US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:31	8.1	3:47	8.5	9:22	0.1	10:01	-0.6	6:55	4:09	
2	Tue	4:34	8.0	4:53	8.2	10:27	0.3	11:03	-0.3	6:56	4:08	
3	Wed	5:37	7.9	6:00	7.9	11:35	0.3			6:57	4:08	
4	Thu	6:40	8.0	7:07	7.7	12:06	0.0	12:43	0.3	6:58	4:08	
5	Fri	7:40	8.1	8:11	7.6	1:09	0.1	1:49	0.1	6:59	4:08	
6	Sat	8:36	8.3	9:08	7.6	2:08	0.2	2:48	-0.1	7:00	4:08	
7	Sun	9:26	8.4	9:59	7.6	3:01	0.2	3:39	-0.3	7:01	4:08	
8	Mon	10:12	8.4	10:47	7.6	3:49	0.3	4:26	-0.4	7:02	4:08	
9	Tue	10:55	8.4	11:31	7.5	4:33	0.4	5:10	-0.4	7:03	4:08	
10	Wed	11:36	8.4			5:14	0.5	5:50	-0.3	7:04	4:08	
11	Thu	12:12	7.5	12:14	8.2	5:53	0.6	6:28	-0.2	7:04	4:08	
12	Fri	12:51	7.4	12:52	8.1	6:31	0.7	7:05	-0.1	7:05	4:08	
13	Sat	1:29	7.2	1:29	7.9	7:09	0.8	7:41	0.1	7:06	4:08	
14	Sun	2:08	7.1	2:08	7.7	7:48	1.0	8:20	0.3	7:07	4:08	
15	Mon	2:48	7.0	2:49	7.5	8:30	1.1	9:01	0.4	7:07	4:08	
16	Tue	3:31	6.9	3:35	7.2	9:16	1.2	9:44	0.6	7:08	4:09	
17	Wed	4:16	6.9	4:24	7.0	10:05	1.3	10:30	0.7	7:09	4:09	
18	Thu	5:02	7.0	5:16	6.9	10:56	1.2	11:18	0.8	7:09	4:09	
19	Fri	5:51	7.2	6:11	6.9	11:51	1.1			7:10	4:10	
20	Sat	6:42	7.4	7:08	6.9	12:09	0.8	12:48	0.8	7:10	4:10	
21	Sun	7:34	7.8	8:06	7.2	1:02	0.6	1:45	0.4	7:11	4:11	
22	Mon	8:25	8.2	9:00	7.5	1:56	0.4	2:39	-0.1	7:11	4:11	
23	Tue	9:15	8.7	9:53	7.8	2:49	0.1	3:31	-0.7	7:12	4:12	
24	Wed	10:05	9.1	10:44	8.1	3:40	-0.2	4:21	-1.1	7:12	4:12	
25	Thu	10:56	9.4	11:36	8.3	4:31	-0.5	5:12	-1.4	7:13	4:13	
26	Fri	11:48	9.6			5:23	-0.7	6:03	-1.6	7:13	4:14	
27	Sat	12:28	8.5	12:41	9.6	6:16	-0.8	6:55	-1.6	7:13	4:14	
28	Sun	1:21	8.5	1:34	9.4	7:10	-0.7	7:48	-1.5	7:13	4:15	
29	Mon	2:15	8.5	2:31	9.0	8:06	-0.6	8:42	-1.1	7:14	4:16	
30	Tue	3:12	8.4	3:31	8.6	9:06	-0.3	9:40	-0.7	7:14	4:17	
31	Wed	4:12	8.2	4:34	8.1	10:09	0.0	10:42	-0.4	7:14	4:18	