US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:21	7.1	3:29	8.0	9:09	1.0	9:48	0.4	6:41	6:23	
2	Mon	4:10	6.9	4:20	7.9	9:57	1.1	10:43	0.5	6:42	6:22	
3	Tue	5:06	6.7	5:19	7.8	10:53	1.2	11:44	0.5	6:43	6:20	
4	Wed	6:10	6.7	6:25	7.8	11:56	1.2			6:44	6:18	
5	Thu	7:16	6.8	7:33	7.9	12:48	0.5	1:03	1.1	6:45	6:16	
6	Fri	8:22	7.2	8:42	8.2	1:54	0.3	2:13	0.7	6:46	6:15	
7	Sat	9:23	7.7	9:44	8.4	2:57	0.0	3:18	0.2	6:47	6:13	
8	Sun	10:17	8.3	10:41	8.7	3:53	-0.3	4:16	-0.3	6:49	6:11	
9	Mon	11:07	8.8	11:34	8.8	4:44	-0.6	5:10	-0.8	6:50	6:10	
10	Tue	11:55	9.1			5:32	-0.6	6:02	-1.1	6:51	6:08	
11	Wed	12:26	8.7	12:42	9.2	6:20	-0.6	6:52	-1.2	6:52	6:06	
12	Thu	1:17	8.5	1:29	9.2	7:06	-0.3	7:41	-1.0	6:53	6:04	
13	Fri	2:06	8.2	2:15	8.9	7:53	0.0	8:31	-0.7	6:55	6:03	
14	Sat	2:56	7.8	3:03	8.5	8:41	0.5	9:22	-0.2	6:56	6:01	
15	Sun	3:48	7.4	3:55	8.1	9:31	0.9	10:16	0.2	6:57	5:59	
16	Mon	4:44	7.0	4:52	7.6	10:26	1.3	11:15	0.7	6:58	5:58	
17	Tue	5:43	6.7	5:52	7.3	11:25	1.6			6:59	5:56	
18	Wed	6:42	6.5	6:53	7.1	12:15	0.9	12:27	1.7	7:01	5:55	
19	Thu	7:40	6.5	7:53	7.1	1:14	1.1	1:29	1.7	7:02	5:53	
20	Fri	8:35	6.7	8:49	7.1	2:11	1.1	2:29	1.5	7:03	5:51	
21	Sat	9:23	7.0	9:39	7.2	3:01	1.0	3:21	1.2	7:04	5:50	
22	Sun	10:06	7.3	10:24	7.3	3:44	0.9	4:06	0.9	7:05	5:48	
23	Mon	10:43	7.6	11:05	7.4	4:22	0.8	4:46	0.6	7:07	5:47	
24	Tue	11:19	7.8	11:44	7.5	4:57	0.7	5:23	0.3	7:08	5:45	
25	Wed	11:52	8.1			5:31	0.7	6:00	0.1	7:09	5:44	
26	Thu	12:22	7.5	12:26	8.2	6:05	0.7	6:37	-0.1	7:10	5:42	
27	Fri	1:00	7.4	1:02	8.3	6:42	0.7	7:15	-0.2	7:12	5:41	
28	Sat	1:39	7.4	1:40	8.4	7:20	0.7	7:57	-0.2	7:13	5:40	
29	Sun	2:20	7.3	2:22	8.3	8:02	0.8	8:42	-0.1	7:14	5:38	
30	Mon	3:05	7.1	3:10	8.2	8:49	0.9	9:32	0.0	7:15	5:37	
31	Tue	3:56	7.0	4:04	8.1	9:41	1.0	10:28	0.2	7:17	5:36	