US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:29	6.5	5:37	7.1	11:11	1.6	11:54	1.1	6:41	6:23	
2	Mon	6:23	6.4	6:32	7.1			12:05	1.7	6:42	6:21	
3	Tue	7:20	6.4	7:30	7.2	12:50	1.1	1:02	1.6	6:43	6:19	
4	Wed	8:18	6.6	8:29	7.5	1:48	1.0	2:01	1.4	6:44	6:18	
5	Thu	9:11	7.0	9:25	7.8	2:44	0.7	2:58	1.0	6:46	6:16	
6	Fri	10:00	7.5	10:15	8.3	3:35	0.3	3:51	0.4	6:47	6:14	
7	Sat	10:45	8.1	11:04	8.6	4:22	-0.2	4:40	-0.1	6:48	6:12	
8	Sun	11:30	8.6	11:53	8.9	5:07	-0.5	5:29	-0.7	6:49	6:11	
9	Mon			12:15	9.0	5:53	-0.8	6:18	-1.1	6:50	6:09	
10	Tue	12:42	9.0	1:02	9.3	6:39	-0.9	7:08	-1.3	6:51	6:07	
11	Wed	1:32	9.0	1:49	9.5	7:27	-0.9	7:59	-1.4	6:53	6:06	
12	Thu	2:24	8.8	2:39	9.4	8:16	-0.6	8:52	-1.2	6:54	6:04	
13	Fri	3:18	8.5	3:33	9.1	9:09	-0.3	9:49	-0.9	6:55	6:02	
14	Sat	4:18	8.1	4:33	8.7	10:07	0.1	10:51	-0.5	6:56	6:01	
15	Sun	5:22	7.7	5:38	8.4	11:10	0.5	11:57	-0.1	6:57	5:59	
16	Mon	6:29	7.4	6:46	8.1			12:17	0.8	6:59	5:57	
17	Tue	7:36	7.4	7:54	7.9	1:05	0.1	1:27	0.9	7:00	5:56	
18	Wed	8:40	7.4	8:59	7.9	2:12	0.2	2:35	0.8	7:01	5:54	
19	Thu	9:38	7.6	9:56	7.9	3:13	0.2	3:35	0.6	7:02	5:53	
20	Fri	10:28	7.8	10:47	8.0	4:05	0.2	4:27	0.4	7:03	5:51	
21	Sat	11:12	8.0	11:32	7.9	4:50	0.2	5:12	0.2	7:05	5:49	
22	Sun	11:51	8.1			5:31	0.2	5:54	0.1	7:06	5:48	
23	Mon	12:14	7.8	12:28	8.1	6:08	0.3	6:32	0.0	7:07	5:46	
24	Tue	12:53	7.7	1:03	8.1	6:42	0.5	7:08	0.1	7:08	5:45	
25	Wed	1:30	7.6	1:36	8.0	7:16	0.7	7:44	0.2	7:10	5:43	
26	Thu	2:06	7.4	2:09	7.9	7:50	0.9	8:19	0.3	7:11	5:42	
27	Fri	2:43	7.1	2:45	7.7	8:25	1.1	8:57	0.5	7:12	5:41	
28	Sat	3:23	6.9	3:23	7.5	9:04	1.3	9:39	0.6	7:13	5:39	
29	Sun	4:06	6.7	4:07	7.4	9:47	1.5	10:25	0.8	7:15	5:38	
30	Mon	4:54	6.6	4:57	7.2	10:35	1.6	11:16	0.9	7:16	5:36	
31	Tue	5:46	6.5	5:52	7.2	11:29	1.6			7:17	5:35	