US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**2:21**	7.8	**2:51**	7.3	**8:27**	0.3	**8:38**	0.9	5:34	8:04	
2	Wed	**2:57**	7.6	**3:24**	7.4	**8:59**	0.5	**9:17**	0.9	5:35	8:03	
3	Thu	**3:34**	7.4	**3:59**	7.5	**9:34**	0.6	**9:59**	0.9	5:36	8:01	
4	Fri	**4:15**	7.1	**4:38**	7.5	**10:13**	0.8	**10:44**	0.9	5:37	8:00	
5	Sat	**5:01**	6.9	**5:22**	7.6	**10:55**	1.0	**11:34**	0.9	5:38	7:59	
6	Sun	**5:52**	6.7	**6:11**	7.6	**11:43**	1.1			5:39	7:58	
7	Mon	**6:48**	6.5	**7:07**	7.8	**12:29**	0.9	**12:37**	1.2	5:40	7:56	
8	Tue	**7:51**	6.5	**8:08**	8.0	**1:30**	0.7	**1:36**	1.1	5:41	7:55	
9	Wed	**8:57**	6.7	**9:12**	8.4	**2:35**	0.5	**2:40**	0.9	5:43	7:54	
10	Thu	**9:59**	7.0	**10:12**	8.8	**3:38**	0.1	**3:42**	0.6	5:44	7:52	
11	Fri	**10:56**	7.5	**11:10**	9.1	**4:35**	-0.4	**4:41**	0.1	5:45	7:51	
12	Sat	**11:51**	8.0			**5:29**	-0.8	**5:38**	-0.3	5:46	7:49	
13	Sun	**12:05**	9.4	**12:43**	8.4	**6:20**	-1.1	**6:33**	-0.6	5:47	7:48	
14	Mon	**1:00**	9.5	**1:34**	8.7	**7:10**	-1.2	**7:28**	-0.8	5:48	7:46	
15	Tue	**1:53**	9.3	**2:24**	8.9	**7:59**	-1.1	**8:21**	-0.8	5:49	7:45	
16	Wed	**2:46**	9.0	**3:14**	8.9	**8:48**	-0.8	**9:16**	-0.6	5:50	7:43	
17	Thu	**3:40**	8.5	**4:05**	8.7	**9:38**	-0.4	**10:14**	-0.4	5:51	7:42	
18	Fri	**4:38**	8.0	**5:00**	8.4	**10:31**	0.1	**11:14**	0.0	5:52	7:40	
19	Sat	**5:38**	7.4	**5:58**	8.1	**11:27**	0.6			5:53	7:39	
20	Sun	**6:40**	7.0	**6:58**	7.8	**12:16**	0.3	**12:27**	1.1	5:55	7:37	
21	Mon	**7:45**	6.7	**8:01**	7.6	**1:21**	0.6	**1:30**	1.4	5:56	7:36	
22	Tue	**8:49**	6.6	**9:02**	7.6	**2:28**	0.7	**2:34**	1.4	5:57	7:34	
23	Wed	**9:47**	6.6	**9:57**	7.7	**3:28**	0.7	**3:32**	1.4	5:58	7:32	
24	Thu	**10:37**	6.8	**10:45**	7.8	**4:19**	0.6	**4:22**	1.2	5:59	7:31	
25	Fri	**11:21**	6.9	**11:28**	7.9	**5:04**	0.5	**5:06**	1.0	6:00	7:29	
26	Sat			**12:01**	7.1	**5:43**	0.4	**5:46**	0.9	6:01	7:27	
27	Sun	**12:08**	7.9	**12:37**	7.3	**6:18**	0.3	**6:24**	0.7	6:02	7:26	
28	Mon	**12:45**	7.9	**1:11**	7.5	**6:50**	0.3	**6:59**	0.6	6:03	7:24	
29	Tue	**1:20**	7.8	**1:42**	7.6	**7:20**	0.3	**7:34**	0.6	6:04	7:22	
30	Wed	**1:54**	7.7	**2:12**	7.7	**7:50**	0.4	**8:09**	0.5	6:05	7:21	
31	Thu	**2:28**	7.5	**2:44**	7.7	**8:22**	0.6	**8:46**	0.5	6:07	7:19	