US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:59	8.2	1:36	7.2	7:15	0.1	7:15	1.0	5:07	8:26	
2	Fri	1:36	8.1	2:13	7.2	7:50	0.1	7:52	1.0	5:08	8:26	
3	Sat	2:13	8.0	2:49	7.3	8:24	0.2	8:30	1.0	5:09	8:25	
4	Sun	2:50	7.8	3:25	7.3	8:58	0.3	9:09	1.1	5:09	8:25	
5	Mon	3:28	7.6	4:02	7.3	9:35	0.4	9:52	1.1	5:10	8:25	
6	Tue	4:09	7.4	4:42	7.4	10:13	0.5	10:37	1.1	5:10	8:25	
7	Wed	4:54	7.2	5:24	7.5	10:55	0.6	11:26	1.0	5:11	8:24	
8	Thu	5:42	7.0	6:10	7.7	11:40	0.7			5:12	8:24	
9	Fri	6:35	6.9	7:00	7.9	12:18	0.9	12:30	0.8	5:13	8:23	
10	Sat	7:32	6.9	7:55	8.1	1:14	0.7	1:24	0.8	5:13	8:23	
11	Sun	8:34	7.0	8:53	8.4	2:14	0.4	2:22	0.7	5:14	8:22	
12	Mon	9:35	7.2	9:50	8.8	3:15	0.0	3:21	0.4	5:15	8:22	
13	Tue	10:34	7.5	10:47	9.2	4:12	-0.4	4:19	0.1	5:16	8:21	
14	Wed	11:30	7.9	11:43	9.5	5:07	-0.8	5:15	-0.2	5:17	8:21	
15	Thu			12:25	8.2	6:01	-1.2	6:11	-0.5	5:17	8:20	
16	Fri	12:38	9.6	1:19	8.5	6:54	-1.4	7:07	-0.6	5:18	8:19	
17	Sat	1:33	9.6	2:12	8.7	7:45	-1.4	8:02	-0.7	5:19	8:18	
18	Sun	2:27	9.4	3:04	8.8	8:37	-1.3	8:59	-0.6	5:20	8:18	
19	Mon	3:22	9.0	3:58	8.8	9:29	-0.9	9:57	-0.4	5:21	8:17	
20	Tue	4:20	8.6	4:54	8.6	10:22	-0.5	10:57	-0.1	5:22	8:16	
21	Wed	5:20	8.0	5:50	8.4	11:18	-0.1	11:59	0.1	5:23	8:15	
22	Thu	6:21	7.5	6:47	8.2			12:15	0.4	5:24	8:14	
23	Fri	7:23	7.2	7:46	8.0	1:02	0.4	1:14	0.8	5:25	8:13	
24	Sat	8:26	6.9	8:45	7.9	2:06	0.5	2:15	1.1	5:26	8:12	
25	Sun	9:26	6.8	9:40	7.9	3:08	0.5	3:13	1.1	5:27	8:12	
26	Mon	10:20	6.9	10:30	7.9	4:03	0.5	4:05	1.1	5:28	8:10	
27	Tue	11:08	6.9	11:15	8.0	4:51	0.4	4:52	1.1	5:29	8:09	
28	Wed	11:51	7.1	11:57	8.0	5:34	0.3	5:34	1.0	5:30	8:08	
29	Thu			12:32	7.2	6:13	0.2	6:13	0.9	5:31	8:07	
30	Fri	12:36	8.1	1:09	7.3	6:48	0.2	6:51	0.8	5:32	8:06	
31	Sat	1:13	8.0	1:43	7.4	7:21	0.2	7:27	0.8	5:33	8:05	