US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**8:23**	8.3	**9:05**	7.7	**1:52**	0.2	**2:40**	-0.5	6:17	5:32	
2	Sun	**9:24**	8.6	**10:01**	8.0	**2:56**	-0.1	**3:37**	-0.8	6:16	5:33	
3	Mon	**10:20**	8.9	**10:53**	8.3	**3:54**	-0.4	**4:29**	-1.0	6:14	5:35	
4	Tue	**11:12**	9.0	**11:41**	8.5	**4:47**	-0.7	**5:18**	-1.1	6:12	5:36	
5	Wed			**12:01**	8.9	**5:37**	-0.8	**6:04**	-1.0	6:10	5:37	
6	Thu	**12:27**	8.6	**12:48**	8.7	**6:24**	-0.8	**6:48**	-0.8	6:09	5:38	
7	Fri	**1:10**	8.5	**1:33**	8.4	**7:10**	-0.7	**7:30**	-0.4	6:07	5:40	
8	Sat	**1:52**	8.3	**2:18**	7.9	**7:55**	-0.4	**8:12**	0.0	6:05	5:41	
9	Sun	**3:35**	8.0	**4:05**	7.5	**9:41**	-0.1	**9:57**	0.4	7:04	6:42	
10	Mon	**4:21**	7.7	**4:55**	7.0	**10:30**	0.3	**10:44**	0.9	7:02	6:43	
11	Tue	**5:10**	7.4	**5:48**	6.7	**11:22**	0.7	**11:35**	1.2	7:00	6:45	
12	Wed	**6:02**	7.1	**6:45**	6.4			**12:17**	0.9	6:58	6:46	
13	Thu	**6:59**	6.9	**7:45**	6.3	**12:30**	1.5	**1:17**	1.1	6:57	6:47	
14	Fri	**7:59**	6.9	**8:44**	6.4	**1:30**	1.5	**2:18**	1.0	6:55	6:48	
15	Sat	**8:57**	7.0	**9:37**	6.6	**2:31**	1.4	**3:14**	0.9	6:53	6:49	
16	Sun	**9:49**	7.3	**10:23**	7.0	**3:25**	1.2	**4:01**	0.6	6:51	6:51	
17	Mon	**10:35**	7.6	**11:05**	7.3	**4:12**	0.8	**4:42**	0.3	6:50	6:52	
18	Tue	**11:17**	7.9	**11:43**	7.7	**4:54**	0.5	**5:20**	0.0	6:48	6:53	
19	Wed	**11:58**	8.1			**5:34**	0.1	**5:57**	-0.2	6:46	6:54	
20	Thu	**12:20**	8.0	**12:37**	8.3	**6:14**	-0.3	**6:34**	-0.4	6:44	6:55	
21	Fri	**12:57**	8.3	**1:18**	8.4	**6:55**	-0.6	**7:13**	-0.5	6:43	6:56	
22	Sat	**1:35**	8.6	**1:59**	8.4	**7:37**	-0.8	**7:54**	-0.5	6:41	6:58	
23	Sun	**2:15**	8.7	**2:44**	8.3	**8:21**	-0.9	**8:38**	-0.4	6:39	6:59	
24	Mon	**2:59**	8.7	**3:32**	8.1	**9:09**	-0.8	**9:26**	-0.2	6:37	7:00	
25	Tue	**3:48**	8.6	**4:27**	7.8	**10:02**	-0.6	**10:20**	0.1	6:35	7:01	
26	Wed	**4:44**	8.4	**5:28**	7.5	**11:00**	-0.4	**11:19**	0.3	6:34	7:02	
27	Thu	**5:46**	8.2	**6:34**	7.3			**12:04**	-0.2	6:32	7:03	
28	Fri	**6:54**	8.0	**7:43**	7.3	**12:24**	0.5	**1:12**	0.0	6:30	7:05	
29	Sat	**8:05**	8.0	**8:51**	7.5	**1:34**	0.6	**2:21**	-0.1	6:28	7:06	
30	Sun	**9:13**	8.1	**9:52**	7.8	**2:45**	0.4	**3:26**	-0.2	6:27	7:07	
31	Mon	**10:14**	8.3	**10:46**	8.1	**3:49**	0.1	**4:22**	-0.4	6:25	7:08	