US HARBORS www.USHarbors.com

Dover, Cocheco River, NH - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:06	7.4	2:42	6.2	8:27	0.4	8:30	1.2	5:07	8:27	
2	Thu	2:44	7.4	3:20	6.3	9:07	0.4	9:13	1.1	5:08	8:27	
3	Fri	3:22	7.3	4:00	6.4	9:49	0.4	9:58	1.1	5:08	8:26	
4	Sat	4:03	7.3	4:40	6.6	10:31	0.4	10:45	1.1	5:09	8:26	
5	Sun	4:47	7.1	5:23	6.8	11:14	0.4	11:35	1.0	5:09	8:26	
6	Mon	5:34	6.9	6:08	7.0			12:00	0.5	5:10	8:25	
7	Tue	6:25	6.7	6:57	7.2	12:27	0.9	12:47	0.6	5:11	8:25	
8	Wed	7:22	6.5	7:50	7.4	1:22	0.7	1:38	0.7	5:12	8:25	
9	Thu	8:23	6.4	8:47	7.6	2:20	0.6	2:31	0.8	5:12	8:24	
10	Fri	9:26	6.3	9:45	7.9	3:18	0.3	3:26	0.8	5:13	8:24	
11	Sat	10:27	6.4	10:43	8.2	4:16	0.1	4:22	0.7	5:14	8:23	
12	Sun	11:26	6.5	11:40	8.4	5:12	-0.1	5:17	0.5	5:15	8:23	
13	Mon			12:22	6.7	6:08	-0.4	6:13	0.3	5:15	8:22	
14	Tue	12:36	8.6	1:17	6.9	7:01	-0.5	7:08	0.2	5:16	8:22	
15	Wed	1:31	8.7	2:09	7.2	7:53	-0.6	8:02	0.0	5:17	8:21	
16	Thu	2:23	8.6	3:00	7.4	8:42	-0.6	8:55	0.0	5:18	8:20	
17	Fri	3:15	8.4	3:50	7.5	9:31	-0.6	9:48	0.0	5:19	8:20	
18	Sat	4:07	8.1	4:41	7.6	10:20	-0.4	10:42	0.2	5:20	8:19	
19	Sun	5:00	7.7	5:32	7.6	11:09	-0.1	11:36	0.3	5:21	8:18	
20	Mon	5:53	7.2	6:24	7.5	11:58	0.2			5:22	8:17	
21	Tue	6:48	6.8	7:16	7.4	12:31	0.5	12:48	0.6	5:23	8:16	
22	Wed	7:45	6.4	8:11	7.3	1:27	0.7	1:40	0.9	5:23	8:15	
23	Thu	8:44	6.2	9:06	7.2	2:23	0.8	2:33	1.1	5:24	8:15	
24	Fri	9:42	6.0	10:00	7.2	3:19	0.9	3:26	1.3	5:25	8:14	
25	Sat	10:37	6.0	10:51	7.2	4:13	0.9	4:18	1.4	5:26	8:13	
26	Sun	11:28	6.0	11:39	7.2	5:04	0.8	5:07	1.3	5:27	8:12	
27	Mon			12:15	6.0	5:53	0.8	5:55	1.3	5:28	8:11	
28	Tue	12:24	7.3	12:58	6.1	6:38	0.6	6:41	1.2	5:29	8:10	
29	Wed	1:05	7.4	1:38	6.3	7:20	0.5	7:24	1.1	5:31	8:08	
30	Thu	1:44	7.4	2:15	6.4	8:00	0.4	8:07	0.9	5:32	8:07	
31	Fri	2:21	7.4	2:51	6.6	8:39	0.3	8:49	0.8	5:33	8:06	