US HARBORS www.USHarbors.com

Atlantic Heights, NH - May 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:37	6.9	8:20	6.9	1:15	1.6	1:49	1.0	5:35	7:44	
2	Sat	8:35	7.0	9:11	7.1	2:15	1.5	2:42	1.0	5:34	7:45	
3	Sun	9:27	7.1	9:56	7.4	3:09	1.2	3:29	0.8	5:33	7:46	
4	Mon	10:15	7.3	10:36	7.7	3:56	0.8	4:10	0.7	5:31	7:47	
5	Tue	10:59	7.5	11:14	8.0	4:38	0.5	4:49	0.5	5:30	7:48	
6	Wed	11:40	7.7	11:52	8.3	5:18	0.1	5:28	0.3	5:29	7:50	
7	Thu			12:22	7.8	5:59	-0.2	6:07	0.2	5:28	7:51	
8	Fri	12:30	8.6	1:03	7.9	6:40	-0.5	6:48	0.1	5:26	7:52	
9	Sat	1:10	8.8	1:46	8.0	7:22	-0.7	7:32	0.1	5:25	7:53	
10	Sun	1:53	8.9	2:32	7.9	8:07	-0.8	8:18	0.1	5:24	7:54	
11	Mon	2:39	8.9	3:21	7.9	8:55	-0.8	9:08	0.2	5:23	7:55	
12	Tue	3:29	8.7	4:15	7.8	9:47	-0.6	10:03	0.4	5:22	7:56	
13	Wed	4:26	8.5	5:15	7.7	10:44	-0.5	11:04	0.5	5:21	7:57	
14	Thu	5:28	8.3	6:17	7.7	11:44	-0.3			5:19	7:58	
15	Fri	6:33	8.1	7:20	7.9	12:08	0.6	12:46	-0.2	5:18	7:59	
16	Sat	7:41	8.0	8:23	8.1	1:16	0.5	1:50	-0.1	5:17	8:01	
17	Sun	8:48	8.0	9:22	8.4	2:24	0.3	2:52	-0.1	5:16	8:02	
18	Mon	9:50	8.0	10:16	8.6	3:28	0.0	3:48	-0.1	5:16	8:03	
19	Tue	10:46	8.1	11:06	8.8	4:25	-0.4	4:40	-0.1	5:15	8:04	
20	Wed	11:39	8.1	11:53	8.9	5:16	-0.6	5:28	0.0	5:14	8:05	
21	Thu			12:28	8.1	6:05	-0.7	6:15	0.1	5:13	8:06	
22	Fri	12:37	8.9	1:15	7.9	6:51	-0.7	6:59	0.3	5:12	8:07	
23	Sat	1:20	8.7	1:59	7.8	7:35	-0.6	7:41	0.5	5:11	8:08	
24	Sun	2:02	8.5	2:42	7.6	8:17	-0.3	8:24	0.8	5:10	8:09	
25	Mon	2:44	8.2	3:26	7.3	8:59	-0.1	9:07	1.0	5:10	8:09	
26	Tue	3:27	7.9	4:12	7.1	9:43	0.2	9:53	1.3	5:09	8:10	
27	Wed	4:13	7.6	5:00	7.0	10:28	0.5	10:42	1.4	5:08	8:11	
28	Thu	5:02	7.4	5:49	6.9	11:15	0.7	11:34	1.5	5:08	8:12	
29	Fri	5:54	7.1	6:38	7.0			12:03	0.9	5:07	8:13	
30	Sat	6:47	7.0	7:28	7.1	12:27	1.6	12:52	1.0	5:07	8:14	
31	Sun	7:42	6.9	8:17	7.3	1:22	1.5	1:42	1.0	5:06	8:15	