

































Fort Point, Newcastle, NH - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:38	8.6	1:45	9.4	7:31	0.5	8:02	-0.4	7:14	4:18	
2	Tue	2:22	8.8	2:33	9.2	8:20	0.4	8:48	-0.2	7:14	4:19	
3	Wed	3:09	9.0	3:27	8.9	9:14	0.3	9:38	-0.1	7:14	4:20	
4	Thu	4:00	9.2	4:25	8.6	10:13	0.3	10:32	0.2	7:14	4:21	
5	Fri	4:55	9.3	5:28	8.3	11:16	0.2	11:30	0.4	7:14	4:22	
6	Sat	5:55	9.5	6:37	8.1			12:22	0.0	7:14	4:23	
7	Sun	6:58	9.7	7:45	8.2	12:33	0.5	1:28	-0.3	7:14	4:24	
8	Mon	8:01	9.9	8:49	8.3	1:37	0.5	2:31	-0.6	7:13	4:25	
9	Tue	9:01	10.1	9:48	8.6	2:38	0.4	3:30	-0.9	7:13	4:26	
10	Wed	9:57	10.3	10:42	8.8	3:35	0.2	4:24	-1.1	7:13	4:27	
11	Thu	10:51	10.4	11:33	8.9	4:30	0.0	5:15	-1.1	7:13	4:28	
12	Fri	11:41	10.3			5:21	-0.1	6:02	-1.0	7:12	4:29	
13	Sat	12:21	8.9	12:29	10.0	6:10	0.0	6:48	-0.8	7:12	4:30	
14	Sun	1:06	8.9	1:15	9.6	6:58	0.1	7:31	-0.4	7:11	4:31	
15	Mon	1:50	8.8	2:01	9.1	7:46	0.4	8:15	0.0	7:11	4:33	
16	Tue	2:34	8.7	2:48	8.5	8:36	0.6	8:59	0.5	7:10	4:34	
17	Wed	3:18	8.5	3:37	8.0	9:27	0.9	9:45	0.9	7:10	4:35	
18	Thu	4:04	8.3	4:30	7.5	10:20	1.2	10:33	1.3	7:09	4:36	
19	Fri	4:53	8.1	5:27	7.1	11:17	1.3	11:25	1.7	7:09	4:38	
20	Sat	5:46	8.0	6:28	6.9			12:16	1.4	7:08	4:39	
21	Sun	6:42	8.1	7:29	6.9	12:20	1.8	1:15	1.3	7:07	4:40	
22	Mon	7:37	8.2	8:24	7.1	1:16	1.9	2:10	1.0	7:07	4:41	
23	Tue	8:28	8.5	9:12	7.3	2:08	1.7	2:59	0.7	7:06	4:43	
24	Wed	9:14	8.9	9:56	7.6	2:56	1.4	3:42	0.4	7:05	4:44	
25	Thu	9:57	9.2	10:36	8.0	3:39	1.1	4:22	0.0	7:04	4:45	
26	Fri	10:38	9.5	11:14	8.3	4:21	0.7	5:00	-0.3	7:03	4:47	
27	Sat	11:18	9.8	11:52	8.7	5:02	0.4	5:37	-0.6	7:02	4:48	
28	Sun	11:59	9.9			5:43	0.0	6:15	-0.8	7:02	4:49	
29	Mon	12:31	9.0	12:42	9.9	6:26	-0.2	6:54	-0.8	7:01	4:50	
30	Tue	1:11	9.3	1:27	9.7	7:12	-0.4	7:36	-0.7	7:00	4:52	
31	Wed	1:55	9.5	2:15	9.3	8:01	-0.4	8:22	-0.5	6:59	4:53	