US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:25	8.6	9:07	7.4	1:58	0.3	2:46	-0.5	7:14	4:19	
2	Sat	9:19	9.0	10:07	7.8	2:52	0.0	3:40	-1.0	7:14	4:20	
3	Sun	10:19	9.4	11:01	8.1	3:52	-0.3	4:34	-1.3	7:14	4:21	
4	Mon	11:13	9.6	11:55	8.4	4:46	-0.6	5:28	-1.6	7:14	4:21	
5	Tue			12:07	9.6	5:40	-0.8	6:22	-1.7	7:14	4:22	
6	Wed	12:49	8.6	1:01	9.5	6:34	-0.8	7:10	-1.5	7:14	4:23	
7	Thu	1:37	8.6	1:55	9.1	7:28	-0.7	8:04	-1.2	7:14	4:24	
8	Fri	2:31	8.5	2:49	8.6	8:28	-0.5	8:58	-0.8	7:13	4:26	
9	Sat	3:25	8.3	3:49	8.1	9:22	-0.2	9:52	-0.3	7:13	4:27	
10	Sun	4:19	8.1	4:49	7.5	10:28	0.1	10:46	0.2	7:13	4:28	
11	Mon	5:19	7.9	5:49	7.1	11:28	0.3	11:46	0.6	7:12	4:29	
12	Tue	6:19	7.7	6:55	6.7			12:34	0.5	7:12	4:30	
13	Wed	7:13	7.6	7:55	6.6	12:46	1.0	1:34	0.5	7:12	4:31	
14	Thu	8:13	7.6	8:55	6.6	1:46	1.1	2:34	0.4	7:11	4:32	
15	Fri	9:01	7.6	9:43	6.7	2:40	1.1	3:22	0.3	7:11	4:34	
16	Sat	9:49	7.7	10:25	6.9	3:28	1.0	4:10	0.2	7:10	4:35	
17	Sun	10:31	7.9	11:07	7.0	4:10	0.9	4:52	0.1	7:10	4:36	
18	Mon	11:13	7.9	11:43	7.1	4:52	0.8	5:28	0.0	7:09	4:37	
19	Tue	11:49	8.0			5:28	0.6	5:58	-0.1	7:08	4:38	
20	Wed	12:19	7.2	12:25	8.0	6:04	0.6	6:28	-0.1	7:08	4:40	
21	Thu	12:55	7.3	12:55	7.9	6:34	0.5	7:04	-0.1	7:07	4:41	
22	Fri	1:25	7.4	1:31	7.8	7:10	0.5	7:34	0.0	7:06	4:42	
23	Sat	2:01	7.5	2:07	7.6	7:52	0.4	8:10	0.1	7:05	4:44	
24	Sun	2:37	7.5	2:49	7.4	8:34	0.4	8:52	0.2	7:05	4:45	
25	Mon	3:13	7.6	3:37	7.2	9:22	0.4	9:40	0.4	7:04	4:46	
26	Tue	4:01	7.7	4:31	7.0	10:10	0.4	10:28	0.5	7:03	4:47	
27	Wed	4:55	7.8	5:31	6.8	11:10	0.4	11:22	0.6	7:02	4:49	
28	Thu	5:55	7.9	6:37	6.8			12:16	0.3	7:01	4:50	
29	Fri	6:55	8.1	7:43	7.0	12:28	0.6	1:22	0.0	7:00	4:51	
30	Sat	8:01	8.4	8:49	7.3	1:34	0.4	2:28	-0.4	6:59	4:53	
31	Sun	9:07	8.8	9:49	7.7	2:40	0.1	3:28	-0.8	6:58	4:54	