US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:19	8.1	1:51	7.4	7:27	0.1	7:33	0.7	5:34	8:04	
2	Sat	1:54	8.1	2:25	7.5	8:00	0.1	8:10	0.7	5:35	8:03	
3	Sun	2:30	8.0	2:59	7.6	8:35	0.1	8:49	0.6	5:36	8:01	
4	Mon	3:08	7.9	3:36	7.7	9:12	0.1	9:32	0.6	5:37	8:00	
5	Tue	3:50	7.7	4:18	7.8	9:53	0.2	10:19	0.5	5:38	7:59	
6	Wed	4:36	7.6	5:04	7.9	10:38	0.3	11:10	0.4	5:39	7:57	
7	Thu	5:29	7.4	5:55	8.1	11:28	0.3			5:40	7:56	
8	Fri	6:26	7.3	6:51	8.2	12:06	0.4	12:22	0.4	5:42	7:55	
9	Sat	7:28	7.3	7:52	8.4	1:07	0.2	1:22	0.4	5:43	7:53	
10	Sun	8:34	7.4	8:56	8.7	2:11	0.0	2:25	0.3	5:44	7:52	
11	Mon	9:38	7.7	9:57	9.0	3:15	-0.3	3:28	0.0	5:45	7:51	
12	Tue	10:38	8.0	10:56	9.3	4:15	-0.7	4:27	-0.3	5:46	7:49	
13	Wed	11:35	8.3	11:52	9.5	5:11	-1.0	5:24	-0.6	5:47	7:48	
14	Thu			12:29	8.6	6:05	-1.3	6:20	-0.7	5:48	7:46	
15	Fri	12:47	9.5	1:21	8.8	6:57	-1.3	7:14	-0.8	5:49	7:45	
16	Sat	1:40	9.4	2:12	8.8	7:46	-1.2	8:07	-0.7	5:50	7:43	
17	Sun	2:31	9.1	3:01	8.7	8:36	-0.9	8:59	-0.5	5:51	7:42	
18	Mon	3:23	8.6	3:52	8.5	9:25	-0.5	9:54	-0.2	5:52	7:40	
19	Tue	4:17	8.1	4:44	8.2	10:16	0.0	10:50	0.2	5:54	7:39	
20	Wed	5:13	7.6	5:38	7.9	11:09	0.5	11:48	0.5	5:55	7:37	
21	Thu	6:11	7.2	6:33	7.7			12:03	0.9	5:56	7:35	
22	Fri	7:10	6.9	7:30	7.5	12:48	0.8	1:00	1.2	5:57	7:34	
23	Sat	8:09	6.7	8:27	7.5	1:49	0.9	1:59	1.3	5:58	7:32	
24	Sun	9:07	6.7	9:21	7.5	2:48	0.9	2:56	1.3	5:59	7:31	
25	Mon	9:59	6.8	10:10	7.7	3:41	0.8	3:47	1.2	6:00	7:29	
26	Tue	10:45	7.0	10:55	7.8	4:27	0.6	4:32	1.0	6:01	7:27	
27	Wed	11:27	7.2	11:36	8.0	5:08	0.4	5:13	0.8	6:02	7:26	
28	Thu			12:06	7.4	5:45	0.3	5:51	0.6	6:03	7:24	
29	Fri	12:14	8.1	12:42	7.6	6:20	0.1	6:28	0.5	6:04	7:22	
30	Sat	12:52	8.1	1:17	7.8	6:53	0.0	7:05	0.3	6:06	7:20	
31	Sun	1:28	8.2	1:50	7.9	7:27	0.0	7:43	0.2	6:07	7:19	