US HARBORS www.USHarbors.com

Atlantic Heights, NH - Nov 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:45	7.9	3:58	8.7	9:35	0.1	10:16	-0.5	7:18	5:34	
2	Sun	3:45	7.8	4:00	8.4	9:35	0.3	10:17	-0.3	6:19	4:33	
3	Mon	4:49	7.7	5:07	8.2	10:39	0.5	11:21	-0.1	6:21	4:32	
4	Tue	5:54	7.7	6:15	8.0	11:47	0.5			6:22	4:30	
5	Wed	6:59	7.9	7:23	8.0	12:26	0.0	12:57	0.4	6:23	4:29	
6	Thu	8:00	8.1	8:26	8.1	1:30	0.0	2:03	0.1	6:24	4:28	
7	Fri	8:55	8.4	9:23	8.1	2:29	-0.1	3:01	-0.2	6:26	4:27	
8	Sat	9:45	8.6	10:14	8.2	3:21	-0.1	3:52	-0.4	6:27	4:26	
9	Sun	10:31	8.7	11:02	8.1	4:08	-0.1	4:40	-0.6	6:28	4:25	
10	Mon	11:15	8.7	11:48	8.0	4:53	0.0	5:25	-0.6	6:30	4:23	
11	Tue	11:56	8.6			5:35	0.2	6:08	-0.5	6:31	4:22	
12	Wed	12:31	7.8	12:36	8.4	6:15	0.4	6:48	-0.3	6:32	4:21	
13	Thu	1:12	7.6	1:15	8.2	6:55	0.6	7:28	0.0	6:33	4:20	
14	Fri	1:53	7.3	1:56	7.9	7:36	0.9	8:10	0.2	6:35	4:19	
15	Sat	2:37	7.1	2:39	7.6	8:18	1.1	8:53	0.5	6:36	4:18	
16	Sun	3:23	6.9	3:26	7.4	9:05	1.3	9:40	0.7	6:37	4:18	
17	Mon	4:12	6.8	4:17	7.1	9:55	1.5	10:29	0.9	6:38	4:17	
18	Tue	5:03	6.8	5:11	7.0	10:48	1.5	11:19	1.0	6:40	4:16	
19	Wed	5:54	6.8	6:06	6.9	11:43	1.5			6:41	4:15	
20	Thu	6:45	7.0	7:01	7.0	12:10	1.0	12:39	1.3	6:42	4:14	
21	Fri	7:34	7.3	7:55	7.2	1:01	0.9	1:34	0.9	6:43	4:14	
22	Sat	8:21	7.7	8:46	7.4	1:51	0.7	2:25	0.5	6:45	4:13	
23	Sun	9:05	8.1	9:33	7.7	2:38	0.4	3:12	0.0	6:46	4:12	
24	Mon	9:48	8.6	10:20	7.9	3:23	0.1	3:58	-0.5	6:47	4:12	
25	Tue	10:32	9.0	11:07	8.2	4:08	-0.1	4:44	-0.9	6:48	4:11	
26	Wed	11:17	9.3	11:55	8.3	4:54	-0.3	5:31	-1.2	6:49	4:11	
27	Thu			12:05	9.4	5:42	-0.4	6:20	-1.3	6:50	4:10	
28	Fri	12:45	8.3	12:55	9.4	6:32	-0.4	7:11	-1.3	6:52	4:10	
29	Sat	1:36	8.3	1:48	9.2	7:24	-0.3	8:04	-1.1	6:53	4:09	
30	Sun	2:32	8.2	2:45	8.9	8:21	-0.1	9:01	-0.9	6:54	4:09	