US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:52	8.4	2:08	8.8	7:47	-0.3	8:15	-0.7	6:41	6:23	
2	Tue	2:38	8.2	2:52	8.8	8:31	-0.2	9:04	-0.6	6:42	6:22	
3	Wed	3:27	8.0	3:42	8.7	9:20	0.1	9:58	-0.4	6:43	6:20	
4	Thu	4:23	7.7	4:38	8.5	10:14	0.4	10:58	-0.2	6:44	6:18	
5	Fri	5:26	7.4	5:41	8.3	11:14	0.6			6:45	6:16	
6	Sat	6:33	7.2	6:49	8.1	12:02	0.0	12:19	0.8	6:46	6:15	
7	Sun	7:42	7.2	8:00	8.1	1:11	0.1	1:29	0.8	6:48	6:13	
8	Mon	8:49	7.4	9:07	8.2	2:20	0.1	2:39	0.6	6:49	6:11	
9	Tue	9:49	7.7	10:07	8.4	3:23	-0.1	3:42	0.3	6:50	6:09	
10	Wed	10:42	8.0	11:01	8.5	4:18	-0.2	4:38	0.0	6:51	6:08	
11	Thu	11:29	8.3	11:50	8.5	5:06	-0.3	5:28	-0.2	6:52	6:06	
12	Fri			12:13	8.4	5:51	-0.3	6:14	-0.4	6:53	6:04	
13	Sat	12:37	8.3	12:55	8.5	6:33	-0.1	6:58	-0.4	6:55	6:03	
14	Sun	1:21	8.1	1:34	8.4	7:13	0.1	7:40	-0.2	6:56	6:01	
15	Mon	2:03	7.8	2:12	8.2	7:51	0.5	8:21	0.0	6:57	5:59	
16	Tue	2:44	7.5	2:50	7.9	8:30	0.8	9:03	0.2	6:58	5:58	
17	Wed	3:27	7.2	3:31	7.7	9:10	1.1	9:47	0.6	6:59	5:56	
18	Thu	4:14	6.8	4:17	7.4	9:55	1.4	10:35	0.8	7:01	5:54	
19	Fri	5:05	6.6	5:09	7.1	10:44	1.7	11:28	1.1	7:02	5:53	
20	Sat	5:59	6.4	6:04	7.0	11:38	1.8			7:03	5:51	
21	Sun	6:55	6.4	7:02	7.0	12:23	1.2	12:35	1.9	7:04	5:50	
22	Mon	7:51	6.5	8:01	7.1	1:20	1.2	1:34	1.7	7:06	5:48	
23	Tue	8:44	6.8	8:55	7.3	2:15	1.0	2:31	1.4	7:07	5:47	
24	Wed	9:31	7.2	9:45	7.6	3:05	0.8	3:22	1.0	7:08	5:45	
25	Thu	10:13	7.6	10:30	7.9	3:49	0.5	4:08	0.5	7:09	5:44	
26	Fri	10:53	8.1	11:14	8.1	4:30	0.1	4:52	0.0	7:11	5:42	
27	Sat	11:33	8.5	11:59	8.3	5:10	-0.1	5:36	-0.5	7:12	5:41	
28	Sun			12:13	8.9	5:52	-0.3	6:21	-0.9	7:13	5:40	
29	Mon	12:44	8.4	12:57	9.2	6:35	-0.4	7:08	-1.1	7:14	5:38	
30	Tue	1:31	8.4	1:42	9.3	7:21	-0.4	7:56	-1.1	7:16	5:37	
31	Wed	2:20	8.3	2:31	9.2	8:09	-0.2	8:47	-1.0	7:17	5:35	