Fri	1:23	8.4	1:47	8.1	7:25	-0.6	7:40	-0.2	6:26	7:07	
31	Sat	2:00	8.6	2:30	8.0	8:08	-0.7	8:21	-0.1	6:25	7:08	