US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jun 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:14	8.3	12:50	7.4	6:28	-0.1	6:31	0.8	5:05	8:16	
2	Mon	12:52	8.3	1:29	7.4	7:07	-0.1	7:09	0.9	5:05	8:16	
3	Tue	1:29	8.2	2:08	7.3	7:44	0.0	7:46	1.0	5:05	8:17	
4	Wed	2:06	8.1	2:46	7.2	8:20	0.1	8:24	1.1	5:04	8:18	
5	Thu	2:43	7.9	3:25	7.1	8:57	0.2	9:03	1.2	5:04	8:19	
6	Fri	3:22	7.7	4:05	7.1	9:36	0.4	9:46	1.3	5:04	8:19	
7	Sat	4:04	7.6	4:48	7.1	10:17	0.5	10:32	1.3	5:03	8:20	
8	Sun	4:50	7.4	5:33	7.1	11:01	0.6	11:22	1.3	5:03	8:21	
9	Mon	5:39	7.3	6:19	7.3	11:47	0.6			5:03	8:21	
10	Tue	6:32	7.2	7:08	7.5	12:14	1.2	12:36	0.6	5:03	8:22	
11	Wed	7:27	7.2	7:59	7.8	1:09	1.0	1:27	0.6	5:03	8:22	
12	Thu	8:26	7.3	8:52	8.3	2:07	0.6	2:22	0.4	5:03	8:23	
13	Fri	9:24	7.6	9:44	8.7	3:04	0.1	3:16	0.2	5:03	8:23	
14	Sat	10:20	7.8	10:36	9.1	3:59	-0.4	4:10	-0.1	5:02	8:24	
15	Sun	11:15	8.1	11:28	9.5	4:53	-0.8	5:03	-0.3	5:03	8:24	
16	Mon			12:09	8.3	5:46	-1.2	5:56	-0.5	5:03	8:24	
17	Tue	12:22	9.7	1:04	8.5	6:39	-1.5	6:50	-0.5	5:03	8:25	
18	Wed	1:16	9.8	1:59	8.6	7:32	-1.5	7:45	-0.5	5:03	8:25	
19	Thu	2:10	9.7	2:54	8.6	8:26	-1.5	8:41	-0.4	5:03	8:25	
20	Fri	3:06	9.4	3:51	8.5	9:21	-1.2	9:40	-0.2	5:03	8:26	
21	Sat	4:05	9.0	4:49	8.4	10:17	-0.9	10:42	0.1	5:03	8:26	
22	Sun	5:06	8.5	5:48	8.3	11:15	-0.5	11:46	0.3	5:04	8:26	
23	Mon	6:08	8.1	6:47	8.2			12:14	-0.1	5:04	8:26	
24	Tue	7:11	7.7	7:45	8.1	12:50	0.4	1:12	0.3	5:04	8:26	
25	Wed	8:14	7.4	8:42	8.1	1:55	0.5	2:11	0.6	5:05	8:26	
26	Thu	9:14	7.2	9:35	8.1	2:56	0.4	3:08	0.7	5:05	8:26	
27	Fri	10:09	7.2	10:23	8.1	3:52	0.3	3:59	0.8	5:05	8:26	
28	Sat	10:59	7.2	11:08	8.1	4:41	0.2	4:45	0.9	5:06	8:26	
29	Sun	11:44	7.2	11:49	8.2	5:26	0.2	5:27	0.9	5:06	8:26	
30	Mon			12:27	7.2	6:07	0.1	6:07	0.9	5:07	8:26	