US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:11	6.8	12:08	8.0	5:45	1.0	6:24	0.0	7:14	4:18	
2	Sat	12:47	6.9	12:43	8.0	6:21	0.9	6:58	0.0	7:14	4:19	
3	Sun	1:22	6.9	1:19	7.9	6:58	0.9	7:33	0.0	7:14	4:20	
4	Mon	1:57	7.0	1:57	7.8	7:38	0.9	8:09	0.1	7:14	4:21	
5	Tue	2:34	7.1	2:38	7.7	8:20	0.8	8:49	0.1	7:14	4:22	
6	Wed	3:14	7.3	3:25	7.5	9:08	0.7	9:32	0.2	7:14	4:23	
7	Thu	3:59	7.4	4:17	7.2	10:00	0.6	10:20	0.4	7:14	4:24	
8	Fri	4:47	7.6	5:14	7.0	10:56	0.5	11:12	0.5	7:14	4:25	
9	Sat	5:41	7.8	6:16	6.9	11:56	0.3			7:13	4:26	
10	Sun	6:39	8.0	7:24	6.9	12:09	0.6	1:01	0.1	7:13	4:27	
11	Mon	7:42	8.3	8:30	7.0	1:11	0.6	2:07	-0.2	7:13	4:28	
12	Tue	8:44	8.6	9:33	7.3	2:15	0.4	3:09	-0.6	7:12	4:29	
13	Wed	9:44	8.9	10:31	7.6	3:15	0.2	4:07	-0.9	7:12	4:30	
14	Thu	10:41	9.2	11:26	7.8	4:13	-0.1	5:02	-1.2	7:12	4:31	
15	Fri	11:37	9.3			5:09	-0.3	5:55	-1.3	7:11	4:33	
16	Sat	12:19	8.0	12:30	9.2	6:03	-0.4	6:45	-1.2	7:11	4:34	
17	Sun	1:09	8.1	1:21	9.0	6:56	-0.3	7:34	-1.0	7:10	4:35	
18	Mon	1:59	8.0	2:12	8.5	7:49	-0.2	8:22	-0.6	7:09	4:36	
19	Tue	2:48	7.9	3:05	8.0	8:43	0.1	9:10	-0.2	7:09	4:37	
20	Wed	3:38	7.8	4:00	7.4	9:38	0.3	10:00	0.3	7:08	4:39	
21	Thu	4:29	7.6	4:57	6.9	10:36	0.6	10:51	0.8	7:08	4:40	
22	Fri	5:21	7.4	5:56	6.5	11:35	0.8	11:44	1.2	7:07	4:41	
23	Sat	6:15	7.2	6:57	6.2			12:37	0.9	7:06	4:43	
24	Sun	7:12	7.1	7:59	6.1	12:42	1.5	1:39	0.9	7:05	4:44	
25	Mon	8:08	7.2	8:54	6.2	1:41	1.6	2:36	0.8	7:04	4:45	
26	Tue	9:00	7.3	9:43	6.4	2:35	1.5	3:25	0.6	7:04	4:46	
27	Wed	9:46	7.5	10:27	6.6	3:23	1.3	4:08	0.4	7:03	4:48	
28	Thu	10:29	7.7	11:08	6.8	4:05	1.1	4:48	0.2	7:02	4:49	
29	Fri	11:08	7.9	11:45	6.9	4:44	0.9	5:24	0.0	7:01	4:50	
30	Sat	11:46	8.0			5:22	0.7	5:57	-0.1	7:00	4:52	
31	Sun	12:20	7.1	12:21	8.1	5:59	0.5	6:30	-0.2	6:59	4:53	