

































## Atlantic Heights, NH - Jul 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:52	7.0	8:17	7.9	1:34	0.9	1:46	0.8	5:07	8:26	
2	Tue	8:50	7.0	9:08	8.3	2:31	0.6	2:40	0.7	5:08	8:26	
3	Wed	9:47	7.2	10:00	8.7	3:27	0.1	3:34	0.5	5:08	8:26	
4	Thu	10:43	7.5	10:53	9.1	4:21	-0.3	4:27	0.3	5:09	8:25	
5	Fri	11:37	7.7	11:46	9.4	5:14	-0.7	5:20	0.1	5:10	8:25	
6	Sat			12:32	7.9	6:08	-1.0	6:15	-0.1	5:10	8:25	
7	Sun	12:41	9.5	1:27	8.1	7:01	-1.2	7:10	-0.2	5:11	8:24	
8	Mon	1:36	9.6	2:21	8.2	7:55	-1.3	8:06	-0.2	5:12	8:24	
9	Tue	2:31	9.4	3:16	8.3	8:48	-1.2	9:03	-0.1	5:13	8:23	
10	Wed	3:28	9.1	4:13	8.3	9:43	-0.9	10:03	0.0	5:13	8:23	
11	Thu	4:28	8.7	5:10	8.2	10:39	-0.6	11:06	0.2	5:14	8:22	
12	Fri	5:29	8.2	6:08	8.2	11:35	-0.2			5:15	8:22	
13	Sat	6:31	7.8	7:05	8.1	12:10	0.3	12:32	0.2	5:16	8:21	
14	Sun	7:34	7.4	8:02	8.1	1:14	0.4	1:30	0.6	5:16	8:21	
15	Mon	8:38	7.1	8:59	8.0	2:18	0.4	2:29	0.9	5:17	8:20	
16	Tue	9:38	7.0	9:52	8.0	3:19	0.4	3:25	1.0	5:18	8:19	
17	Wed	10:32	6.9	10:40	8.0	4:13	0.3	4:16	1.1	5:19	8:19	
18	Thu	11:21	6.9	11:25	8.1	5:02	0.2	5:02	1.1	5:20	8:18	
19	Fri			12:06	7.0	5:46	0.2	5:45	1.1	5:21	8:17	
20	Sat	12:08	8.1	12:48	7.0	6:27	0.2	6:25	1.1	5:22	8:16	
21	Sun	12:48	8.1	1:27	7.0	7:05	0.2	7:03	1.1	5:23	8:15	
22	Mon	1:26	8.0	2:03	7.1	7:41	0.2	7:40	1.1	5:24	8:15	
23	Tue	2:02	8.0	2:39	7.1	8:15	0.2	8:17	1.1	5:25	8:14	
24	Wed	2:38	7.9	3:14	7.2	8:49	0.3	8:56	1.1	5:26	8:13	
25	Thu	3:15	7.7	3:50	7.2	9:24	0.4	9:37	1.1	5:27	8:12	
26	Fri	3:55	7.5	4:28	7.3	10:01	0.5	10:21	1.0	5:28	8:11	
27	Sat	4:38	7.3	5:09	7.4	10:42	0.6	11:09	1.0	5:29	8:10	
28	Sun	5:26	7.1	5:54	7.6	11:26	0.7			5:30	8:09	
29	Mon	6:18	7.0	6:42	7.8	12:00	0.8	12:14	0.8	5:31	8:07	
30	Tue	7:15	6.9	7:37	8.0	12:56	0.7	1:07	0.8	5:32	8:06	
31	Wed	8:17	6.9	8:35	8.3	1:56	0.4	2:06	0.8	5:33	8:05	