US HARBORS www.USHarbors.com

Atlantic Heights, NH - Nov 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:04	8.6	12:18	9.2	5:55	-0.5	6:28	-1.1	6:18	4:34	
2	Mon	12:54	8.4	1:04	9.0	6:42	-0.2	7:17	-0.8	6:19	4:33	
3	Tue	1:42	8.1	1:51	8.6	7:29	0.2	8:06	-0.4	6:20	4:32	
4	Wed	2:32	7.7	2:40	8.2	8:18	0.6	8:57	0.0	6:22	4:31	
5	Thu	3:25	7.3	3:33	7.8	9:10	1.0	9:51	0.4	6:23	4:29	
6	Fri	4:21	7.0	4:30	7.4	10:06	1.3	10:46	0.7	6:24	4:28	
7	Sat	5:17	6.9	5:27	7.2	11:05	1.5	11:42	0.9	6:25	4:27	
8	Sun	6:12	6.9	6:25	7.0			12:04	1.5	6:27	4:26	
9	Mon	7:06	6.9	7:22	7.0	12:37	1.0	1:03	1.4	6:28	4:25	
10	Tue	7:57	7.2	8:15	7.1	1:30	1.0	1:58	1.1	6:29	4:24	
11	Wed	8:43	7.4	9:03	7.3	2:18	0.9	2:45	0.8	6:31	4:23	
12	Thu	9:24	7.7	9:46	7.4	2:59	0.7	3:27	0.5	6:32	4:22	
13	Fri	10:01	8.0	10:27	7.5	3:37	0.6	4:06	0.2	6:33	4:21	
14	Sat	10:38	8.2	11:07	7.6	4:14	0.5	4:44	-0.1	6:34	4:20	
15	Sun	11:14	8.4	11:46	7.7	4:51	0.4	5:23	-0.3	6:36	4:19	
16	Mon	11:51	8.5			5:30	0.3	6:02	-0.5	6:37	4:18	
17	Tue	12:26	7.7	12:31	8.6	6:10	0.3	6:44	-0.6	6:38	4:17	
18	Wed	1:08	7.7	1:14	8.6	6:53	0.3	7:29	-0.6	6:39	4:16	
19	Thu	1:54	7.7	2:01	8.6	7:40	0.3	8:18	-0.5	6:41	4:15	
20	Fri	2:44	7.6	2:53	8.4	8:32	0.4	9:12	-0.4	6:42	4:15	
21	Sat	3:40	7.6	3:53	8.2	9:30	0.5	10:10	-0.2	6:43	4:14	
22	Sun	4:41	7.6	4:57	8.0	10:32	0.6	11:10	-0.1	6:44	4:13	
23	Mon	5:43	7.7	6:04	7.9	11:38	0.5			6:46	4:13	
24	Tue	6:46	7.9	7:11	7.9	12:13	-0.1	12:46	0.3	6:47	4:12	
25	Wed	7:47	8.3	8:16	8.0	1:15	-0.1	1:52	-0.1	6:48	4:11	
26	Thu	8:44	8.6	9:15	8.1	2:15	-0.2	2:52	-0.4	6:49	4:11	
27	Fri	9:36	8.9	10:09	8.2	3:10	-0.3	3:47	-0.8	6:50	4:10	
28	Sat	10:25	9.0	11:01	8.2	4:00	-0.3	4:37	-1.0	6:51	4:10	
29	Sun	11:12	9.0	11:50	8.1	4:48	-0.2	5:26	-1.0	6:52	4:09	
30	Mon	11:58	8.9			5:35	-0.1	6:12	-0.9	6:54	4:09	