
































## Atlantic Heights, NH - Nov 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:13	8.0	3:24	8.9	9:01	0.1	9:43	-0.7	7:18	5:34	
2	Fri	4:12	7.7	4:24	8.6	9:59	0.4	10:45	-0.4	7:19	5:33	
3	Sat	5:16	7.5	5:30	8.3	11:03	0.6	11:50	-0.1	7:21	5:32	
4	Sun	5:24	7.4	5:39	8.0	11:11	0.8	11:57	0.1	6:22	4:30	
5	Mon	6:30	7.4	6:49	7.9			12:22	0.8	6:23	4:29	
6	Tue	7:34	7.6	7:55	7.9	1:04	0.1	1:31	0.6	6:24	4:28	
7	Wed	8:32	7.9	8:54	7.9	2:05	0.1	2:33	0.3	6:26	4:27	
8	Thu	9:23	8.1	9:47	8.0	2:58	0.1	3:26	0.0	6:27	4:26	
9	Fri	10:08	8.3	10:35	7.9	3:45	0.1	4:14	-0.2	6:28	4:24	
10	Sat	10:50	8.4	11:19	7.8	4:28	0.2	4:59	-0.3	6:30	4:23	
11	Sun	11:29	8.4			5:08	0.4	5:40	-0.3	6:31	4:22	
12	Mon	12:01	7.6	12:06	8.3	5:46	0.6	6:19	-0.2	6:32	4:21	
13	Tue	12:41	7.4	12:43	8.1	6:23	0.8	6:57	0.0	6:33	4:20	
14	Wed	1:20	7.2	1:20	7.9	7:00	1.0	7:35	0.2	6:35	4:19	
15	Thu	2:00	7.0	1:58	7.7	7:39	1.2	8:16	0.5	6:36	4:18	
16	Fri	2:43	6.8	2:41	7.4	8:21	1.5	9:00	0.7	6:37	4:18	
17	Sat	3:29	6.6	3:29	7.2	9:07	1.6	9:47	0.9	6:38	4:17	
18	Sun	4:20	6.5	4:21	7.1	9:58	1.7	10:37	1.0	6:40	4:16	
19	Mon	5:11	6.5	5:15	7.0	10:52	1.7	11:28	1.0	6:41	4:15	
20	Tue	6:02	6.7	6:11	7.0	11:48	1.6			6:42	4:14	
21	Wed	6:53	7.0	7:08	7.1	12:20	0.9	12:45	1.3	6:43	4:14	
22	Thu	7:43	7.4	8:03	7.4	1:12	0.7	1:41	0.8	6:45	4:13	
23	Fri	8:29	7.9	8:54	7.7	2:01	0.4	2:33	0.3	6:46	4:12	
24	Sat	9:14	8.4	9:43	7.9	2:48	0.1	3:22	-0.3	6:47	4:12	
25	Sun	9:58	8.9	10:32	8.2	3:35	-0.1	4:10	-0.8	6:48	4:11	
26	Mon	10:44	9.3	11:22	8.3	4:21	-0.3	4:58	-1.2	6:49	4:11	
27	Tue	11:32	9.5			5:09	-0.4	5:48	-1.4	6:50	4:10	
28	Wed	12:13	8.3	12:22	9.6	5:59	-0.4	6:40	-1.5	6:52	4:10	
29	Thu	1:05	8.3	1:14	9.4	6:51	-0.3	7:33	-1.3	6:53	4:09	
30	Fri	2:00	8.1	2:10	9.1	7:46	-0.1	8:29	-1.0	6:54	4:09	