

































## Atlantic Heights, NH - Nov 2054

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sun | 1:04  | 8.6 | 12:18 | 9.2 | 5:55  | -0.5 | 6:28  | -1.1 | 6:18  | 4:34 |    |
| 2    | Mon | 12:54 | 8.4 | 1:04  | 9.0 | 6:42  | -0.2 | 7:17  | -0.8 | 6:19  | 4:33 |    |
| 3    | Tue | 1:42  | 8.1 | 1:51  | 8.6 | 7:29  | 0.2  | 8:06  | -0.4 | 6:20  | 4:32 |    |
| 4    | Wed | 2:32  | 7.7 | 2:40  | 8.2 | 8:18  | 0.6  | 8:57  | 0.0  | 6:22  | 4:31 |    |
| 5    | Thu | 3:25  | 7.3 | 3:33  | 7.8 | 9:10  | 1.0  | 9:51  | 0.4  | 6:23  | 4:29 |    |
| 6    | Fri | 4:21  | 7.0 | 4:30  | 7.4 | 10:06 | 1.3  | 10:46 | 0.7  | 6:24  | 4:28 |    |
| 7    | Sat | 5:17  | 6.9 | 5:27  | 7.2 | 11:05 | 1.5  | 11:42 | 0.9  | 6:25  | 4:27 |    |
| 8    | Sun | 6:12  | 6.9 | 6:25  | 7.0 |       |      | 12:04 | 1.5  | 6:27  | 4:26 |    |
| 9    | Mon | 7:06  | 6.9 | 7:22  | 7.0 | 12:37 | 1.0  | 1:03  | 1.4  | 6:28  | 4:25 |    |
| 10   | Tue | 7:57  | 7.2 | 8:15  | 7.1 | 1:30  | 1.0  | 1:58  | 1.1  | 6:29  | 4:24 |    |
| 11   | Wed | 8:43  | 7.4 | 9:03  | 7.3 | 2:18  | 0.9  | 2:45  | 0.8  | 6:31  | 4:23 |    |
| 12   | Thu | 9:24  | 7.7 | 9:46  | 7.4 | 2:59  | 0.7  | 3:27  | 0.5  | 6:32  | 4:22 |   |
| 13   | Fri | 10:01 | 8.0 | 10:27 | 7.5 | 3:37  | 0.6  | 4:06  | 0.2  | 6:33  | 4:21 |  |
| 14   | Sat | 10:38 | 8.2 | 11:07 | 7.6 | 4:14  | 0.5  | 4:44  | -0.1 | 6:34  | 4:20 |  |
| 15   | Sun | 11:14 | 8.4 | 11:46 | 7.7 | 4:51  | 0.4  | 5:23  | -0.3 | 6:36  | 4:19 |  |
| 16   | Mon | 11:51 | 8.5 |       |     | 5:30  | 0.3  | 6:02  | -0.5 | 6:37  | 4:18 |  |
| 17   | Tue | 12:26 | 7.7 | 12:31 | 8.6 | 6:10  | 0.3  | 6:44  | -0.6 | 6:38  | 4:17 |  |
| 18   | Wed | 1:08  | 7.7 | 1:14  | 8.6 | 6:53  | 0.3  | 7:29  | -0.6 | 6:39  | 4:16 |  |
| 19   | Thu | 1:54  | 7.7 | 2:01  | 8.6 | 7:40  | 0.3  | 8:18  | -0.5 | 6:41  | 4:15 |  |
| 20   | Fri | 2:44  | 7.6 | 2:53  | 8.4 | 8:32  | 0.4  | 9:12  | -0.4 | 6:42  | 4:15 |  |
| 21   | Sat | 3:40  | 7.6 | 3:53  | 8.2 | 9:30  | 0.5  | 10:10 | -0.2 | 6:43  | 4:14 |  |
| 22   | Sun | 4:41  | 7.6 | 4:57  | 8.0 | 10:32 | 0.6  | 11:10 | -0.1 | 6:44  | 4:13 |  |
| 23   | Mon | 5:43  | 7.7 | 6:04  | 7.9 | 11:38 | 0.5  |       |      | 6:46  | 4:13 |  |
| 24   | Tue | 6:46  | 7.9 | 7:11  | 7.9 | 12:13 | -0.1 | 12:46 | 0.3  | 6:47  | 4:12 |  |
| 25   | Wed | 7:47  | 8.3 | 8:16  | 8.0 | 1:15  | -0.1 | 1:52  | -0.1 | 6:48  | 4:11 |  |
| 26   | Thu | 8:44  | 8.6 | 9:15  | 8.1 | 2:15  | -0.2 | 2:52  | -0.4 | 6:49  | 4:11 |  |
| 27   | Fri | 9:36  | 8.9 | 10:09 | 8.2 | 3:10  | -0.3 | 3:47  | -0.8 | 6:50  | 4:10 |  |
| 28   | Sat | 10:25 | 9.0 | 11:01 | 8.2 | 4:00  | -0.3 | 4:37  | -1.0 | 6:51  | 4:10 |  |
| 29   | Sun | 11:12 | 9.0 | 11:50 | 8.1 | 4:48  | -0.2 | 5:26  | -1.0 | 6:52  | 4:09 |  |
| 30   | Mon | 11:58 | 8.9 |       |     | 5:35  | -0.1 | 6:12  | -0.9 | 6:54  | 4:09 |  |