US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:52**	7.0	**8:17**	7.9	**1:34**	0.9	**1:46**	0.8	5:07	8:26	
2	Tue	**8:50**	7.0	**9:08**	8.3	**2:31**	0.6	**2:40**	0.7	5:08	8:26	
3	Wed	**9:47**	7.2	**10:00**	8.7	**3:27**	0.1	**3:34**	0.5	5:08	8:26	
4	Thu	**10:43**	7.5	**10:53**	9.1	**4:21**	-0.3	**4:27**	0.3	5:09	8:25	
5	Fri	**11:37**	7.7	**11:46**	9.4	**5:14**	-0.7	**5:20**	0.1	5:10	8:25	
6	Sat			**12:32**	7.9	**6:08**	-1.0	**6:15**	-0.1	5:10	8:25	
7	Sun	**12:41**	9.5	**1:27**	8.1	**7:01**	-1.2	**7:10**	-0.2	5:11	8:24	
8	Mon	**1:36**	9.6	**2:21**	8.2	**7:55**	-1.3	**8:06**	-0.2	5:12	8:24	
9	Tue	**2:31**	9.4	**3:16**	8.3	**8:48**	-1.2	**9:03**	-0.1	5:13	8:23	
10	Wed	**3:28**	9.1	**4:13**	8.3	**9:43**	-0.9	**10:03**	0.0	5:13	8:23	
11	Thu	**4:28**	8.7	**5:10**	8.2	**10:39**	-0.6	**11:06**	0.2	5:14	8:22	
12	Fri	**5:29**	8.2	**6:08**	8.2	**11:35**	-0.2			5:15	8:22	
13	Sat	**6:31**	7.8	**7:05**	8.1	**12:10**	0.3	**12:32**	0.2	5:16	8:21	
14	Sun	**7:34**	7.4	**8:02**	8.1	**1:14**	0.4	**1:30**	0.6	5:16	8:21	
15	Mon	**8:38**	7.1	**8:59**	8.0	**2:18**	0.4	**2:29**	0.9	5:17	8:20	
16	Tue	**9:38**	7.0	**9:52**	8.0	**3:19**	0.4	**3:25**	1.0	5:18	8:19	
17	Wed	**10:32**	6.9	**10:40**	8.0	**4:13**	0.3	**4:16**	1.1	5:19	8:19	
18	Thu	**11:21**	6.9	**11:25**	8.1	**5:02**	0.2	**5:02**	1.1	5:20	8:18	
19	Fri			**12:06**	7.0	**5:46**	0.2	**5:45**	1.1	5:21	8:17	
20	Sat	**12:08**	8.1	**12:48**	7.0	**6:27**	0.2	**6:25**	1.1	5:22	8:16	
21	Sun	**12:48**	8.1	**1:27**	7.0	**7:05**	0.2	**7:03**	1.1	5:23	8:15	
22	Mon	**1:26**	8.0	**2:03**	7.1	**7:41**	0.2	**7:40**	1.1	5:24	8:15	
23	Tue	**2:02**	8.0	**2:39**	7.1	**8:15**	0.2	**8:17**	1.1	5:25	8:14	
24	Wed	**2:38**	7.9	**3:14**	7.2	**8:49**	0.3	**8:56**	1.1	5:26	8:13	
25	Thu	**3:15**	7.7	**3:50**	7.2	**9:24**	0.4	**9:37**	1.1	5:27	8:12	
26	Fri	**3:55**	7.5	**4:28**	7.3	**10:01**	0.5	**10:21**	1.0	5:28	8:11	
27	Sat	**4:38**	7.3	**5:09**	7.4	**10:42**	0.6	**11:09**	1.0	5:29	8:10	
28	Sun	**5:26**	7.1	**5:54**	7.6	**11:26**	0.7			5:30	8:09	
29	Mon	**6:18**	7.0	**6:42**	7.8	**12:00**	0.8	**12:14**	0.8	5:31	8:07	
30	Tue	**7:15**	6.9	**7:37**	8.0	**12:56**	0.7	**1:07**	0.8	5:32	8:06	
31	Wed	**8:17**	6.9	**8:35**	8.3	**1:56**	0.4	**2:06**	0.8	5:33	8:05	