US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:09	8.4	5:51	8.2	11:18	-0.4	11:48	0.2	5:07	8:26	
2	Fri	6:10	8.1	6:49	8.3			12:15	-0.2	5:08	8:26	
3	Sat	7:15	7.8	7:48	8.4	12:52	0.2	1:14	0.0	5:08	8:26	
4	Sun	8:21	7.7	8:48	8.6	1:58	0.1	2:15	0.1	5:09	8:25	
5	Mon	9:25	7.6	9:45	8.7	3:03	-0.1	3:15	0.2	5:10	8:25	
6	Tue	10:24	7.7	10:39	8.8	4:03	-0.3	4:12	0.3	5:10	8:25	
7	Wed	11:20	7.7	11:30	8.9	4:57	-0.5	5:04	0.3	5:11	8:24	
8	Thu			12:12	7.7	5:49	-0.6	5:54	0.3	5:12	8:24	
9	Fri	12:19	8.8	1:00	7.7	6:37	-0.6	6:42	0.4	5:12	8:24	
10	Sat	1:06	8.7	1:46	7.6	7:22	-0.5	7:27	0.5	5:13	8:23	
11	Sun	1:50	8.5	2:29	7.6	8:05	-0.3	8:11	0.7	5:14	8:23	
12	Mon	2:32	8.3	3:11	7.5	8:46	-0.1	8:55	0.8	5:15	8:22	
13	Tue	3:15	8.0	3:54	7.4	9:27	0.2	9:40	1.0	5:15	8:21	
14	Wed	3:59	7.7	4:37	7.3	10:08	0.4	10:27	1.2	5:16	8:21	
15	Thu	4:45	7.4	5:22	7.3	10:51	0.6	11:16	1.3	5:17	8:20	
16	Fri	5:34	7.1	6:08	7.2	11:34	0.9			5:18	8:20	
17	Sat	6:25	6.8	6:54	7.3	12:06	1.3	12:20	1.1	5:19	8:19	
18	Sun	7:18	6.6	7:43	7.3	12:59	1.3	1:08	1.2	5:20	8:18	
19	Mon	8:14	6.6	8:33	7.5	1:54	1.2	2:00	1.3	5:21	8:17	
20	Tue	9:09	6.6	9:23	7.8	2:49	0.9	2:52	1.2	5:22	8:16	
21	Wed	10:01	6.8	10:11	8.1	3:40	0.6	3:42	1.0	5:23	8:16	
22	Thu	10:50	7.1	10:57	8.4	4:28	0.2	4:30	0.7	5:23	8:15	
23	Fri	11:37	7.4	11:44	8.8	5:15	-0.2	5:18	0.4	5:24	8:14	
24	Sat			12:24	7.7	6:01	-0.5	6:06	0.2	5:25	8:13	
25	Sun	12:32	9.0	1:12	8.0	6:47	-0.8	6:56	-0.1	5:26	8:12	
26	Mon	1:21	9.2	1:59	8.2	7:34	-1.0	7:46	-0.3	5:27	8:11	
27	Tue	2:10	9.2	2:48	8.4	8:22	-1.1	8:38	-0.3	5:28	8:10	
28	Wed	3:02	9.1	3:39	8.5	9:11	-1.0	9:33	-0.3	5:29	8:09	
29	Thu	3:56	8.8	4:33	8.6	10:03	-0.8	10:32	-0.2	5:30	8:08	
30	Fri	4:55	8.4	5:30	8.5	10:58	-0.5	11:33	-0.1	5:31	8:07	
31	Sat	5:57	8.0	6:28	8.5	11:55	-0.1			5:33	8:06	