



## Atlantic Heights, NH - Jun 2045

| Date |     | High  |     |       |     | Low   |      |       |     |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                |
| 1    | Thu | 1:09  | 8.4 | 1:53  | 7.2 | 7:29  | -0.2 | 7:29  | 1.0 | 5:05                                                                                | 8:16 | ☉                                                                                   |
| 2    | Fri | 1:50  | 8.2 | 2:35  | 7.1 | 8:10  | 0.0  | 8:11  | 1.2 | 5:05                                                                                | 8:16 | ☉                                                                                   |
| 3    | Sat | 2:32  | 8.0 | 3:17  | 6.9 | 8:51  | 0.2  | 8:53  | 1.3 | 5:05                                                                                | 8:17 | ☉                                                                                   |
| 4    | Sun | 3:14  | 7.8 | 4:00  | 6.9 | 9:32  | 0.4  | 9:38  | 1.5 | 5:04                                                                                | 8:18 | ☾                                                                                   |
| 5    | Mon | 3:58  | 7.5 | 4:45  | 6.8 | 10:15 | 0.6  | 10:26 | 1.6 | 5:04                                                                                | 8:19 | ☾                                                                                   |
| 6    | Tue | 4:45  | 7.3 | 5:30  | 6.9 | 10:58 | 0.8  | 11:16 | 1.6 | 5:04                                                                                | 8:19 | ☾                                                                                   |
| 7    | Wed | 5:34  | 7.1 | 6:16  | 7.0 | 11:42 | 0.9  |       |     | 5:03                                                                                | 8:20 | ☾                                                                                   |
| 8    | Thu | 6:25  | 6.9 | 7:01  | 7.1 | 12:07 | 1.6  | 12:26 | 1.1 | 5:03                                                                                | 8:21 | ☾                                                                                   |
| 9    | Fri | 7:17  | 6.7 | 7:47  | 7.3 | 1:00  | 1.4  | 1:13  | 1.2 | 5:03                                                                                | 8:21 | ☾                                                                                   |
| 10   | Sat | 8:13  | 6.7 | 8:35  | 7.6 | 1:55  | 1.2  | 2:02  | 1.2 | 5:03                                                                                | 8:22 | ☾                                                                                   |
| 11   | Sun | 9:08  | 6.7 | 9:22  | 7.9 | 2:49  | 0.9  | 2:52  | 1.1 | 5:03                                                                                | 8:22 | ☾                                                                                   |
| 12   | Mon | 10:01 | 6.9 | 10:09 | 8.3 | 3:41  | 0.5  | 3:42  | 1.0 | 5:03                                                                                | 8:23 | ☾                                                                                   |
| 13   | Tue | 10:51 | 7.1 | 10:56 | 8.6 | 4:30  | 0.1  | 4:31  | 0.8 | 5:02                                                                                | 8:23 | ☾                                                                                   |
| 14   | Wed | 11:41 | 7.3 | 11:46 | 8.9 | 5:19  | -0.3 | 5:20  | 0.6 | 5:02                                                                                | 8:24 | ☾                                                                                   |
| 15   | Thu |       |     | 12:32 | 7.5 | 6:08  | -0.6 | 6:11  | 0.4 | 5:02                                                                                | 8:24 | ☾                                                                                   |
| 16   | Fri | 12:37 | 9.1 | 1:24  | 7.7 | 6:59  | -0.8 | 7:04  | 0.2 | 5:03                                                                                | 8:24 | ☾                                                                                   |
| 17   | Sat | 1:29  | 9.3 | 2:16  | 7.8 | 7:50  | -1.0 | 7:57  | 0.1 | 5:03                                                                                | 8:25 | ☾                                                                                   |
| 18   | Sun | 2:23  | 9.2 | 3:09  | 8.0 | 8:42  | -0.9 | 8:53  | 0.1 | 5:03                                                                                | 8:25 | ☾                                                                                   |
| 19   | Mon | 3:18  | 9.0 | 4:04  | 8.1 | 9:35  | -0.8 | 9:52  | 0.2 | 5:03                                                                                | 8:25 | ☾                                                                                   |
| 20   | Tue | 4:16  | 8.7 | 5:01  | 8.1 | 10:30 | -0.6 | 10:55 | 0.3 | 5:03                                                                                | 8:26 | ☾                                                                                   |
| 21   | Wed | 5:18  | 8.3 | 5:59  | 8.2 | 11:26 | -0.3 | 11:58 | 0.3 | 5:03                                                                                | 8:26 | ☾                                                                                   |
| 22   | Thu | 6:20  | 7.9 | 6:56  | 8.2 |       |      | 12:22 | 0.0 | 5:04                                                                                | 8:26 | ☾                                                                                   |
| 23   | Fri | 7:24  | 7.5 | 7:54  | 8.3 | 1:03  | 0.3  | 1:20  | 0.4 | 5:04                                                                                | 8:26 | ☾                                                                                   |
| 24   | Sat | 8:29  | 7.2 | 8:51  | 8.3 | 2:09  | 0.3  | 2:20  | 0.7 | 5:04                                                                                | 8:26 | ☾                                                                                   |
| 25   | Sun | 9:32  | 7.1 | 9:45  | 8.3 | 3:11  | 0.2  | 3:17  | 0.9 | 5:05                                                                                | 8:26 | ☉                                                                                   |
| 26   | Mon | 10:28 | 7.1 | 10:36 | 8.3 | 4:08  | 0.1  | 4:11  | 1.0 | 5:05                                                                                | 8:26 | ☉                                                                                   |
| 27   | Tue | 11:20 | 7.0 | 11:24 | 8.3 | 4:59  | 0.0  | 5:00  | 1.0 | 5:05                                                                                | 8:26 | ☉                                                                                   |
| 28   | Wed |       |     | 12:08 | 7.0 | 5:47  | 0.0  | 5:45  | 1.1 | 5:06                                                                                | 8:26 | ☉                                                                                   |
| 29   | Thu | 12:09 | 8.2 | 12:52 | 7.0 | 6:31  | 0.0  | 6:28  | 1.1 | 5:06                                                                                | 8:26 | ☉                                                                                   |
| 30   | Fri | 12:51 | 8.2 | 1:33  | 7.0 | 7:12  | 0.1  | 7:09  | 1.1 | 5:07                                                                                | 8:26 | ☉                                                                                   |