US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jun 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:09	8.4	1:53	7.2	7:29	-0.2	7:29	1.0	5:05	8:16	
2	Fri	1:50	8.2	2:35	7.1	8:10	0.0	8:11	1.2	5:05	8:16	
3	Sat	2:32	8.0	3:17	6.9	8:51	0.2	8:53	1.3	5:05	8:17	
4	Sun	3:14	7.8	4:00	6.9	9:32	0.4	9:38	1.5	5:04	8:18	
5	Mon	3:58	7.5	4:45	6.8	10:15	0.6	10:26	1.6	5:04	8:19	
6	Tue	4:45	7.3	5:30	6.9	10:58	0.8	11:16	1.6	5:04	8:19	
7	Wed	5:34	7.1	6:16	7.0	11:42	0.9			5:03	8:20	
8	Thu	6:25	6.9	7:01	7.1	12:07	1.6	12:26	1.1	5:03	8:21	
9	Fri	7:17	6.7	7:47	7.3	1:00	1.4	1:13	1.2	5:03	8:21	
10	Sat	8:13	6.7	8:35	7.6	1:55	1.2	2:02	1.2	5:03	8:22	
11	Sun	9:08	6.7	9:22	7.9	2:49	0.9	2:52	1.1	5:03	8:22	
12	Mon	10:01	6.9	10:09	8.3	3:41	0.5	3:42	1.0	5:03	8:23	
13	Tue	10:51	7.1	10:56	8.6	4:30	0.1	4:31	0.8	5:02	8:23	
14	Wed	11:41	7.3	11:46	8.9	5:19	-0.3	5:20	0.6	5:02	8:24	
15	Thu			12:32	7.5	6:08	-0.6	6:11	0.4	5:02	8:24	
16	Fri	12:37	9.1	1:24	7.7	6:59	-0.8	7:04	0.2	5:03	8:24	
17	Sat	1:29	9.3	2:16	7.8	7:50	-1.0	7:57	0.1	5:03	8:25	
18	Sun	2:23	9.2	3:09	8.0	8:42	-0.9	8:53	0.1	5:03	8:25	
19	Mon	3:18	9.0	4:04	8.1	9:35	-0.8	9:52	0.2	5:03	8:25	
20	Tue	4:16	8.7	5:01	8.1	10:30	-0.6	10:55	0.3	5:03	8:26	
21	Wed	5:18	8.3	5:59	8.2	11:26	-0.3	11:58	0.3	5:03	8:26	
22	Thu	6:20	7.9	6:56	8.2			12:22	0.0	5:04	8:26	
23	Fri	7:24	7.5	7:54	8.3	1:03	0.3	1:20	0.4	5:04	8:26	
24	Sat	8:29	7.2	8:51	8.3	2:09	0.3	2:20	0.7	5:04	8:26	
25	Sun	9:32	7.1	9:45	8.3	3:11	0.2	3:17	0.9	5:05	8:26	
26	Mon	10:28	7.1	10:36	8.3	4:08	0.1	4:11	1.0	5:05	8:26	
27	Tue	11:20	7.0	11:24	8.3	4:59	0.0	5:00	1.0	5:05	8:26	
28	Wed			12:08	7.0	5:47	0.0	5:45	1.1	5:06	8:26	
29	Thu	12:09	8.2	12:52	7.0	6:31	0.0	6:28	1.1	5:06	8:26	
30	Fri	12:51	8.2	1:33	7.0	7:12	0.1	7:09	1.1	5:07	8:26	