


































## Atlantic Heights, NH - Jan 2043

| Date |     | High  |     |       |     | Low   |     |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|-----|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft  | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Thu | 3:38  | 7.2 | 3:49  | 7.3 | 9:28  | 0.9 | 9:59  | 0.5  | 7:14  | 4:18 |    |
| 2    | Fri | 4:28  | 7.1 | 4:44  | 6.9 | 10:24 | 1.1 | 10:47 | 0.9  | 7:14  | 4:19 |    |
| 3    | Sat | 5:18  | 7.0 | 5:40  | 6.5 | 11:21 | 1.2 | 11:36 | 1.2  | 7:14  | 4:20 |    |
| 4    | Sun | 6:08  | 7.0 | 6:38  | 6.3 |       |     | 12:20 | 1.2  | 7:14  | 4:21 |    |
| 5    | Mon | 6:59  | 7.0 | 7:37  | 6.2 | 12:27 | 1.4 | 1:19  | 1.1  | 7:14  | 4:22 |    |
| 6    | Tue | 7:51  | 7.1 | 8:33  | 6.2 | 1:21  | 1.5 | 2:14  | 0.9  | 7:14  | 4:23 |    |
| 7    | Wed | 8:39  | 7.3 | 9:23  | 6.4 | 2:13  | 1.5 | 3:03  | 0.7  | 7:14  | 4:24 |    |
| 8    | Thu | 9:25  | 7.5 | 10:08 | 6.5 | 3:00  | 1.4 | 3:47  | 0.4  | 7:14  | 4:25 |    |
| 9    | Fri | 10:08 | 7.8 | 10:50 | 6.7 | 3:43  | 1.2 | 4:28  | 0.2  | 7:13  | 4:26 |    |
| 10   | Sat | 10:49 | 8.0 | 11:31 | 6.9 | 4:24  | 1.0 | 5:08  | 0.0  | 7:13  | 4:27 |    |
| 11   | Sun | 11:29 | 8.2 |       |     | 5:04  | 0.8 | 5:46  | -0.3 | 7:13  | 4:28 |    |
| 12   | Mon | 12:10 | 7.0 | 12:09 | 8.4 | 5:45  | 0.6 | 6:25  | -0.4 | 7:12  | 4:29 |   |
| 13   | Tue | 12:48 | 7.2 | 12:50 | 8.5 | 6:27  | 0.4 | 7:04  | -0.6 | 7:12  | 4:31 |  |
| 14   | Wed | 1:27  | 7.4 | 1:32  | 8.5 | 7:11  | 0.2 | 7:45  | -0.6 | 7:11  | 4:32 |  |
| 15   | Thu | 2:09  | 7.6 | 2:18  | 8.3 | 7:58  | 0.1 | 8:28  | -0.5 | 7:11  | 4:33 |  |
| 16   | Fri | 2:53  | 7.8 | 3:08  | 8.0 | 8:49  | 0.1 | 9:15  | -0.3 | 7:10  | 4:34 |  |
| 17   | Sat | 3:42  | 7.9 | 4:04  | 7.7 | 9:44  | 0.1 | 10:06 | -0.1 | 7:10  | 4:35 |  |
| 18   | Sun | 4:35  | 8.0 | 5:04  | 7.3 | 10:44 | 0.1 | 11:01 | 0.2  | 7:09  | 4:37 |  |
| 19   | Mon | 5:32  | 8.0 | 6:10  | 7.0 | 11:47 | 0.1 |       |      | 7:09  | 4:38 |  |
| 20   | Tue | 6:33  | 8.1 | 7:20  | 6.9 | 12:01 | 0.5 | 12:55 | 0.0  | 7:08  | 4:39 |  |
| 21   | Wed | 7:38  | 8.2 | 8:28  | 6.9 | 1:06  | 0.7 | 2:04  | -0.1 | 7:07  | 4:40 |  |
| 22   | Thu | 8:42  | 8.3 | 9:31  | 7.1 | 2:12  | 0.6 | 3:07  | -0.4 | 7:07  | 4:42 |  |
| 23   | Fri | 9:41  | 8.5 | 10:27 | 7.3 | 3:13  | 0.5 | 4:04  | -0.6 | 7:06  | 4:43 |  |
| 24   | Sat | 10:36 | 8.6 | 11:19 | 7.4 | 4:09  | 0.3 | 4:56  | -0.7 | 7:05  | 4:44 |  |
| 25   | Sun | 11:27 | 8.7 |       |     | 5:01  | 0.2 | 5:45  | -0.7 | 7:04  | 4:45 |  |
| 26   | Mon | 12:07 | 7.5 | 12:15 | 8.6 | 5:50  | 0.1 | 6:30  | -0.7 | 7:03  | 4:47 |  |
| 27   | Tue | 12:52 | 7.6 | 1:00  | 8.4 | 6:37  | 0.2 | 7:11  | -0.5 | 7:02  | 4:48 |  |
| 28   | Wed | 1:34  | 7.6 | 1:43  | 8.1 | 7:22  | 0.3 | 7:51  | -0.2 | 7:01  | 4:49 |  |
| 29   | Thu | 2:14  | 7.5 | 2:26  | 7.7 | 8:06  | 0.4 | 8:31  | 0.2  | 7:01  | 4:51 |  |
| 30   | Fri | 2:55  | 7.4 | 3:11  | 7.2 | 8:52  | 0.6 | 9:11  | 0.6  | 7:00  | 4:52 |  |
| 31   | Sat | 3:38  | 7.2 | 3:59  | 6.8 | 9:39  | 0.8 | 9:54  | 0.9  | 6:58  | 4:53 |  |