US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2050

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:42	8.2	6:14	7.4	11:51	0.1			7:14	4:18	
2	Sun	6:44	8.1	7:21	7.2	12:10	0.3	12:59	0.1	7:14	4:19	
3	Mon	7:45	8.1	8:25	7.1	1:13	0.5	2:04	0.0	7:14	4:20	
4	Tue	8:42	8.1	9:21	7.1	2:14	0.6	3:01	-0.1	7:14	4:21	
5	Wed	9:34	8.2	10:12	7.2	3:09	0.6	3:52	-0.2	7:14	4:22	
6	Thu	10:21	8.2	10:58	7.3	3:58	0.6	4:38	-0.3	7:14	4:23	
7	Fri	11:05	8.2	11:40	7.3	4:42	0.5	5:20	-0.3	7:14	4:24	
8	Sat	11:45	8.2			5:23	0.5	5:59	-0.2	7:13	4:25	
9	Sun	12:19	7.3	12:23	8.1	6:02	0.5	6:34	-0.2	7:13	4:26	
10	Mon	12:56	7.3	1:00	7.9	6:39	0.6	7:08	0.0	7:13	4:27	
11	Tue	1:31	7.3	1:36	7.7	7:16	0.6	7:42	0.1	7:13	4:29	
12	Wed	2:06	7.3	2:13	7.5	7:54	0.7	8:17	0.3	7:12	4:30	
13	Thu	2:43	7.2	2:53	7.2	8:34	0.8	8:55	0.5	7:12	4:31	
14	Fri	3:22	7.2	3:36	7.0	9:18	0.9	9:36	0.7	7:11	4:32	
15	Sat	4:04	7.2	4:24	6.7	10:06	1.0	10:21	0.8	7:11	4:33	
16	Sun	4:50	7.2	5:17	6.5	10:58	0.9	11:11	1.0	7:10	4:34	
17	Mon	5:41	7.3	6:15	6.5	11:54	0.8			7:10	4:36	
18	Tue	6:36	7.5	7:17	6.6	12:05	1.0	12:54	0.6	7:09	4:37	
19	Wed	7:35	7.8	8:18	6.8	1:04	0.9	1:55	0.2	7:09	4:38	
20	Thu	8:33	8.2	9:15	7.2	2:03	0.6	2:52	-0.3	7:08	4:39	
21	Fri	9:28	8.7	10:08	7.7	3:00	0.1	3:45	-0.8	7:07	4:41	
22	Sat	10:21	9.1	11:00	8.1	3:54	-0.3	4:36	-1.2	7:06	4:42	
23	Sun	11:14	9.4	11:51	8.5	4:48	-0.7	5:27	-1.5	7:06	4:43	
24	Mon			12:06	9.6	5:41	-1.0	6:16	-1.7	7:05	4:45	
25	Tue	12:41	8.8	12:58	9.5	6:34	-1.2	7:06	-1.6	7:04	4:46	
26	Wed	1:31	8.9	1:51	9.2	7:27	-1.1	7:56	-1.4	7:03	4:47	
27	Thu	2:23	8.9	2:46	8.7	8:22	-0.9	8:48	-1.0	7:02	4:48	
28	Fri	3:17	8.7	3:45	8.2	9:21	-0.6	9:43	-0.4	7:01	4:50	
29	Sat	4:14	8.4	4:47	7.6	10:23	-0.3	10:42	0.1	7:00	4:51	
30	Sun	5:14	8.1	5:52	7.2	11:27	0.0	11:43	0.5	6:59	4:52	
31	Mon	6:17	7.8	6:59	6.9			12:35	0.2	6:58	4:54	