US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:50	8.1	6:30	8.0	11:57	-0.1			5:07	8:26	
2	Mon	6:52	7.6	7:27	8.0	12:31	0.5	12:54	0.3	5:08	8:26	
3	Tue	7:55	7.3	8:24	8.0	1:36	0.6	1:52	0.7	5:09	8:25	
4	Wed	8:57	7.1	9:17	8.0	2:39	0.5	2:49	0.9	5:09	8:25	
5	Thu	9:55	7.0	10:07	8.0	3:37	0.4	3:42	1.1	5:10	8:25	
6	Fri	10:47	6.9	10:53	8.0	4:28	0.3	4:30	1.2	5:11	8:24	
7	Sat	11:34	6.9	11:37	8.0	5:15	0.2	5:14	1.2	5:11	8:24	
8	Sun			12:18	6.9	5:58	0.2	5:55	1.2	5:12	8:24	
9	Mon	12:18	8.0	12:59	7.0	6:38	0.2	6:35	1.2	5:13	8:23	
10	Tue	12:57	8.0	1:38	7.0	7:16	0.2	7:12	1.2	5:13	8:23	
11	Wed	1:35	8.0	2:15	7.0	7:51	0.2	7:50	1.2	5:14	8:22	
12	Thu	2:11	7.9	2:51	7.0	8:26	0.3	8:27	1.2	5:15	8:22	
13	Fri	2:48	7.8	3:27	7.1	9:01	0.3	9:07	1.2	5:16	8:21	
14	Sat	3:26	7.7	4:05	7.1	9:38	0.4	9:50	1.2	5:17	8:20	
15	Sun	4:08	7.5	4:44	7.3	10:17	0.4	10:36	1.1	5:18	8:20	
16	Mon	4:53	7.4	5:26	7.4	10:58	0.5	11:25	1.0	5:18	8:19	
17	Tue	5:42	7.2	6:12	7.7	11:43	0.6			5:19	8:18	
18	Wed	6:35	7.1	7:01	7.9	12:18	0.8	12:32	0.7	5:20	8:18	
19	Thu	7:33	7.0	7:56	8.2	1:15	0.6	1:26	0.7	5:21	8:17	
20	Fri	8:36	7.1	8:54	8.5	2:16	0.3	2:25	0.6	5:22	8:16	
21	Sat	9:38	7.2	9:52	8.9	3:17	-0.1	3:24	0.5	5:23	8:15	
22	Sun	10:38	7.5	10:50	9.2	4:16	-0.5	4:22	0.2	5:24	8:14	
23	Mon	11:36	7.8	11:47	9.4	5:13	-0.8	5:19	0.0	5:25	8:13	
24	Tue			12:32	8.0	6:08	-1.1	6:16	-0.2	5:26	8:12	
25	Wed	12:43	9.6	1:27	8.2	7:02	-1.3	7:12	-0.3	5:27	8:11	
26	Thu	1:39	9.5	2:21	8.4	7:55	-1.2	8:08	-0.3	5:28	8:10	
27	Fri	2:34	9.3	3:14	8.4	8:47	-1.1	9:05	-0.2	5:29	8:09	
28	Sat	3:29	8.9	4:07	8.3	9:39	-0.7	10:03	0.0	5:30	8:08	
29	Sun	4:26	8.4	5:02	8.2	10:32	-0.3	11:03	0.2	5:31	8:07	
30	Mon	5:25	7.9	5:57	8.1	11:26	0.2			5:32	8:06	
31	Tue	6:25	7.4	6:52	7.9	12:04	0.4	12:21	0.6	5:33	8:05	