US HARBORS www.USHarbors.com

Atlantic Heights, NH - May 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:03	8.9	12:40	8.0	6:16	-0.8	6:25	0.2	5:35	7:44	
2	Tue	12:47	8.8	1:26	7.8	7:02	-0.8	7:08	0.4	5:34	7:45	
3	Wed	1:29	8.7	2:11	7.6	7:46	-0.6	7:51	0.7	5:32	7:46	
4	Thu	2:12	8.4	2:55	7.3	8:30	-0.3	8:34	1.0	5:31	7:48	
5	Fri	2:55	8.1	3:41	7.0	9:15	0.1	9:19	1.3	5:30	7:49	
6	Sat	3:41	7.7	4:30	6.7	10:02	0.5	10:08	1.5	5:29	7:50	
7	Sun	4:30	7.4	5:22	6.6	10:52	0.8	11:01	1.7	5:27	7:51	
8	Mon	5:24	7.1	6:14	6.5	11:42	1.0	11:57	1.8	5:26	7:52	
9	Tue	6:19	6.9	7:06	6.6			12:33	1.1	5:25	7:53	
10	Wed	7:15	6.8	7:58	6.8	12:54	1.8	1:24	1.2	5:24	7:54	
11	Thu	8:11	6.8	8:46	7.1	1:52	1.6	2:14	1.2	5:23	7:55	
12	Fri	9:05	6.8	9:30	7.4	2:47	1.3	3:01	1.1	5:21	7:56	
13	Sat	9:55	7.0	10:11	7.8	3:36	0.9	3:44	1.0	5:20	7:58	
14	Sun	10:40	7.1	10:50	8.1	4:21	0.5	4:25	0.8	5:19	7:59	
15	Mon	11:25	7.3	11:30	8.4	5:03	0.1	5:06	0.7	5:18	8:00	
16	Tue			12:09	7.4	5:46	-0.3	5:49	0.6	5:17	8:01	
17	Wed	12:12	8.7	12:54	7.5	6:30	-0.5	6:34	0.5	5:16	8:02	
18	Thu	12:56	8.9	1:41	7.6	7:16	-0.7	7:21	0.4	5:15	8:03	
19	Fri	1:43	8.9	2:29	7.6	8:04	-0.7	8:11	0.4	5:14	8:04	
20	Sat	2:34	8.9	3:22	7.5	8:55	-0.6	9:04	0.5	5:14	8:05	
21	Sun	3:28	8.7	4:19	7.5	9:50	-0.5	10:03	0.6	5:13	8:06	
22	Mon	4:27	8.5	5:19	7.6	10:47	-0.3	11:06	0.7	5:12	8:07	
23	Tue	5:31	8.2	6:20	7.7	11:47	-0.1			5:11	8:08	
24	Wed	6:36	7.9	7:20	7.9	12:12	0.7	12:46	0.0	5:10	8:09	
25	Thu	7:43	7.7	8:19	8.1	1:20	0.6	1:47	0.2	5:10	8:10	
26	Fri	8:48	7.6	9:15	8.3	2:27	0.3	2:45	0.3	5:09	8:11	
27	Sat	9:49	7.6	10:07	8.5	3:28	0.0	3:40	0.4	5:08	8:11	
28	Sun	10:44	7.5	10:55	8.6	4:23	-0.2	4:31	0.5	5:08	8:12	
29	Mon	11:36	7.5	11:41	8.6	5:14	-0.4	5:18	0.6	5:07	8:13	
30	Tue			12:24	7.4	6:01	-0.4	6:04	0.8	5:06	8:14	
31	Wed	12:26	8.5	1:10	7.3	6:46	-0.3	6:47	0.9	5:06	8:15	