US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jun 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:19	7.3	5:59	0.1	6:00	0.9	5:05	8:16	
2	Sat	12:22	8.1	12:59	7.2	6:38	0.1	6:37	1.0	5:05	8:16	
3	Sun	12:58	8.1	1:38	7.1	7:14	0.1	7:13	1.1	5:05	8:17	
4	Mon	1:34	8.0	2:15	7.0	7:50	0.2	7:50	1.2	5:04	8:18	
5	Tue	2:10	7.9	2:53	7.0	8:26	0.3	8:27	1.3	5:04	8:19	
6	Wed	2:47	7.8	3:32	6.9	9:04	0.3	9:08	1.4	5:04	8:19	
7	Thu	3:27	7.7	4:14	6.8	9:45	0.4	9:52	1.5	5:03	8:20	
8	Fri	4:11	7.6	4:58	6.9	10:28	0.5	10:40	1.4	5:03	8:21	
9	Sat	4:59	7.5	5:45	7.0	11:14	0.5	11:32	1.3	5:03	8:21	
10	Sun	5:50	7.4	6:33	7.3			12:02	0.5	5:03	8:22	
11	Mon	6:45	7.4	7:23	7.6	12:26	1.1	12:52	0.5	5:03	8:22	
12	Tue	7:43	7.4	8:16	8.0	1:24	0.8	1:45	0.4	5:03	8:23	
13	Wed	8:43	7.6	9:09	8.5	2:24	0.4	2:40	0.2	5:03	8:23	
14	Thu	9:43	7.8	10:01	9.0	3:22	-0.1	3:35	0.0	5:03	8:24	
15	Fri	10:39	8.0	10:54	9.4	4:18	-0.7	4:28	-0.2	5:03	8:24	
16	Sat	11:35	8.2	11:47	9.6	5:12	-1.1	5:22	-0.3	5:03	8:24	
17	Sun			12:32	8.3	6:07	-1.4	6:16	-0.3	5:03	8:25	
18	Mon	12:41	9.7	1:27	8.3	7:01	-1.5	7:11	-0.3	5:03	8:25	
19	Tue	1:36	9.7	2:23	8.3	7:55	-1.4	8:06	-0.2	5:03	8:25	
20	Wed	2:31	9.4	3:19	8.2	8:50	-1.2	9:04	0.1	5:03	8:26	
21	Thu	3:28	9.1	4:17	8.0	9:46	-0.9	10:04	0.3	5:03	8:26	
22	Fri	4:28	8.6	5:16	7.9	10:44	-0.5	11:07	0.5	5:04	8:26	
23	Sat	5:30	8.1	6:14	7.8	11:41	-0.1			5:04	8:26	
24	Sun	6:31	7.7	7:10	7.8	12:10	0.7	12:38	0.3	5:04	8:26	
25	Mon	7:32	7.3	8:06	7.8	1:14	0.8	1:35	0.6	5:05	8:26	
26	Tue	8:33	7.1	8:59	7.8	2:16	0.8	2:30	0.9	5:05	8:26	
27	Wed	9:31	7.0	9:48	7.9	3:14	0.7	3:22	1.0	5:05	8:26	
28	Thu	10:22	6.9	10:33	7.9	4:06	0.5	4:09	1.1	5:06	8:26	
29	Fri	11:10	6.9	11:15	8.0	4:52	0.4	4:52	1.2	5:06	8:26	
30	Sat	11:54	7.0	11:55	8.0	5:35	0.3	5:33	1.2	5:07	8:26	