

































## Atlantic Heights, NH - Aug 2054

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sat | 10:02 | 7.4 | 10:17 | 8.9 | 3:40  | -0.1 | 3:49  | 0.2  | 5:34  | 8:04 |    |
| 2    | Sun | 10:57 | 7.8 | 11:12 | 9.3 | 4:35  | -0.6 | 4:44  | -0.1 | 5:35  | 8:03 |    |
| 3    | Mon | 11:52 | 8.2 |       |     | 5:28  | -1.0 | 5:39  | -0.5 | 5:36  | 8:02 |    |
| 4    | Tue | 12:06 | 9.5 | 12:45 | 8.5 | 6:21  | -1.3 | 6:34  | -0.7 | 5:37  | 8:00 |    |
| 5    | Wed | 1:00  | 9.7 | 1:38  | 8.8 | 7:13  | -1.5 | 7:29  | -0.8 | 5:38  | 7:59 |    |
| 6    | Thu | 1:54  | 9.6 | 2:30  | 8.9 | 8:04  | -1.4 | 8:24  | -0.8 | 5:39  | 7:58 |    |
| 7    | Fri | 2:49  | 9.4 | 3:23  | 8.9 | 8:56  | -1.2 | 9:20  | -0.7 | 5:40  | 7:56 |    |
| 8    | Sat | 3:45  | 8.9 | 4:18  | 8.8 | 9:49  | -0.9 | 10:19 | -0.4 | 5:41  | 7:55 |    |
| 9    | Sun | 4:44  | 8.5 | 5:16  | 8.6 | 10:45 | -0.4 | 11:21 | -0.1 | 5:42  | 7:54 |    |
| 10   | Mon | 5:45  | 8.0 | 6:14  | 8.3 | 11:42 | 0.0  |       |      | 5:43  | 7:52 |    |
| 11   | Tue | 6:48  | 7.5 | 7:14  | 8.1 | 12:24 | 0.1  | 12:42 | 0.5  | 5:45  | 7:51 |    |
| 12   | Wed | 7:52  | 7.2 | 8:14  | 8.0 | 1:29  | 0.3  | 1:44  | 0.8  | 5:46  | 7:50 |   |
| 13   | Thu | 8:55  | 7.1 | 9:13  | 7.9 | 2:34  | 0.4  | 2:46  | 0.9  | 5:47  | 7:48 |  |
| 14   | Fri | 9:53  | 7.1 | 10:06 | 8.0 | 3:33  | 0.4  | 3:42  | 0.9  | 5:48  | 7:47 |  |
| 15   | Sat | 10:44 | 7.1 | 10:54 | 8.0 | 4:25  | 0.3  | 4:31  | 0.9  | 5:49  | 7:45 |  |
| 16   | Sun | 11:29 | 7.2 | 11:38 | 8.1 | 5:11  | 0.2  | 5:16  | 0.8  | 5:50  | 7:44 |  |
| 17   | Mon |       |     | 12:11 | 7.3 | 5:52  | 0.2  | 5:56  | 0.7  | 5:51  | 7:42 |  |
| 18   | Tue | 12:18 | 8.1 | 12:49 | 7.4 | 6:29  | 0.1  | 6:34  | 0.7  | 5:52  | 7:41 |  |
| 19   | Wed | 12:56 | 8.1 | 1:25  | 7.5 | 7:04  | 0.1  | 7:11  | 0.6  | 5:53  | 7:39 |  |
| 20   | Thu | 1:32  | 8.0 | 1:59  | 7.5 | 7:36  | 0.2  | 7:46  | 0.6  | 5:54  | 7:37 |  |
| 21   | Fri | 2:07  | 7.9 | 2:32  | 7.6 | 8:08  | 0.2  | 8:22  | 0.6  | 5:55  | 7:36 |  |
| 22   | Sat | 2:42  | 7.8 | 3:06  | 7.6 | 8:42  | 0.3  | 9:00  | 0.7  | 5:57  | 7:34 |  |
| 23   | Sun | 3:19  | 7.6 | 3:41  | 7.6 | 9:18  | 0.5  | 9:41  | 0.7  | 5:58  | 7:33 |  |
| 24   | Mon | 4:00  | 7.4 | 4:21  | 7.6 | 9:58  | 0.6  | 10:26 | 0.7  | 5:59  | 7:31 |  |
| 25   | Tue | 4:45  | 7.2 | 5:07  | 7.7 | 10:42 | 0.7  | 11:16 | 0.7  | 6:00  | 7:29 |  |
| 26   | Wed | 5:36  | 7.0 | 5:57  | 7.8 | 11:31 | 0.8  |       |      | 6:01  | 7:28 |  |
| 27   | Thu | 6:32  | 7.0 | 6:53  | 7.9 | 12:11 | 0.6  | 12:25 | 0.8  | 6:02  | 7:26 |  |
| 28   | Fri | 7:33  | 7.0 | 7:54  | 8.1 | 1:10  | 0.5  | 1:25  | 0.7  | 6:03  | 7:24 |  |
| 29   | Sat | 8:37  | 7.2 | 8:57  | 8.5 | 2:14  | 0.2  | 2:27  | 0.5  | 6:04  | 7:23 |  |
| 30   | Sun | 9:39  | 7.6 | 9:57  | 8.9 | 3:16  | -0.2 | 3:29  | 0.1  | 6:05  | 7:21 |  |
| 31   | Mon | 10:36 | 8.0 | 10:54 | 9.2 | 4:13  | -0.6 | 4:27  | -0.3 | 6:06  | 7:19 |  |