


































Atlantic Heights, NH - Jan 2058

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 4:41 | 7.8 | 5:01 | 7.7 | 10:38 | 0.4 | 11:08 | 0.0 | 7:14 | 4:18 |  |
| 2 | Wed | 5:40 | 7.7 | 6:05 | 7.3 | 11:43 | 0.5 | | | 7:14 | 4:19 |  |
| 3 | Thu | 6:38 | 7.7 | 7:09 | 7.0 | 12:06 | 0.4 | 12:49 | 0.5 | 7:14 | 4:20 |  |
| 4 | Fri | 7:35 | 7.7 | 8:10 | 6.9 | 1:05 | 0.7 | 1:51 | 0.4 | 7:14 | 4:21 |  |
| 5 | Sat | 8:29 | 7.7 | 9:06 | 6.9 | 2:02 | 0.9 | 2:47 | 0.3 | 7:14 | 4:22 |  |
| 6 | Sun | 9:17 | 7.8 | 9:55 | 6.9 | 2:53 | 0.9 | 3:36 | 0.1 | 7:14 | 4:23 |  |
| 7 | Mon | 10:01 | 7.9 | 10:40 | 6.9 | 3:39 | 0.9 | 4:21 | 0.0 | 7:14 | 4:24 |  |
| 8 | Tue | 10:43 | 7.9 | 11:21 | 6.9 | 4:21 | 0.9 | 5:01 | 0.0 | 7:13 | 4:25 |  |
| 9 | Wed | 11:22 | 8.0 | | | 5:00 | 0.9 | 5:39 | 0.0 | 7:13 | 4:26 |  |
| 10 | Thu | 12:00 | 7.0 | 11:59 AM | 8.0 | 5:37 | 0.9 | 6:14 | 0.0 | 7:13 | 4:28 |  |
| 11 | Fri | 12:36 | 7.0 | 12:35 | 7.9 | 6:13 | 0.9 | 6:48 | 0.0 | 7:13 | 4:29 |  |
| 12 | Sat | 1:11 | 7.0 | 1:10 | 7.9 | 6:48 | 0.9 | 7:22 | 0.1 | 7:12 | 4:30 |  |
| 13 | Sun | 1:46 | 7.0 | 1:46 | 7.7 | 7:25 | 0.9 | 7:57 | 0.1 | 7:12 | 4:31 |  |
| 14 | Mon | 2:21 | 7.0 | 2:24 | 7.6 | 8:05 | 0.9 | 8:34 | 0.2 | 7:11 | 4:32 |  |
| 15 | Tue | 2:59 | 7.0 | 3:06 | 7.4 | 8:48 | 0.9 | 9:15 | 0.3 | 7:11 | 4:33 |  |
| 16 | Wed | 3:40 | 7.1 | 3:53 | 7.2 | 9:35 | 0.9 | 9:59 | 0.4 | 7:10 | 4:34 |  |
| 17 | Thu | 4:25 | 7.3 | 4:45 | 7.0 | 10:27 | 0.8 | 10:47 | 0.5 | 7:10 | 4:36 |  |
| 18 | Fri | 5:14 | 7.5 | 5:43 | 6.9 | 11:23 | 0.6 | 11:40 | 0.6 | 7:09 | 4:37 |  |
| 19 | Sat | 6:09 | 7.7 | 6:46 | 6.8 | | | 12:24 | 0.4 | 7:08 | 4:38 |  |
| 20 | Sun | 7:08 | 8.0 | 7:52 | 7.0 | 12:38 | 0.6 | 1:29 | 0.1 | 7:08 | 4:39 |  |
| 21 | Mon | 8:09 | 8.4 | 8:55 | 7.2 | 1:40 | 0.5 | 2:31 | -0.4 | 7:07 | 4:41 |  |
| 22 | Tue | 9:08 | 8.8 | 9:54 | 7.5 | 2:41 | 0.2 | 3:30 | -0.8 | 7:06 | 4:42 |  |
| 23 | Wed | 10:05 | 9.1 | 10:50 | 7.9 | 3:39 | -0.1 | 4:26 | -1.2 | 7:06 | 4:43 |  |
| 24 | Thu | 11:02 | 9.4 | 11:45 | 8.1 | 4:35 | -0.4 | 5:20 | -1.5 | 7:05 | 4:45 |  |
| 25 | Fri | 11:56 | 9.5 | | | 5:30 | -0.6 | 6:12 | -1.5 | 7:04 | 4:46 |  |
| 26 | Sat | 12:37 | 8.3 | 12:50 | 9.4 | 6:24 | -0.7 | 7:03 | -1.5 | 7:03 | 4:47 |  |
| 27 | Sun | 1:28 | 8.4 | 1:43 | 9.1 | 7:18 | -0.6 | 7:54 | -1.2 | 7:02 | 4:49 |  |
| 28 | Mon | 2:20 | 8.3 | 2:37 | 8.6 | 8:13 | -0.4 | 8:45 | -0.8 | 7:01 | 4:50 |  |
| 29 | Tue | 3:12 | 8.1 | 3:33 | 8.1 | 9:09 | -0.2 | 9:37 | -0.3 | 7:00 | 4:51 |  |
| 30 | Wed | 4:06 | 7.9 | 4:32 | 7.5 | 10:09 | 0.1 | 10:31 | 0.2 | 6:59 | 4:53 |  |
| 31 | Thu | 5:01 | 7.7 | 5:32 | 7.0 | 11:10 | 0.4 | 11:27 | 0.7 | 6:58 | 4:54 |  |