US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:55	8.5	9:35	7.9	2:26	0.1	3:10	-0.6	6:17	5:32	
2	Tue	9:53	8.8	10:28	8.3	3:27	-0.4	4:04	-1.0	6:16	5:33	
3	Wed	10:48	9.0	11:18	8.7	4:22	-0.8	4:54	-1.1	6:14	5:35	
4	Thu	11:39	9.0			5:15	-1.0	5:42	-1.2	6:12	5:36	
5	Fri	12:05	8.9	12:28	8.9	6:05	-1.2	6:27	-1.0	6:11	5:37	
6	Sat	12:50	8.9	1:16	8.6	6:53	-1.1	7:12	-0.7	6:09	5:38	
7	Sun	1:35	8.7	2:03	8.1	7:40	-0.8	7:56	-0.2	6:07	5:40	
8	Mon	2:20	8.4	2:52	7.6	8:29	-0.4	8:42	0.3	6:05	5:41	
9	Tue	3:07	8.0	3:44	7.1	9:19	0.0	9:31	0.8	6:04	5:42	
10	Wed	3:58	7.6	4:39	6.7	10:14	0.5	10:24	1.2	6:02	5:43	
11	Thu	4:53	7.3	5:37	6.4	11:11	0.8	11:22	1.5	6:00	5:44	
12	Fri	5:52	7.0	6:38	6.3			12:13	1.0	5:58	5:46	
13	Sat	6:53	6.9	7:38	6.3	12:24	1.6	1:16	1.1	5:57	5:47	
14	Sun	8:53	7.0	9:33	6.5	1:27	1.5	3:12	0.9	6:55	6:48	
15	Mon	9:46	7.2	10:19	6.9	3:23	1.3	3:59	0.7	6:53	6:49	
16	Tue	10:32	7.4	11:00	7.2	4:11	1.0	4:40	0.5	6:51	6:50	
17	Wed	11:14	7.6	11:38	7.5	4:52	0.6	5:16	0.3	6:50	6:52	
18	Thu	11:53	7.8			5:31	0.3	5:50	0.1	6:48	6:53	
19	Fri	12:13	7.8	12:31	7.9	6:08	0.0	6:25	0.0	6:46	6:54	
20	Sat	12:47	8.1	1:09	7.9	6:46	-0.3	7:00	-0.1	6:44	6:55	
21	Sun	1:21	8.3	1:47	7.9	7:24	-0.5	7:37	-0.1	6:43	6:56	
22	Mon	1:58	8.4	2:27	7.8	8:05	-0.6	8:18	0.0	6:41	6:58	
23	Tue	2:37	8.5	3:11	7.7	8:49	-0.5	9:02	0.1	6:39	6:59	
24	Wed	3:22	8.5	4:00	7.5	9:38	-0.4	9:51	0.3	6:37	7:00	
25	Thu	4:14	8.3	4:57	7.2	10:32	-0.2	10:48	0.5	6:36	7:01	
26	Fri	5:13	8.1	6:01	7.1	11:33	0.0	11:50	0.7	6:34	7:02	
27	Sat	6:18	8.0	7:08	7.1			12:38	0.1	6:32	7:03	
28	Sun	7:28	7.9	8:18	7.3	12:58	0.7	1:46	0.1	6:30	7:05	
29	Mon	8:39	8.0	9:22	7.7	2:10	0.5	2:53	-0.1	6:28	7:06	
30	Tue	9:44	8.2	10:18	8.1	3:17	0.1	3:52	-0.4	6:27	7:07	
31	Wed	10:41	8.4	11:09	8.5	4:17	-0.3	4:45	-0.5	6:25	7:08	