US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:54	8.8	11:26	8.2	4:28	-0.2	5:03	-0.9	6:17	5:33	
2	Thu	11:41	9.1			5:16	-0.7	5:47	-1.2	6:15	5:34	
3	Fri	12:10	8.6	12:29	9.2	6:04	-1.0	6:33	-1.3	6:13	5:35	
4	Sat	12:55	8.9	1:17	9.1	6:53	-1.2	7:19	-1.2	6:12	5:36	
5	Sun	1:42	9.0	2:08	8.8	7:44	-1.2	8:07	-1.0	6:10	5:37	
6	Mon	2:31	8.9	3:03	8.4	8:38	-1.0	8:59	-0.5	6:08	5:39	
7	Tue	3:25	8.7	4:03	7.9	9:36	-0.7	9:56	-0.1	6:07	5:40	
8	Wed	4:24	8.4	5:08	7.4	10:39	-0.3	10:58	0.4	6:05	5:41	
9	Thu	5:28	8.1	6:17	7.1	11:47	0.0			6:03	5:42	
10	Fri	6:36	7.8	7:27	7.0	12:05	0.7	12:58	0.1	6:01	5:44	
11	Sat	7:45	7.8	8:33	7.1	1:16	0.8	2:07	0.1	6:00	5:45	
12	Sun	9:48	7.9	10:29	7.3	3:23	0.7	4:06	0.0	6:58	6:46	
13	Mon	10:43	8.0	11:18	7.5	4:20	0.5	4:57	-0.1	6:56	6:47	
14	Tue	11:32	8.1			5:10	0.3	5:41	-0.2	6:54	6:48	
15	Wed	12:02	7.6	12:16	8.1	5:54	0.2	6:21	-0.2	6:53	6:50	
16	Thu	12:42	7.7	12:56	8.0	6:35	0.1	6:57	-0.1	6:51	6:51	
17	Fri	1:18	7.8	1:33	7.9	7:13	0.0	7:31	0.1	6:49	6:52	
18	Sat	1:51	7.8	2:09	7.7	7:48	0.1	8:03	0.3	6:47	6:53	
19	Sun	2:24	7.7	2:45	7.5	8:24	0.2	8:36	0.5	6:46	6:54	
20	Mon	2:57	7.6	3:22	7.2	9:00	0.3	9:11	0.7	6:44	6:56	
21	Tue	3:32	7.5	4:03	6.9	9:39	0.5	9:50	1.0	6:42	6:57	
22	Wed	4:11	7.3	4:48	6.6	10:23	0.7	10:34	1.3	6:40	6:58	
23	Thu	4:56	7.2	5:38	6.4	11:11	0.8	11:23	1.4	6:39	6:59	
24	Fri	5:47	7.1	6:33	6.3			12:04	0.9	6:37	7:00	
25	Sat	6:43	7.1	7:33	6.4	12:17	1.5	1:03	0.9	6:35	7:01	
26	Sun	7:44	7.2	8:34	6.6	1:16	1.4	2:04	0.7	6:33	7:03	
27	Mon	8:47	7.5	9:30	7.1	2:19	1.1	3:03	0.4	6:31	7:04	
28	Tue	9:45	8.0	10:21	7.6	3:18	0.7	3:56	-0.1	6:30	7:05	
29	Wed	10:38	8.5	11:09	8.2	4:13	0.1	4:45	-0.6	6:28	7:06	
30	Thu	11:29	8.8	11:56	8.8	5:04	-0.5	5:33	-1.0	6:26	7:07	
31	Fri			12:19	9.1	5:55	-1.1	6:20	-1.2	6:24	7:08	