US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:38	7.2	3:49	7.3	9:28	0.9	9:59	0.5	7:14	4:18	
2	Fri	4:28	7.1	4:44	6.9	10:24	1.1	10:47	0.9	7:14	4:19	
3	Sat	5:18	7.0	5:40	6.5	11:21	1.2	11:36	1.2	7:14	4:20	
4	Sun	6:08	7.0	6:38	6.3			12:20	1.2	7:14	4:21	
5	Mon	6:59	7.0	7:37	6.2	12:27	1.4	1:19	1.1	7:14	4:22	
6	Tue	7:51	7.1	8:33	6.2	1:21	1.5	2:14	0.9	7:14	4:23	
7	Wed	8:39	7.3	9:23	6.4	2:13	1.5	3:03	0.7	7:14	4:24	
8	Thu	9:25	7.5	10:08	6.5	3:00	1.4	3:47	0.4	7:14	4:25	
9	Fri	10:08	7.8	10:50	6.7	3:43	1.2	4:28	0.2	7:13	4:26	
10	Sat	10:49	8.0	11:31	6.9	4:24	1.0	5:08	0.0	7:13	4:27	
11	Sun	11:29	8.2			5:04	0.8	5:46	-0.3	7:13	4:28	
12	Mon	12:10	7.0	12:09	8.4	5:45	0.6	6:25	-0.4	7:12	4:29	
13	Tue	12:48	7.2	12:50	8.5	6:27	0.4	7:04	-0.6	7:12	4:31	
14	Wed	1:27	7.4	1:32	8.5	7:11	0.2	7:45	-0.6	7:11	4:32	
15	Thu	2:09	7.6	2:18	8.3	7:58	0.1	8:28	-0.5	7:11	4:33	
16	Fri	2:53	7.8	3:08	8.0	8:49	0.1	9:15	-0.3	7:10	4:34	
17	Sat	3:42	7.9	4:04	7.7	9:44	0.1	10:06	-0.1	7:10	4:35	
18	Sun	4:35	8.0	5:04	7.3	10:44	0.1	11:01	0.2	7:09	4:37	
19	Mon	5:32	8.0	6:10	7.0	11:47	0.1			7:09	4:38	
20	Tue	6:33	8.1	7:20	6.9	12:01	0.5	12:55	0.0	7:08	4:39	
21	Wed	7:38	8.2	8:28	6.9	1:06	0.7	2:04	-0.1	7:07	4:40	
22	Thu	8:42	8.3	9:31	7.1	2:12	0.6	3:07	-0.4	7:07	4:42	
23	Fri	9:41	8.5	10:27	7.3	3:13	0.5	4:04	-0.6	7:06	4:43	
24	Sat	10:36	8.6	11:19	7.4	4:09	0.3	4:56	-0.7	7:05	4:44	
25	Sun	11:27	8.7			5:01	0.2	5:45	-0.7	7:04	4:45	
26	Mon	12:07	7.5	12:15	8.6	5:50	0.1	6:30	-0.7	7:03	4:47	
27	Tue	12:52	7.6	1:00	8.4	6:37	0.2	7:11	-0.5	7:02	4:48	
28	Wed	1:34	7.6	1:43	8.1	7:22	0.3	7:51	-0.2	7:01	4:49	
29	Thu	2:14	7.5	2:26	7.7	8:06	0.4	8:31	0.2	7:01	4:51	
30	Fri	2:55	7.4	3:11	7.2	8:52	0.6	9:11	0.6	7:00	4:52	
31	Sat	3:38	7.2	3:59	6.8	9:39	0.8	9:54	0.9	6:58	4:53	