US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:02	7.4	10:17	8.9	3:40	-0.1	3:49	0.2	5:34	8:04	
2	Sun	10:57	7.8	11:12	9.3	4:35	-0.6	4:44	-0.1	5:35	8:03	
3	Mon	11:52	8.2			5:28	-1.0	5:39	-0.5	5:36	8:02	
4	Tue	12:06	9.5	12:45	8.5	6:21	-1.3	6:34	-0.7	5:37	8:00	
5	Wed	1:00	9.7	1:38	8.8	7:13	-1.5	7:29	-0.8	5:38	7:59	
6	Thu	1:54	9.6	2:30	8.9	8:04	-1.4	8:24	-0.8	5:39	7:58	
7	Fri	2:49	9.4	3:23	8.9	8:56	-1.2	9:20	-0.7	5:40	7:56	
8	Sat	3:45	8.9	4:18	8.8	9:49	-0.9	10:19	-0.4	5:41	7:55	
9	Sun	4:44	8.5	5:16	8.6	10:45	-0.4	11:21	-0.1	5:42	7:54	
10	Mon	5:45	8.0	6:14	8.3	11:42	0.0			5:43	7:52	
11	Tue	6:48	7.5	7:14	8.1	12:24	0.1	12:42	0.5	5:45	7:51	
12	Wed	7:52	7.2	8:14	8.0	1:29	0.3	1:44	0.8	5:46	7:50	
13	Thu	8:55	7.1	9:13	7.9	2:34	0.4	2:46	0.9	5:47	7:48	
14	Fri	9:53	7.1	10:06	8.0	3:33	0.4	3:42	0.9	5:48	7:47	
15	Sat	10:44	7.1	10:54	8.0	4:25	0.3	4:31	0.9	5:49	7:45	
16	Sun	11:29	7.2	11:38	8.1	5:11	0.2	5:16	0.8	5:50	7:44	
17	Mon			12:11	7.3	5:52	0.2	5:56	0.7	5:51	7:42	
18	Tue	12:18	8.1	12:49	7.4	6:29	0.1	6:34	0.7	5:52	7:41	
19	Wed	12:56	8.1	1:25	7.5	7:04	0.1	7:11	0.6	5:53	7:39	
20	Thu	1:32	8.0	1:59	7.5	7:36	0.2	7:46	0.6	5:54	7:37	
21	Fri	2:07	7.9	2:32	7.6	8:08	0.2	8:22	0.6	5:55	7:36	
22	Sat	2:42	7.8	3:06	7.6	8:42	0.3	9:00	0.7	5:57	7:34	
23	Sun	3:19	7.6	3:41	7.6	9:18	0.5	9:41	0.7	5:58	7:33	
24	Mon	4:00	7.4	4:21	7.6	9:58	0.6	10:26	0.7	5:59	7:31	
25	Tue	4:45	7.2	5:07	7.7	10:42	0.7	11:16	0.7	6:00	7:29	
26	Wed	5:36	7.0	5:57	7.8	11:31	0.8			6:01	7:28	
27	Thu	6:32	7.0	6:53	7.9	12:11	0.6	12:25	0.8	6:02	7:26	
28	Fri	7:33	7.0	7:54	8.1	1:10	0.5	1:25	0.7	6:03	7:24	
29	Sat	8:37	7.2	8:57	8.5	2:14	0.2	2:27	0.5	6:04	7:23	
30	Sun	9:39	7.6	9:57	8.9	3:16	-0.2	3:29	0.1	6:05	7:21	
31	Mon	10:36	8.0	10:54	9.2	4:13	-0.6	4:27	-0.3	6:06	7:19	