US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:42	7.2	6:05	7.7	11:34	0.8			5:34	8:04	
2	Sun	6:39	6.8	6:59	7.5	12:19	0.8	12:27	1.2	5:35	8:02	
3	Mon	7:38	6.5	7:55	7.4	1:19	1.0	1:23	1.5	5:36	8:01	
4	Tue	8:37	6.4	8:51	7.4	2:20	1.0	2:21	1.6	5:37	8:00	
5	Wed	9:33	6.5	9:44	7.5	3:17	1.0	3:16	1.5	5:39	7:59	
6	Thu	10:23	6.6	10:31	7.7	4:07	0.8	4:05	1.3	5:40	7:57	
7	Fri	11:08	6.8	11:14	7.9	4:50	0.6	4:49	1.2	5:41	7:56	
8	Sat	11:49	7.0	11:54	8.1	5:30	0.4	5:29	0.9	5:42	7:55	
9	Sun			12:27	7.3	6:06	0.2	6:08	0.7	5:43	7:53	
10	Mon	12:32	8.2	1:03	7.5	6:40	0.0	6:46	0.5	5:44	7:52	
11	Tue	1:09	8.2	1:37	7.7	7:14	-0.1	7:25	0.3	5:45	7:50	
12	Wed	1:47	8.2	2:12	7.9	7:49	-0.1	8:05	0.2	5:46	7:49	
13	Thu	2:25	8.1	2:48	8.1	8:26	-0.1	8:48	0.1	5:47	7:47	
14	Fri	3:07	8.0	3:29	8.2	9:06	0.0	9:34	0.1	5:48	7:46	
15	Sat	3:53	7.8	4:15	8.3	9:51	0.1	10:26	0.1	5:49	7:44	
16	Sun	4:45	7.5	5:07	8.3	10:41	0.3	11:22	0.1	5:50	7:43	
17	Mon	5:43	7.3	6:05	8.3	11:36	0.5			5:52	7:41	
18	Tue	6:47	7.1	7:08	8.3	12:24	0.2	12:37	0.6	5:53	7:40	
19	Wed	7:55	7.1	8:16	8.4	1:31	0.2	1:43	0.6	5:54	7:38	
20	Thu	9:04	7.2	9:23	8.6	2:40	0.0	2:51	0.5	5:55	7:37	
21	Fri	10:07	7.5	10:24	8.8	3:43	-0.3	3:55	0.2	5:56	7:35	
22	Sat	11:03	7.9	11:20	9.0	4:40	-0.5	4:53	-0.1	5:57	7:33	
23	Sun	11:56	8.2			5:33	-0.7	5:47	-0.4	5:58	7:32	
24	Mon	12:13	9.0	12:45	8.5	6:21	-0.8	6:39	-0.5	5:59	7:30	
25	Tue	1:03	8.9	1:31	8.6	7:08	-0.7	7:28	-0.5	6:00	7:29	
26	Wed	1:51	8.7	2:15	8.5	7:52	-0.5	8:16	-0.3	6:01	7:27	
27	Thu	2:38	8.3	2:59	8.3	8:35	-0.1	9:03	-0.1	6:03	7:25	
28	Fri	3:25	7.8	3:44	8.1	9:19	0.3	9:52	0.3	6:04	7:24	
29	Sat	4:14	7.4	4:31	7.8	10:04	0.8	10:43	0.6	6:05	7:22	
30	Sun	5:06	6.9	5:22	7.5	10:53	1.1	11:38	0.9	6:06	7:20	
31	Mon	6:01	6.6	6:16	7.3	11:45	1.4			6:07	7:18	