US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:18	7.6	1:31	7.6	7:10	0.3	7:28	0.2	6:18	5:32	
2	Tue	1:50	7.5	2:06	7.4	7:46	0.4	8:02	0.4	6:16	5:33	
3	Wed	2:23	7.5	2:44	7.2	8:24	0.4	8:39	0.6	6:15	5:34	
4	Thu	3:00	7.4	3:26	6.9	9:06	0.5	9:20	0.8	6:13	5:35	
5	Fri	3:42	7.4	4:15	6.7	9:53	0.6	10:07	1.0	6:11	5:37	
6	Sat	4:31	7.3	5:09	6.6	10:46	0.7	11:00	1.1	6:10	5:38	
7	Sun	5:25	7.4	6:09	6.5	11:44	0.6	11:59	1.0	6:08	5:39	
8	Mon	6:27	7.5	7:14	6.7			12:47	0.5	6:06	5:40	
9	Tue	7:31	7.8	8:18	7.1	1:02	0.8	1:51	0.1	6:04	5:41	
10	Wed	8:34	8.3	9:15	7.6	2:06	0.4	2:50	-0.4	6:03	5:43	
11	Thu	9:32	8.7	10:08	8.2	3:05	-0.1	3:44	-0.9	6:01	5:44	
12	Fri	10:26	9.1	10:59	8.7	4:01	-0.7	4:35	-1.3	5:59	5:45	
13	Sat	11:20	9.4	11:49	9.1	4:54	-1.1	5:25	-1.5	5:58	5:46	
14	Sun			1:12	9.5	6:47	-1.4	7:14	-1.6	6:56	6:48	
15	Mon	1:38	9.3	2:04	9.3	7:39	-1.6	8:03	-1.4	6:54	6:49	
16	Tue	2:27	9.3	2:56	8.9	8:31	-1.4	8:53	-1.0	6:52	6:50	
17	Wed	3:17	9.1	3:51	8.4	9:25	-1.1	9:45	-0.5	6:50	6:51	
18	Thu	4:11	8.7	4:50	7.9	10:22	-0.7	10:42	0.1	6:49	6:52	
19	Fri	5:09	8.3	5:52	7.4	11:24	-0.3	11:42	0.6	6:47	6:54	
20	Sat	6:10	7.9	6:57	7.0			12:28	0.2	6:45	6:55	
21	Sun	7:15	7.5	8:03	6.8	12:47	1.0	1:36	0.4	6:43	6:56	
22	Mon	8:20	7.4	9:06	6.9	1:54	1.1	2:41	0.5	6:42	6:57	
23	Tue	9:22	7.4	10:01	7.0	2:59	1.1	3:39	0.5	6:40	6:58	
24	Wed	10:15	7.5	10:48	7.2	3:55	0.9	4:28	0.4	6:38	6:59	
25	Thu	11:02	7.6	11:30	7.4	4:42	0.7	5:10	0.3	6:36	7:01	
26	Fri	11:43	7.7			5:24	0.5	5:48	0.2	6:35	7:02	
27	Sat	12:07	7.6	12:22	7.8	6:02	0.3	6:22	0.2	6:33	7:03	
28	Sun	12:42	7.7	12:58	7.8	6:38	0.2	6:53	0.2	6:31	7:04	
29	Mon	1:15	7.8	1:33	7.7	7:11	0.1	7:24	0.3	6:29	7:05	
30	Tue	1:46	7.8	2:07	7.6	7:45	0.1	7:56	0.4	6:27	7:06	
31	Wed	2:16	7.8	2:41	7.4	8:19	0.1	8:30	0.5	6:26	7:08	