US HARBORS www.USHarbors.com

Atlantic Heights, NH - Sep 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:04	7.3	3:18	7.7	8:57	0.7	9:26	0.5	6:08	7:17	
2	Sat	3:45	7.1	3:58	7.7	9:37	0.9	10:12	0.6	6:09	7:15	
3	Sun	4:31	6.9	4:45	7.7	10:22	1.0	11:04	0.7	6:10	7:14	
4	Mon	5:24	6.7	5:40	7.7	11:13	1.2			6:11	7:12	
5	Tue	6:24	6.5	6:41	7.8	12:02	0.7	12:11	1.2	6:12	7:10	
6	Wed	7:30	6.6	7:48	8.0	1:06	0.6	1:16	1.1	6:13	7:08	
7	Thu	8:38	6.9	8:55	8.3	2:14	0.4	2:23	0.8	6:14	7:07	
8	Fri	9:41	7.3	9:58	8.7	3:17	0.0	3:29	0.4	6:15	7:05	
9	Sat	10:37	7.9	10:55	9.0	4:14	-0.4	4:28	-0.1	6:16	7:03	
10	Sun	11:29	8.4	11:50	9.2	5:07	-0.8	5:24	-0.6	6:17	7:01	
11	Mon			12:19	8.8	5:56	-1.0	6:17	-0.9	6:19	6:59	
12	Tue	12:43	9.2	1:08	9.1	6:45	-1.0	7:10	-1.1	6:20	6:58	
13	Wed	1:35	9.0	1:56	9.2	7:32	-0.8	8:01	-1.0	6:21	6:56	
14	Thu	2:26	8.7	2:44	9.0	8:20	-0.5	8:53	-0.8	6:22	6:54	
15	Fri	3:18	8.2	3:33	8.7	9:09	0.0	9:48	-0.4	6:23	6:52	
16	Sat	4:13	7.6	4:27	8.3	10:01	0.5	10:46	0.1	6:24	6:50	
17	Sun	5:12	7.2	5:26	7.8	10:58	1.0	11:47	0.5	6:25	6:49	
18	Mon	6:14	6.8	6:27	7.5	11:58	1.4			6:26	6:47	
19	Tue	7:17	6.5	7:31	7.3	12:51	0.8	1:02	1.6	6:27	6:45	
20	Wed	8:19	6.5	8:33	7.3	1:56	1.0	2:06	1.6	6:28	6:43	
21	Thu	9:16	6.6	9:28	7.4	2:56	0.9	3:05	1.4	6:29	6:41	
22	Fri	10:05	6.9	10:16	7.5	3:46	0.8	3:56	1.2	6:31	6:40	
23	Sat	10:47	7.1	10:59	7.7	4:29	0.7	4:39	0.9	6:32	6:38	
24	Sun	11:25	7.4	11:38	7.7	5:06	0.5	5:19	0.7	6:33	6:36	
25	Mon			12:00	7.6	5:39	0.5	5:55	0.5	6:34	6:34	
26	Tue	12:16	7.7	12:32	7.8	6:11	0.5	6:30	0.3	6:35	6:32	
27	Wed	12:51	7.7	1:03	7.9	6:42	0.5	7:05	0.2	6:36	6:31	
28	Thu	1:26	7.6	1:35	8.0	7:14	0.6	7:40	0.2	6:37	6:29	
29	Fri	2:02	7.4	2:08	8.0	7:49	0.7	8:18	0.2	6:38	6:27	
30	Sat	2:39	7.3	2:45	8.0	8:26	0.8	9:00	0.2	6:39	6:25	