US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:32	8.1			5:08	0.8	5:46	-0.1	7:14	4:18	
2	Thu	12:09	7.1	12:09	8.1	5:45	0.7	6:21	-0.2	7:14	4:19	
3	Fri	12:45	7.2	12:45	8.1	6:23	0.6	6:56	-0.2	7:14	4:20	
4	Sat	1:19	7.3	1:22	8.1	7:02	0.5	7:32	-0.2	7:14	4:21	
5	Sun	1:56	7.4	2:02	8.0	7:43	0.4	8:11	-0.2	7:14	4:22	
6	Mon	2:35	7.6	2:46	7.8	8:29	0.4	8:54	-0.1	7:14	4:23	
7	Tue	3:19	7.7	3:36	7.6	9:19	0.3	9:41	0.0	7:14	4:24	
8	Wed	4:08	7.8	4:32	7.3	10:14	0.3	10:33	0.2	7:14	4:25	
9	Thu	5:01	8.0	5:33	7.1	11:13	0.2	11:29	0.3	7:13	4:26	
10	Fri	5:59	8.1	6:40	7.0			12:17	0.1	7:13	4:27	
11	Sat	7:03	8.3	7:49	7.1	12:31	0.4	1:25	-0.1	7:13	4:28	
12	Sun	8:07	8.5	8:55	7.3	1:36	0.4	2:31	-0.5	7:12	4:29	
13	Mon	9:09	8.8	9:54	7.6	2:40	0.2	3:31	-0.8	7:12	4:30	
14	Tue	10:07	9.1	10:50	7.9	3:39	-0.1	4:26	-1.1	7:12	4:31	
15	Wed	11:02	9.2	11:43	8.1	4:35	-0.3	5:19	-1.2	7:11	4:33	
16	Thu	11:55	9.2			5:29	-0.5	6:08	-1.2	7:11	4:34	
17	Fri	12:33	8.2	12:45	9.0	6:20	-0.5	6:56	-1.1	7:10	4:35	
18	Sat	1:20	8.2	1:33	8.7	7:11	-0.4	7:41	-0.8	7:09	4:36	
19	Sun	2:07	8.1	2:22	8.2	8:00	-0.2	8:27	-0.4	7:09	4:38	
20	Mon	2:53	7.9	3:12	7.7	8:51	0.1	9:13	0.1	7:08	4:39	
21	Tue	3:41	7.7	4:05	7.2	9:44	0.4	10:01	0.6	7:07	4:40	
22	Wed	4:31	7.4	5:00	6.7	10:39	0.7	10:51	1.0	7:07	4:41	
23	Thu	5:23	7.2	5:57	6.4	11:37	0.9	11:44	1.3	7:06	4:43	
24	Fri	6:17	7.1	6:58	6.2			12:38	1.0	7:05	4:44	
25	Sat	7:14	7.1	7:58	6.2	12:42	1.5	1:40	1.0	7:04	4:45	
26	Sun	8:10	7.2	8:52	6.3	1:41	1.5	2:35	0.8	7:04	4:46	
27	Mon	9:01	7.4	9:40	6.5	2:34	1.4	3:22	0.6	7:03	4:48	
28	Tue	9:46	7.6	10:23	6.8	3:21	1.1	4:04	0.3	7:02	4:49	
29	Wed	10:28	7.9	11:03	7.0	4:03	0.9	4:42	0.0	7:01	4:50	
30	Thu	11:07	8.1	11:40	7.3	4:42	0.6	5:18	-0.2	7:00	4:52	
31	Fri	11:45	8.2			5:21	0.3	5:52	-0.4	6:59	4:53	