US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:48	8.1	1:24	7.2	7:01	0.1	7:01	0.9	5:34	8:04	
2	Thu	1:25	8.2	2:00	7.3	7:36	0.0	7:39	0.8	5:35	8:03	
3	Fri	2:01	8.2	2:35	7.4	8:11	0.0	8:18	0.7	5:36	8:01	
4	Sat	2:39	8.1	3:11	7.6	8:47	-0.1	9:01	0.6	5:37	8:00	
5	Sun	3:20	8.0	3:51	7.8	9:27	0.0	9:47	0.5	5:38	7:59	
6	Mon	4:05	7.9	4:35	7.9	10:10	0.1	10:37	0.4	5:39	7:57	
7	Tue	4:56	7.7	5:24	8.1	10:58	0.2	11:32	0.3	5:41	7:56	
8	Wed	5:51	7.5	6:17	8.2	11:49	0.3			5:42	7:55	
9	Thu	6:52	7.3	7:15	8.3	12:31	0.2	12:46	0.4	5:43	7:53	
10	Fri	7:57	7.2	8:18	8.5	1:34	0.1	1:47	0.5	5:44	7:52	
11	Sat	9:05	7.3	9:22	8.8	2:41	-0.1	2:52	0.4	5:45	7:51	
12	Sun	10:08	7.5	10:23	9.0	3:45	-0.4	3:54	0.2	5:46	7:49	
13	Mon	11:07	7.8	11:21	9.2	4:43	-0.7	4:53	0.0	5:47	7:48	
14	Tue			12:03	8.0	5:39	-0.9	5:49	-0.2	5:48	7:46	
15	Wed	12:16	9.3	12:55	8.2	6:31	-1.0	6:43	-0.3	5:49	7:45	
16	Thu	1:09	9.2	1:45	8.3	7:21	-1.0	7:35	-0.3	5:50	7:43	
17	Fri	2:00	9.0	2:33	8.3	8:08	-0.8	8:26	-0.2	5:51	7:42	
18	Sat	2:49	8.7	3:20	8.2	8:55	-0.4	9:17	0.0	5:52	7:40	
19	Sun	3:39	8.2	4:08	8.0	9:41	0.0	10:09	0.3	5:54	7:39	
20	Mon	4:31	7.7	4:57	7.8	10:29	0.4	11:03	0.6	5:55	7:37	
21	Tue	5:25	7.2	5:47	7.6	11:18	0.9	11:59	0.8	5:56	7:35	
22	Wed	6:21	6.8	6:40	7.4			12:10	1.3	5:57	7:34	
23	Thu	7:19	6.5	7:35	7.3	12:57	1.0	1:05	1.5	5:58	7:32	
24	Fri	8:18	6.4	8:32	7.3	1:57	1.1	2:03	1.6	5:59	7:31	
25	Sat	9:16	6.5	9:26	7.4	2:56	1.0	3:00	1.6	6:00	7:29	
26	Sun	10:07	6.6	10:15	7.6	3:48	0.9	3:50	1.4	6:01	7:27	
27	Mon	10:53	6.8	10:59	7.8	4:34	0.6	4:35	1.2	6:02	7:26	
28	Tue	11:34	7.0	11:40	8.0	5:14	0.4	5:15	0.9	6:03	7:24	
29	Wed			12:13	7.3	5:52	0.2	5:55	0.7	6:05	7:22	
30	Thu	12:19	8.2	12:50	7.5	6:27	0.0	6:33	0.5	6:06	7:20	
31	Fri	12:57	8.3	1:25	7.8	7:02	-0.1	7:13	0.2	6:07	7:19	