US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jun 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:31	9.3	3:18	8.1	8:49	-1.1	9:02	0.2	5:05	8:16	
2	Fri	3:26	8.9	4:14	7.8	9:44	-0.7	9:59	0.6	5:05	8:17	
3	Sat	4:23	8.4	5:12	7.6	10:41	-0.3	11:00	0.9	5:05	8:17	
4	Sun	5:22	8.0	6:10	7.4	11:38	0.1			5:04	8:18	
5	Mon	6:22	7.6	7:06	7.4	12:01	1.1	12:34	0.5	5:04	8:19	
6	Tue	7:22	7.2	8:01	7.4	1:03	1.2	1:30	0.7	5:04	8:19	
7	Wed	8:21	7.1	8:53	7.5	2:05	1.1	2:24	0.9	5:03	8:20	
8	Thu	9:17	7.0	9:40	7.6	3:02	1.0	3:14	1.0	5:03	8:21	
9	Fri	10:07	7.0	10:23	7.8	3:53	0.8	3:59	1.0	5:03	8:21	
10	Sat	10:54	7.0	11:04	7.9	4:38	0.6	4:40	1.1	5:03	8:22	
11	Sun	11:37	7.1	11:42	8.0	5:19	0.4	5:18	1.1	5:03	8:22	
12	Mon			12:19	7.1	5:57	0.3	5:56	1.1	5:03	8:23	
13	Tue	12:19	8.1	12:58	7.1	6:35	0.1	6:33	1.1	5:03	8:23	
14	Wed	12:56	8.1	1:36	7.1	7:11	0.1	7:10	1.0	5:02	8:24	
15	Thu	1:32	8.2	2:14	7.1	7:48	0.0	7:49	1.0	5:03	8:24	
16	Fri	2:10	8.2	2:53	7.2	8:26	0.0	8:31	1.0	5:03	8:25	
17	Sat	2:51	8.2	3:34	7.2	9:08	0.0	9:16	1.0	5:03	8:25	
18	Sun	3:35	8.1	4:20	7.4	9:52	0.0	10:06	0.9	5:03	8:25	
19	Mon	4:24	8.0	5:09	7.5	10:40	0.0	11:00	0.8	5:03	8:25	
20	Tue	5:19	7.9	6:01	7.8	11:31	0.0	11:57	0.6	5:03	8:26	
21	Wed	6:17	7.8	6:56	8.0			12:24	0.0	5:03	8:26	
22	Thu	7:18	7.8	7:53	8.4	12:58	0.4	1:21	0.0	5:04	8:26	
23	Fri	8:23	7.8	8:51	8.7	2:02	0.1	2:20	0.0	5:04	8:26	
24	Sat	9:27	7.8	9:48	9.0	3:05	-0.3	3:19	-0.1	5:04	8:26	
25	Sun	10:27	8.0	10:43	9.3	4:05	-0.7	4:15	-0.1	5:05	8:26	
26	Mon	11:25	8.1	11:37	9.4	5:01	-1.0	5:10	-0.2	5:05	8:26	
27	Tue			12:21	8.2	5:56	-1.2	6:04	-0.2	5:06	8:26	
28	Wed	12:30	9.5	1:15	8.2	6:49	-1.2	6:58	-0.1	5:06	8:26	
29	Thu	1:23	9.3	2:07	8.1	7:41	-1.1	7:50	0.1	5:07	8:26	
30	Fri	2:14	9.1	2:58	7.9	8:31	-0.8	8:42	0.3	5:07	8:26	