US HARBORS www.USHarbors.com

Atlantic Heights, NH - May 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:14	7.8	11:34	8.2	4:54	0.1	5:11	0.2	5:35	7:44	
2	Wed	11:59	7.8			5:39	0.0	5:52	0.3	5:34	7:45	
3	Thu	12:13	8.2	12:41	7.7	6:21	-0.1	6:29	0.5	5:32	7:47	
4	Fri	12:50	8.2	1:21	7.5	6:59	-0.1	7:05	0.7	5:31	7:48	
5	Sat	1:25	8.2	1:59	7.4	7:36	-0.1	7:39	0.9	5:30	7:49	
6	Sun	1:59	8.0	2:36	7.2	8:12	0.1	8:15	1.1	5:28	7:50	
7	Mon	2:34	7.9	3:15	7.0	8:49	0.2	8:53	1.3	5:27	7:51	
8	Tue	3:12	7.7	3:57	6.8	9:29	0.4	9:34	1.5	5:26	7:52	
9	Wed	3:54	7.5	4:43	6.6	10:13	0.6	10:20	1.6	5:25	7:53	
10	Thu	4:41	7.3	5:32	6.6	11:00	0.8	11:11	1.7	5:24	7:54	
11	Fri	5:32	7.2	6:23	6.6	11:50	0.8			5:22	7:55	
12	Sat	6:27	7.2	7:15	6.8	12:05	1.6	12:42	0.8	5:21	7:57	
13	Sun	7:24	7.2	8:08	7.1	1:02	1.5	1:35	0.7	5:20	7:58	
14	Mon	8:22	7.4	8:59	7.6	2:01	1.1	2:29	0.5	5:19	7:59	
15	Tue	9:19	7.7	9:47	8.2	2:58	0.6	3:20	0.2	5:18	8:00	
16	Wed	10:13	8.0	10:34	8.7	3:52	0.0	4:09	-0.1	5:17	8:01	
17	Thu	11:05	8.2	11:21	9.2	4:43	-0.6	4:57	-0.3	5:16	8:02	
18	Fri	11:57	8.4			5:33	-1.1	5:46	-0.5	5:15	8:03	
19	Sat	12:09	9.5	12:49	8.5	6:24	-1.4	6:36	-0.5	5:14	8:04	
20	Sun	12:59	9.7	1:42	8.5	7:16	-1.5	7:28	-0.4	5:13	8:05	
21	Mon	1:51	9.6	2:37	8.3	8:09	-1.4	8:21	-0.2	5:13	8:06	
22	Tue	2:45	9.4	3:34	8.1	9:04	-1.2	9:18	0.1	5:12	8:07	
23	Wed	3:43	9.0	4:35	7.9	10:03	-0.8	10:20	0.4	5:11	8:08	
24	Thu	4:45	8.6	5:38	7.7	11:05	-0.5	11:25	0.7	5:10	8:09	
25	Fri	5:51	8.2	6:41	7.6			12:07	-0.1	5:10	8:10	
26	Sat	6:56	7.8	7:43	7.6	12:33	0.8	1:10	0.2	5:09	8:11	
27	Sun	8:02	7.6	8:41	7.7	1:41	0.8	2:11	0.4	5:08	8:12	
28	Mon	9:04	7.5	9:35	7.9	2:46	0.7	3:07	0.5	5:08	8:12	
29	Tue	10:00	7.4	10:22	8.0	3:43	0.5	3:57	0.6	5:07	8:13	
30	Wed	10:50	7.3	11:05	8.1	4:33	0.3	4:42	0.7	5:06	8:14	
31	Thu	11:36	7.3	11:44	8.1	5:18	0.2	5:22	0.8	5:06	8:15	