US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:04	8.2	5:44	8.0	11:12	-0.1	11:44	0.5	5:07	8:26	
2	Sat	6:04	7.7	6:38	8.0			12:06	0.3	5:08	8:26	
3	Sun	7:05	7.2	7:33	7.9	12:46	0.6	1:01	0.7	5:09	8:25	
4	Mon	8:07	6.9	8:28	7.8	1:49	0.7	1:57	1.1	5:09	8:25	
5	Tue	9:08	6.7	9:21	7.8	2:50	0.7	2:53	1.3	5:10	8:25	
6	Wed	10:03	6.6	10:10	7.8	3:45	0.6	3:45	1.4	5:11	8:24	
7	Thu	10:53	6.7	10:56	7.8	4:35	0.5	4:33	1.4	5:11	8:24	
8	Fri	11:39	6.7	11:39	7.9	5:20	0.4	5:16	1.4	5:12	8:24	
9	Sat			12:22	6.8	6:02	0.4	5:57	1.3	5:13	8:23	
10	Sun	12:20	8.0	1:02	6.8	6:41	0.3	6:35	1.3	5:14	8:23	
11	Mon	12:59	8.0	1:39	6.9	7:17	0.3	7:13	1.2	5:14	8:22	
12	Tue	1:36	8.0	2:15	7.0	7:51	0.2	7:50	1.2	5:15	8:22	
13	Wed	2:11	8.0	2:49	7.1	8:24	0.2	8:28	1.1	5:16	8:21	
14	Thu	2:48	7.9	3:24	7.2	8:58	0.2	9:08	1.0	5:17	8:20	
15	Fri	3:26	7.7	4:01	7.4	9:34	0.3	9:52	0.9	5:18	8:20	
16	Sat	4:08	7.6	4:40	7.6	10:14	0.4	10:39	0.8	5:19	8:19	
17	Sun	4:55	7.4	5:24	7.8	10:57	0.5	11:30	0.7	5:19	8:18	
18	Mon	5:46	7.2	6:12	8.0	11:44	0.6			5:20	8:18	
19	Tue	6:43	7.0	7:06	8.1	12:26	0.6	12:36	0.7	5:21	8:17	
20	Wed	7:45	6.9	8:05	8.4	1:26	0.4	1:34	0.8	5:22	8:16	
21	Thu	8:51	7.0	9:07	8.6	2:30	0.1	2:37	0.7	5:23	8:15	
22	Fri	9:56	7.2	10:09	8.9	3:34	-0.2	3:39	0.5	5:24	8:14	
23	Sat	10:56	7.4	11:08	9.2	4:34	-0.5	4:39	0.2	5:25	8:13	
24	Sun	11:54	7.7			5:31	-0.8	5:37	0.0	5:26	8:12	
25	Mon	12:06	9.4	12:50	8.0	6:26	-1.0	6:34	-0.2	5:27	8:11	
26	Tue	1:02	9.4	1:43	8.2	7:19	-1.1	7:30	-0.3	5:28	8:10	
27	Wed	1:56	9.3	2:34	8.4	8:09	-1.0	8:25	-0.2	5:29	8:09	
28	Thu	2:49	8.9	3:24	8.4	8:58	-0.7	9:19	-0.1	5:30	8:08	
29	Fri	3:42	8.5	4:15	8.3	9:47	-0.3	10:16	0.1	5:31	8:07	
30	Sat	4:38	7.9	5:07	8.1	10:38	0.1	11:14	0.4	5:32	8:06	
31	Sun	5:35	7.4	6:00	7.9	11:29	0.6			5:33	8:05	