US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:43	7.0	9:03	8.0	2:23	0.8	2:32	0.8	5:07	8:26	
2	Thu	9:38	7.1	9:53	8.4	3:18	0.4	3:25	0.6	5:08	8:26	
3	Fri	10:31	7.4	10:43	8.8	4:10	-0.1	4:16	0.4	5:08	8:26	
4	Sat	11:22	7.7	11:33	9.2	5:00	-0.5	5:07	0.1	5:09	8:25	
5	Sun			12:14	8.0	5:50	-0.9	5:59	-0.2	5:10	8:25	
6	Mon	12:24	9.4	1:06	8.2	6:41	-1.2	6:51	-0.3	5:10	8:25	
7	Tue	1:17	9.5	1:58	8.4	7:32	-1.3	7:45	-0.4	5:11	8:24	
8	Wed	2:10	9.5	2:51	8.5	8:24	-1.3	8:40	-0.4	5:12	8:24	
9	Thu	3:04	9.3	3:46	8.6	9:17	-1.2	9:38	-0.3	5:12	8:23	
10	Fri	4:02	9.0	4:43	8.5	10:12	-0.9	10:39	-0.1	5:13	8:23	
11	Sat	5:03	8.5	5:42	8.5	11:09	-0.6	11:42	0.0	5:14	8:22	
12	Sun	6:05	8.1	6:41	8.4			12:07	-0.2	5:15	8:22	
13	Mon	7:09	7.7	7:40	8.3	12:46	0.2	1:07	0.2	5:16	8:21	
14	Tue	8:14	7.5	8:39	8.3	1:52	0.2	2:08	0.5	5:16	8:21	
15	Wed	9:17	7.3	9:36	8.3	2:56	0.2	3:07	0.6	5:17	8:20	
16	Thu	10:14	7.3	10:27	8.3	3:54	0.1	4:02	0.7	5:18	8:19	
17	Fri	11:06	7.3	11:15	8.3	4:46	0.0	4:51	0.7	5:19	8:19	
18	Sat	11:53	7.3	11:59	8.3	5:33	0.0	5:36	0.8	5:20	8:18	
19	Sun			12:36	7.3	6:16	0.0	6:18	0.8	5:21	8:17	
20	Mon	12:40	8.3	1:17	7.3	6:55	0.0	6:58	0.8	5:22	8:16	
21	Tue	1:19	8.2	1:55	7.3	7:32	0.0	7:35	0.8	5:23	8:15	
22	Wed	1:56	8.1	2:31	7.3	8:07	0.1	8:13	0.9	5:24	8:15	
23	Thu	2:33	7.9	3:07	7.3	8:41	0.2	8:51	0.9	5:25	8:14	
24	Fri	3:11	7.7	3:44	7.3	9:17	0.3	9:32	1.0	5:26	8:13	
25	Sat	3:50	7.5	4:23	7.3	9:55	0.5	10:15	1.0	5:27	8:12	
26	Sun	4:33	7.3	5:04	7.4	10:35	0.6	11:02	1.0	5:28	8:11	
27	Mon	5:19	7.1	5:48	7.5	11:19	0.7	11:51	1.0	5:29	8:10	
28	Tue	6:10	7.0	6:36	7.6			12:06	0.8	5:30	8:09	
29	Wed	7:04	6.9	7:28	7.8	12:45	0.9	12:57	0.8	5:31	8:08	
30	Thu	8:03	6.9	8:24	8.1	1:43	0.7	1:53	0.8	5:32	8:06	
31	Fri	9:04	7.1	9:21	8.5	2:42	0.3	2:52	0.6	5:33	8:05	