US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:02	9.1	5:38	-1.1	6:03	-1.2	6:40	6:24	
2	Fri	12:28	9.3	12:52	9.3	6:28	-1.1	6:55	-1.3	6:42	6:22	
3	Sat	1:20	9.1	1:41	9.3	7:17	-0.9	7:46	-1.2	6:43	6:20	
4	Sun	2:12	8.8	2:30	9.1	8:06	-0.6	8:38	-0.9	6:44	6:18	
5	Mon	3:04	8.4	3:20	8.8	8:56	-0.2	9:31	-0.5	6:45	6:17	
6	Tue	3:58	8.0	4:13	8.3	9:48	0.3	10:27	-0.1	6:46	6:15	
7	Wed	4:55	7.5	5:10	7.9	10:44	0.8	11:26	0.3	6:47	6:13	
8	Thu	5:55	7.1	6:09	7.6	11:43	1.1			6:48	6:12	
9	Fri	6:55	6.9	7:09	7.4	12:27	0.6	12:44	1.3	6:50	6:10	
10	Sat	7:54	6.9	8:10	7.3	1:28	0.8	1:47	1.4	6:51	6:08	
11	Sun	8:50	7.0	9:06	7.4	2:27	0.9	2:45	1.3	6:52	6:06	
12	Mon	9:40	7.2	9:56	7.5	3:19	0.8	3:37	1.0	6:53	6:05	
13	Tue	10:24	7.4	10:40	7.6	4:04	0.6	4:22	0.8	6:54	6:03	
14	Wed	11:04	7.6	11:21	7.7	4:43	0.5	5:02	0.5	6:55	6:01	
15	Thu	11:41	7.8			5:19	0.4	5:39	0.3	6:57	6:00	
16	Fri	12:00	7.8	12:15	8.0	5:53	0.4	6:14	0.1	6:58	5:58	
17	Sat	12:37	7.8	12:49	8.1	6:26	0.3	6:50	0.0	6:59	5:57	
18	Sun	1:13	7.8	1:22	8.2	7:01	0.4	7:27	-0.1	7:00	5:55	
19	Mon	1:50	7.7	1:57	8.3	7:37	0.4	8:06	-0.1	7:02	5:53	
20	Tue	2:28	7.6	2:36	8.3	8:17	0.5	8:48	-0.1	7:03	5:52	
21	Wed	3:11	7.5	3:19	8.2	9:00	0.6	9:35	0.0	7:04	5:50	
22	Thu	3:59	7.4	4:10	8.1	9:49	0.7	10:28	0.1	7:05	5:49	
23	Fri	4:54	7.3	5:08	8.0	10:45	0.8	11:26	0.1	7:06	5:47	
24	Sat	5:55	7.3	6:11	8.0	11:45	0.8			7:08	5:46	
25	Sun	6:58	7.4	7:17	8.0	12:28	0.1	12:50	0.7	7:09	5:44	
26	Mon	8:03	7.7	8:25	8.2	1:32	0.0	1:58	0.4	7:10	5:43	
27	Tue	9:04	8.1	9:29	8.4	2:35	-0.2	3:03	0.0	7:11	5:41	
28	Wed	10:01	8.6	10:27	8.6	3:34	-0.4	4:03	-0.5	7:13	5:40	
29	Thu	10:53	9.0	11:21	8.8	4:27	-0.6	4:57	-0.9	7:14	5:38	
30	Fri	11:42	9.2			5:18	-0.7	5:49	-1.1	7:15	5:37	
31	Sat	12:13	8.8	12:30	9.3	6:07	-0.7	6:39	-1.2	7:16	5:36	