US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:11	7.5	2:19	7.8	7:59	0.6	8:28	0.1	7:14	4:18	
2	Mon	2:54	7.3	3:04	7.4	8:44	0.8	9:10	0.4	7:14	4:19	
3	Tue	3:39	7.2	3:52	7.1	9:32	1.0	9:54	0.7	7:14	4:20	
4	Wed	4:25	7.1	4:43	6.8	10:23	1.1	10:40	0.9	7:14	4:21	
5	Thu	5:13	7.0	5:37	6.5	11:16	1.2	11:29	1.1	7:14	4:22	
6	Fri	6:03	7.0	6:34	6.4			12:12	1.2	7:14	4:23	
7	Sat	6:56	7.1	7:32	6.4	12:21	1.2	1:10	1.0	7:14	4:24	
8	Sun	7:48	7.3	8:27	6.5	1:15	1.2	2:05	0.8	7:13	4:25	
9	Mon	8:38	7.6	9:16	6.8	2:08	1.1	2:55	0.4	7:13	4:26	
10	Tue	9:24	8.0	10:02	7.1	2:57	0.8	3:40	0.0	7:13	4:27	
11	Wed	10:09	8.4	10:47	7.4	3:43	0.5	4:24	-0.4	7:13	4:28	
12	Thu	10:54	8.7	11:31	7.7	4:28	0.1	5:07	-0.8	7:12	4:29	
13	Fri	11:39	9.0			5:14	-0.2	5:51	-1.1	7:12	4:31	
14	Sat	12:15	8.0	12:25	9.1	6:01	-0.4	6:36	-1.2	7:11	4:32	
15	Sun	1:00	8.3	1:12	9.1	6:50	-0.6	7:22	-1.2	7:11	4:33	
16	Mon	1:47	8.4	2:02	8.9	7:40	-0.7	8:10	-1.1	7:10	4:34	
17	Tue	2:36	8.5	2:56	8.5	8:34	-0.6	9:01	-0.8	7:10	4:35	
18	Wed	3:30	8.5	3:55	8.1	9:32	-0.4	9:56	-0.5	7:09	4:37	
19	Thu	4:28	8.4	4:58	7.7	10:34	-0.2	10:55	-0.1	7:09	4:38	
20	Fri	5:28	8.2	6:04	7.4	11:39	-0.1	11:57	0.2	7:08	4:39	
21	Sat	6:32	8.1	7:13	7.2			12:49	0.0	7:07	4:40	
22	Sun	7:37	8.1	8:20	7.2	1:04	0.4	1:57	-0.1	7:07	4:42	
23	Mon	8:39	8.2	9:20	7.3	2:09	0.4	2:58	-0.3	7:06	4:43	
24	Tue	9:35	8.3	10:13	7.4	3:08	0.4	3:52	-0.4	7:05	4:44	
25	Wed	10:25	8.4	11:01	7.5	4:00	0.2	4:40	-0.5	7:04	4:46	
26	Thu	11:12	8.4	11:45	7.6	4:48	0.2	5:24	-0.5	7:03	4:47	
27	Fri	11:55	8.4			5:32	0.1	6:05	-0.5	7:02	4:48	
28	Sat	12:26	7.6	12:35	8.2	6:13	0.2	6:42	-0.3	7:01	4:49	
29	Sun	1:04	7.6	1:13	8.0	6:52	0.2	7:17	-0.2	7:00	4:51	
30	Mon	1:40	7.6	1:51	7.7	7:31	0.3	7:52	0.1	6:59	4:52	
31	Tue	2:16	7.5	2:30	7.4	8:10	0.5	8:29	0.3	6:58	4:53	