US HARBORS www.USHarbors.com

Atlantic Heights, NH - May 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:06	9.7	1:44	8.8	7:19	-1.7	7:34	-0.7	5:35	7:45	
2	Tue	1:57	9.7	2:38	8.6	8:11	-1.6	8:26	-0.4	5:33	7:46	
3	Wed	2:49	9.4	3:34	8.2	9:05	-1.3	9:20	0.0	5:32	7:47	
4	Thu	3:44	9.0	4:34	7.9	10:03	-0.8	10:20	0.4	5:31	7:48	
5	Fri	4:45	8.5	5:36	7.5	11:04	-0.3	11:23	0.8	5:29	7:49	
6	Sat	5:48	8.0	6:39	7.3			12:07	0.1	5:28	7:50	
7	Sun	6:53	7.7	7:42	7.3	12:29	1.1	1:10	0.4	5:27	7:51	
8	Mon	7:58	7.4	8:41	7.3	1:37	1.1	2:12	0.5	5:26	7:52	
9	Tue	8:59	7.3	9:34	7.5	2:41	1.0	3:08	0.6	5:24	7:54	
10	Wed	9:54	7.3	10:20	7.7	3:37	0.8	3:57	0.6	5:23	7:55	
11	Thu	10:42	7.4	11:01	7.8	4:26	0.6	4:40	0.7	5:22	7:56	
12	Fri	11:26	7.4	11:39	8.0	5:09	0.4	5:18	0.7	5:21	7:57	
13	Sat			12:07	7.4	5:48	0.2	5:53	0.8	5:20	7:58	
14	Sun	12:15	8.0	12:46	7.4	6:25	0.1	6:28	0.8	5:19	7:59	
15	Mon	12:49	8.1	1:23	7.3	7:00	0.1	7:02	0.9	5:18	8:00	
16	Tue	1:23	8.0	1:59	7.2	7:35	0.1	7:36	1.0	5:17	8:01	
17	Wed	1:57	8.0	2:36	7.1	8:10	0.1	8:13	1.1	5:16	8:02	
18	Thu	2:32	7.9	3:14	7.0	8:48	0.2	8:53	1.2	5:15	8:03	
19	Fri	3:11	7.9	3:56	6.9	9:29	0.3	9:37	1.3	5:14	8:04	
20	Sat	3:55	7.8	4:43	6.9	10:14	0.3	10:26	1.3	5:13	8:05	
21	Sun	4:45	7.7	5:33	7.0	11:04	0.3	11:20	1.2	5:12	8:06	
22	Mon	5:40	7.7	6:27	7.3	11:57	0.3			5:12	8:07	
23	Tue	6:39	7.7	7:23	7.6	12:18	1.0	12:52	0.2	5:11	8:08	
24	Wed	7:41	7.8	8:21	8.0	1:20	0.7	1:50	0.1	5:10	8:09	
25	Thu	8:45	8.0	9:17	8.5	2:23	0.3	2:48	-0.1	5:09	8:10	
26	Fri	9:46	8.2	10:10	9.0	3:24	-0.3	3:43	-0.3	5:09	8:11	
27	Sat	10:43	8.4	11:02	9.4	4:21	-0.8	4:36	-0.5	5:08	8:12	
28	Sun	11:40	8.5	11:54	9.7	5:16	-1.2	5:29	-0.6	5:07	8:13	
29	Mon			12:35	8.6	6:10	-1.5	6:22	-0.5	5:07	8:13	
30	Tue	12:46	9.7	1:29	8.5	7:03	-1.5	7:14	-0.4	5:06	8:14	
31	Wed	1:38	9.6	2:23	8.3	7:56	-1.4	8:07	-0.1	5:06	8:15	