US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:41	7.8	5:01	7.7	10:38	0.4	11:08	0.0	7:14	4:18	
2	Wed	5:40	7.7	6:05	7.3	11:43	0.5			7:14	4:19	
3	Thu	6:38	7.7	7:09	7.0	12:06	0.4	12:49	0.5	7:14	4:20	
4	Fri	7:35	7.7	8:10	6.9	1:05	0.7	1:51	0.4	7:14	4:21	
5	Sat	8:29	7.7	9:06	6.9	2:02	0.9	2:47	0.3	7:14	4:22	
6	Sun	9:17	7.8	9:55	6.9	2:53	0.9	3:36	0.1	7:14	4:23	
7	Mon	10:01	7.9	10:40	6.9	3:39	0.9	4:21	0.0	7:14	4:24	
8	Tue	10:43	7.9	11:21	6.9	4:21	0.9	5:01	0.0	7:13	4:25	
9	Wed	11:22	8.0			5:00	0.9	5:39	0.0	7:13	4:26	
10	Thu	12:00	7.0	11:59 AM	8.0	5:37	0.9	6:14	0.0	7:13	4:28	
11	Fri	12:36	7.0	12:35	7.9	6:13	0.9	6:48	0.0	7:13	4:29	
12	Sat	1:11	7.0	1:10	7.9	6:48	0.9	7:22	0.1	7:12	4:30	
13	Sun	1:46	7.0	1:46	7.7	7:25	0.9	7:57	0.1	7:12	4:31	
14	Mon	2:21	7.0	2:24	7.6	8:05	0.9	8:34	0.2	7:11	4:32	
15	Tue	2:59	7.0	3:06	7.4	8:48	0.9	9:15	0.3	7:11	4:33	
16	Wed	3:40	7.1	3:53	7.2	9:35	0.9	9:59	0.4	7:10	4:34	
17	Thu	4:25	7.3	4:45	7.0	10:27	0.8	10:47	0.5	7:10	4:36	
18	Fri	5:14	7.5	5:43	6.9	11:23	0.6	11:40	0.6	7:09	4:37	
19	Sat	6:09	7.7	6:46	6.8			12:24	0.4	7:08	4:38	
20	Sun	7:08	8.0	7:52	7.0	12:38	0.6	1:29	0.1	7:08	4:39	
21	Mon	8:09	8.4	8:55	7.2	1:40	0.5	2:31	-0.4	7:07	4:41	
22	Tue	9:08	8.8	9:54	7.5	2:41	0.2	3:30	-0.8	7:06	4:42	
23	Wed	10:05	9.1	10:50	7.9	3:39	-0.1	4:26	-1.2	7:06	4:43	
24	Thu	11:02	9.4	11:45	8.1	4:35	-0.4	5:20	-1.5	7:05	4:45	
25	Fri	11:56	9.5			5:30	-0.6	6:12	-1.5	7:04	4:46	
26	Sat	12:37	8.3	12:50	9.4	6:24	-0.7	7:03	-1.5	7:03	4:47	
27	Sun	1:28	8.4	1:43	9.1	7:18	-0.6	7:54	-1.2	7:02	4:49	
28	Mon	2:20	8.3	2:37	8.6	8:13	-0.4	8:45	-0.8	7:01	4:50	
29	Tue	3:12	8.1	3:33	8.1	9:09	-0.2	9:37	-0.3	7:00	4:51	
30	Wed	4:06	7.9	4:32	7.5	10:09	0.1	10:31	0.2	6:59	4:53	
31	Thu	5:01	7.7	5:32	7.0	11:10	0.4	11:27	0.7	6:58	4:54	