US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**5:58**	7.3	**6:15**	7.5	**11:53**	0.9			6:55	4:09	
2	Sat	**6:53**	7.7	**7:17**	7.6	**12:22**	0.3	**12:55**	0.5	6:56	4:08	
3	Sun	**7:49**	8.2	**8:18**	7.9	**1:19**	0.1	**1:56**	-0.1	6:57	4:08	
4	Mon	**8:42**	8.7	**9:15**	8.2	**2:15**	-0.2	**2:53**	-0.7	6:58	4:08	
5	Tue	**9:34**	9.2	**10:10**	8.4	**3:08**	-0.5	**3:47**	-1.2	6:59	4:08	
6	Wed	**10:25**	9.6	**11:05**	8.5	**4:00**	-0.6	**4:40**	-1.5	7:00	4:08	
7	Thu	**11:17**	9.7	**11:59**	8.5	**4:52**	-0.7	**5:33**	-1.7	7:01	4:08	
8	Fri			**12:09**	9.7	**5:45**	-0.7	**6:26**	-1.7	7:02	4:08	
9	Sat	**12:53**	8.4	**1:02**	9.5	**6:38**	-0.5	**7:20**	-1.4	7:03	4:08	
10	Sun	**1:47**	8.2	**1:57**	9.1	**7:32**	-0.2	**8:14**	-1.1	7:04	4:08	
11	Mon	**2:43**	8.0	**2:54**	8.7	**8:29**	0.1	**9:11**	-0.6	7:05	4:08	
12	Tue	**3:42**	7.7	**3:55**	8.1	**9:30**	0.5	**10:10**	-0.2	7:05	4:08	
13	Wed	**4:42**	7.5	**4:57**	7.7	**10:34**	0.7	**11:09**	0.2	7:06	4:08	
14	Thu	**5:41**	7.4	**5:59**	7.3	**11:38**	0.9			7:07	4:08	
15	Fri	**6:38**	7.4	**7:01**	7.1	**12:07**	0.5	**12:42**	0.9	7:08	4:08	
16	Sat	**7:33**	7.4	**8:00**	6.9	**1:05**	0.7	**1:43**	0.8	7:08	4:09	
17	Sun	**8:24**	7.5	**8:53**	6.9	**1:58**	0.9	**2:37**	0.6	7:09	4:09	
18	Mon	**9:10**	7.7	**9:41**	7.0	**2:46**	0.9	**3:25**	0.4	7:10	4:10	
19	Tue	**9:52**	7.8	**10:25**	7.0	**3:29**	0.9	**4:07**	0.2	7:10	4:10	
20	Wed	**10:31**	7.9	**11:06**	7.1	**4:09**	0.9	**4:46**	0.1	7:11	4:10	
21	Thu	**11:08**	8.0	**11:45**	7.1	**4:46**	0.9	**5:23**	0.0	7:11	4:11	
22	Fri	**11:45**	8.0			**5:22**	0.9	**5:59**	0.0	7:12	4:11	
23	Sat	**12:23**	7.1	**12:20**	8.0	**5:58**	0.9	**6:34**	0.0	7:12	4:12	
24	Sun	**12:59**	7.0	**12:56**	8.0	**6:35**	0.9	**7:10**	0.0	7:12	4:13	
25	Mon	**1:35**	7.0	**1:33**	7.9	**7:13**	0.9	**7:48**	0.0	7:13	4:13	
26	Tue	**2:13**	7.0	**2:14**	7.9	**7:54**	0.9	**8:29**	0.0	7:13	4:14	
27	Wed	**2:54**	7.1	**2:59**	7.7	**8:40**	0.9	**9:13**	0.1	7:13	4:15	
28	Thu	**3:40**	7.2	**3:50**	7.6	**9:31**	0.8	**10:02**	0.1	7:14	4:15	
29	Fri	**4:30**	7.4	**4:46**	7.5	**10:27**	0.7	**10:54**	0.1	7:14	4:16	
30	Sat	**5:23**	7.6	**5:46**	7.4	**11:26**	0.5	**11:49**	0.1	7:14	4:17	
31	Sun	**6:20**	7.9	**6:50**	7.4			**12:28**	0.2	7:14	4:18	