US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**4:17**	7.7	**4:49**	7.5	**10:21**	0.4	**10:47**	0.9	5:34	8:03	
2	Wed	**5:06**	7.3	**5:36**	7.4	**11:06**	0.8	**11:38**	1.1	5:35	8:02	
3	Thu	**5:58**	6.9	**6:24**	7.3	**11:52**	1.1			5:36	8:01	
4	Fri	**6:51**	6.6	**7:14**	7.2	**12:32**	1.2	**12:41**	1.3	5:38	8:00	
5	Sat	**7:48**	6.5	**8:07**	7.3	**1:28**	1.2	**1:33**	1.5	5:39	7:58	
6	Sun	**8:46**	6.4	**8:59**	7.4	**2:26**	1.2	**2:28**	1.5	5:40	7:57	
7	Mon	**9:40**	6.5	**9:49**	7.6	**3:20**	1.0	**3:20**	1.4	5:41	7:56	
8	Tue	**10:29**	6.7	**10:35**	7.9	**4:09**	0.7	**4:08**	1.2	5:42	7:54	
9	Wed	**11:14**	6.9	**11:19**	8.2	**4:52**	0.4	**4:52**	1.0	5:43	7:53	
10	Thu	**11:57**	7.2			**5:34**	0.1	**5:35**	0.7	5:44	7:52	
11	Fri	**12:01**	8.4	**12:38**	7.5	**6:15**	-0.2	**6:19**	0.4	5:45	7:50	
12	Sat	**12:44**	8.6	**1:19**	7.8	**6:55**	-0.5	**7:03**	0.1	5:46	7:49	
13	Sun	**1:27**	8.8	**2:00**	8.1	**7:37**	-0.6	**7:49**	-0.1	5:47	7:47	
14	Mon	**2:12**	8.8	**2:43**	8.3	**8:19**	-0.7	**8:37**	-0.2	5:48	7:46	
15	Tue	**2:59**	8.7	**3:29**	8.4	**9:05**	-0.6	**9:28**	-0.3	5:49	7:44	
16	Wed	**3:50**	8.4	**4:19**	8.5	**9:53**	-0.5	**10:23**	-0.2	5:51	7:43	
17	Thu	**4:46**	8.1	**5:14**	8.5	**10:45**	-0.2	**11:22**	-0.1	5:52	7:41	
18	Fri	**5:46**	7.8	**6:12**	8.4	**11:42**	0.1			5:53	7:40	
19	Sat	**6:50**	7.5	**7:14**	8.4	**12:25**	0.0	**12:42**	0.4	5:54	7:38	
20	Sun	**7:58**	7.3	**8:19**	8.4	**1:32**	0.0	**1:46**	0.5	5:55	7:37	
21	Mon	**9:05**	7.3	**9:23**	8.5	**2:40**	0.0	**2:53**	0.6	5:56	7:35	
22	Tue	**10:07**	7.5	**10:22**	8.6	**3:44**	-0.2	**3:54**	0.4	5:57	7:33	
23	Wed	**11:03**	7.6	**11:16**	8.7	**4:40**	-0.4	**4:50**	0.3	5:58	7:32	
24	Thu	**11:54**	7.8			**5:32**	-0.5	**5:41**	0.2	5:59	7:30	
25	Fri	**12:06**	8.7	**12:41**	7.9	**6:19**	-0.5	**6:29**	0.1	6:00	7:28	
26	Sat	**12:53**	8.6	**1:24**	7.9	**7:02**	-0.4	**7:14**	0.1	6:02	7:27	
27	Sun	**1:37**	8.5	**2:05**	7.9	**7:43**	-0.2	**7:57**	0.2	6:03	7:25	
28	Mon	**2:18**	8.2	**2:44**	7.8	**8:21**	0.0	**8:39**	0.4	6:04	7:23	
29	Tue	**2:59**	7.8	**3:23**	7.7	**8:59**	0.3	**9:21**	0.6	6:05	7:22	
30	Wed	**3:42**	7.5	**4:03**	7.5	**9:38**	0.7	**10:06**	0.8	6:06	7:20	
31	Thu	**4:27**	7.1	**4:46**	7.4	**10:20**	1.0	**10:53**	1.0	6:07	7:18	