US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:20	8.4	4:58	8.2	10:28	-0.3	10:57	0.3	5:08	8:26	
2	Thu	5:18	7.9	5:53	8.0	11:21	0.1	11:57	0.5	5:08	8:26	
3	Fri	6:16	7.4	6:46	7.9			12:14	0.6	5:09	8:25	
4	Sat	7:15	7.0	7:41	7.8	12:57	0.7	1:09	0.9	5:09	8:25	
5	Sun	8:16	6.8	8:35	7.7	1:59	0.8	2:05	1.2	5:10	8:25	
6	Mon	9:14	6.6	9:28	7.7	2:58	0.8	3:00	1.3	5:11	8:24	
7	Tue	10:07	6.6	10:16	7.8	3:51	0.7	3:51	1.4	5:11	8:24	
8	Wed	10:55	6.7	11:01	7.9	4:39	0.6	4:36	1.3	5:12	8:24	
9	Thu	11:40	6.8	11:42	8.0	5:22	0.4	5:18	1.2	5:13	8:23	
10	Fri			12:21	6.9	6:02	0.3	5:58	1.1	5:14	8:23	
11	Sat	12:22	8.1	1:00	7.1	6:38	0.2	6:36	1.0	5:14	8:22	
12	Sun	1:00	8.1	1:36	7.2	7:13	0.1	7:13	0.9	5:15	8:22	
13	Mon	1:36	8.1	2:11	7.3	7:46	0.1	7:51	0.8	5:16	8:21	
14	Tue	2:12	8.1	2:46	7.5	8:21	0.0	8:30	0.8	5:17	8:20	
15	Wed	2:49	8.0	3:21	7.6	8:57	0.0	9:12	0.7	5:18	8:20	
16	Thu	3:30	7.9	4:01	7.8	9:36	0.1	9:58	0.6	5:19	8:19	
17	Fri	4:15	7.7	4:45	8.0	10:19	0.2	10:49	0.5	5:19	8:18	
18	Sat	5:05	7.5	5:33	8.1	11:06	0.3	11:43	0.4	5:20	8:18	
19	Sun	6:01	7.3	6:26	8.3	11:57	0.4			5:21	8:17	
20	Mon	7:01	7.2	7:25	8.4	12:42	0.3	12:54	0.5	5:22	8:16	
21	Tue	8:07	7.1	8:28	8.6	1:46	0.1	1:56	0.5	5:23	8:15	
22	Wed	9:14	7.3	9:31	8.9	2:52	-0.1	3:01	0.4	5:24	8:14	
23	Thu	10:17	7.5	10:32	9.1	3:55	-0.4	4:03	0.1	5:25	8:13	
24	Fri	11:16	7.8	11:30	9.3	4:53	-0.8	5:02	-0.1	5:26	8:12	
25	Sat			12:12	8.1	5:48	-1.0	5:58	-0.3	5:27	8:11	
26	Sun	12:26	9.4	1:05	8.3	6:41	-1.1	6:53	-0.4	5:28	8:10	
27	Mon	1:19	9.3	1:56	8.5	7:31	-1.1	7:47	-0.4	5:29	8:09	
28	Tue	2:11	9.1	2:45	8.5	8:19	-0.9	8:39	-0.3	5:30	8:08	
29	Wed	3:02	8.7	3:33	8.4	9:06	-0.5	9:32	0.0	5:31	8:07	
30	Thu	3:53	8.2	4:23	8.2	9:54	-0.1	10:26	0.3	5:32	8:06	
31	Fri	4:47	7.6	5:14	7.9	10:44	0.4	11:22	0.5	5:33	8:05	