US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:59	7.9	3:11	8.7	8:45	0.2	9:30	-0.6	6:55	4:09	
2	Sun	4:02	7.7	4:16	8.3	9:49	0.4	10:33	-0.3	6:56	4:08	
3	Mon	5:06	7.6	5:23	7.9	10:57	0.6	11:36	0.0	6:57	4:08	
4	Tue	6:09	7.6	6:30	7.7			12:06	0.6	6:58	4:08	
5	Wed	7:11	7.7	7:36	7.5	12:39	0.2	1:14	0.5	6:59	4:08	
6	Thu	8:08	7.9	8:36	7.4	1:39	0.3	2:16	0.3	7:00	4:08	
7	Fri	8:59	8.0	9:29	7.4	2:33	0.4	3:10	0.1	7:01	4:08	
8	Sat	9:44	8.1	10:17	7.4	3:21	0.5	3:58	-0.1	7:02	4:08	
9	Sun	10:26	8.2	11:01	7.3	4:05	0.6	4:41	-0.2	7:03	4:08	
10	Mon	11:06	8.2	11:43	7.2	4:45	0.7	5:22	-0.2	7:04	4:08	
11	Tue	11:44	8.1			5:23	0.8	6:00	-0.1	7:04	4:08	
12	Wed	12:22	7.2	12:20	8.0	6:00	0.9	6:36	0.0	7:05	4:08	
13	Thu	1:00	7.0	12:57	7.9	6:36	1.0	7:12	0.1	7:06	4:08	
14	Fri	1:37	6.9	1:33	7.7	7:13	1.1	7:49	0.3	7:07	4:08	
15	Sat	2:15	6.8	2:12	7.6	7:52	1.2	8:28	0.4	7:07	4:08	
16	Sun	2:56	6.7	2:55	7.4	8:35	1.3	9:10	0.5	7:08	4:09	
17	Mon	3:40	6.7	3:41	7.2	9:22	1.4	9:55	0.6	7:09	4:09	
18	Tue	4:26	6.8	4:32	7.1	10:12	1.4	10:42	0.6	7:09	4:09	
19	Wed	5:13	6.9	5:25	7.0	11:06	1.2	11:31	0.6	7:10	4:10	
20	Thu	6:02	7.2	6:22	7.0			12:02	1.0	7:11	4:10	
21	Fri	6:54	7.6	7:22	7.2	12:23	0.6	1:01	0.6	7:11	4:11	
22	Sat	7:46	8.0	8:20	7.4	1:17	0.4	1:59	0.1	7:11	4:11	
23	Sun	8:38	8.5	9:16	7.6	2:11	0.2	2:54	-0.5	7:12	4:12	
24	Mon	9:30	9.0	10:10	7.9	3:04	-0.1	3:47	-1.0	7:12	4:12	
25	Tue	10:21	9.4	11:03	8.1	3:56	-0.3	4:40	-1.4	7:13	4:13	
26	Wed	11:14	9.6	11:57	8.3	4:49	-0.5	5:32	-1.6	7:13	4:14	
27	Thu			12:07	9.7	5:42	-0.6	6:25	-1.6	7:13	4:14	
28	Fri	12:51	8.3	1:01	9.5	6:36	-0.6	7:18	-1.5	7:13	4:15	
29	Sat	1:45	8.2	1:57	9.2	7:31	-0.4	8:13	-1.2	7:14	4:16	
30	Sun	2:41	8.1	2:55	8.8	8:29	-0.2	9:09	-0.8	7:14	4:17	
31	Mon	3:40	7.9	3:56	8.2	9:31	0.1	10:09	-0.4	7:14	4:18	