US HARBORS www.USHarbors.com

Atlantic Heights, NH - Nov 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**4:55**	6.9	**5:06**	8.0	**10:41**	1.0	**11:29**	0.2	7:18	5:34	
2	Thu	**5:59**	7.0	**6:13**	7.9	**11:46**	1.0			7:19	5:33	
3	Fri	**7:02**	7.3	**7:21**	7.8	**12:31**	0.3	**12:54**	0.8	7:21	5:32	
4	Sat	**8:05**	7.6	**8:28**	7.9	**1:33**	0.2	**2:02**	0.5	7:22	5:30	
5	Sun	**8:03**	8.1	**8:31**	8.0	**1:34**	0.1	**2:07**	0.0	6:23	4:29	
6	Mon	**8:57**	8.5	**9:28**	8.1	**2:30**	-0.1	**3:05**	-0.4	6:24	4:28	
7	Tue	**9:46**	8.9	**10:21**	8.2	**3:22**	-0.1	**3:58**	-0.8	6:26	4:27	
8	Wed	**10:34**	9.1	**11:12**	8.1	**4:10**	-0.1	**4:48**	-1.0	6:27	4:26	
9	Thu	**11:20**	9.1			**4:58**	0.0	**5:36**	-1.0	6:28	4:25	
10	Fri	**12:01**	8.0	**12:06**	8.9	**5:44**	0.2	**6:24**	-0.8	6:30	4:23	
11	Sat	**12:49**	7.7	**12:52**	8.7	**6:30**	0.4	**7:10**	-0.5	6:31	4:22	
12	Sun	**1:35**	7.4	**1:38**	8.3	**7:16**	0.7	**7:57**	-0.1	6:32	4:21	
13	Mon	**2:23**	7.1	**2:25**	7.9	**8:03**	1.1	**8:46**	0.3	6:33	4:20	
14	Tue	**3:14**	6.9	**3:17**	7.6	**8:54**	1.3	**9:38**	0.6	6:35	4:19	
15	Wed	**4:07**	6.7	**4:12**	7.2	**9:48**	1.6	**10:30**	0.9	6:36	4:19	
16	Thu	**5:00**	6.6	**5:08**	7.0	**10:45**	1.7	**11:22**	1.1	6:37	4:18	
17	Fri	**5:53**	6.7	**6:04**	6.8	**11:43**	1.7			6:38	4:17	
18	Sat	**6:44**	6.8	**7:00**	6.8	**12:13**	1.2	**12:41**	1.5	6:40	4:16	
19	Sun	**7:32**	7.0	**7:54**	6.8	**1:03**	1.2	**1:36**	1.3	6:41	4:15	
20	Mon	**8:17**	7.3	**8:43**	6.9	**1:49**	1.1	**2:25**	0.9	6:42	4:14	
21	Tue	**8:58**	7.6	**9:28**	7.0	**2:32**	1.1	**3:09**	0.6	6:43	4:14	
22	Wed	**9:37**	7.9	**10:11**	7.1	**3:12**	1.0	**3:50**	0.2	6:45	4:13	
23	Thu	**10:15**	8.2	**10:53**	7.2	**3:52**	0.8	**4:30**	-0.1	6:46	4:12	
24	Fri	**10:54**	8.4	**11:35**	7.3	**4:32**	0.7	**5:11**	-0.3	6:47	4:12	
25	Sat	**11:36**	8.6			**5:13**	0.6	**5:55**	-0.5	6:48	4:11	
26	Sun	**12:18**	7.3	**12:20**	8.7	**5:58**	0.5	**6:40**	-0.5	6:49	4:11	
27	Mon	**1:04**	7.4	**1:07**	8.7	**6:44**	0.5	**7:27**	-0.5	6:50	4:10	
28	Tue	**1:52**	7.4	**1:57**	8.6	**7:34**	0.5	**8:18**	-0.4	6:52	4:10	
29	Wed	**2:45**	7.4	**2:53**	8.4	**8:29**	0.6	**9:13**	-0.3	6:53	4:09	
30	Thu	**3:42**	7.4	**3:54**	8.1	**9:30**	0.6	**10:11**	-0.1	6:54	4:09	