

































## Fort Point, Newcastle, NH - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:56	7.8	7:18	8.7	12:43	1.1	12:55	1.4	5:07	8:26	
2	Mon	7:55	7.6	8:10	8.7	1:42	1.2	1:47	1.7	5:07	8:25	
3	Tue	8:51	7.5	9:00	8.7	2:37	1.1	2:39	1.8	5:08	8:25	
4	Wed	9:43	7.5	9:46	8.8	3:29	0.9	3:28	1.8	5:08	8:25	
5	Thu	10:31	7.6	10:30	9.0	4:16	0.8	4:14	1.7	5:09	8:25	
6	Fri	11:14	7.7	11:12	9.1	5:00	0.6	4:56	1.6	5:10	8:24	
7	Sat	11:55	7.9	11:52	9.3	5:40	0.4	5:37	1.5	5:10	8:24	
8	Sun			12:34	8.0	6:18	0.3	6:15	1.3	5:11	8:24	
9	Mon	12:30	9.4	1:11	8.2	6:54	0.2	6:54	1.2	5:12	8:23	
10	Tue	1:08	9.4	1:47	8.4	7:29	0.1	7:34	1.0	5:12	8:23	
11	Wed	1:48	9.4	2:24	8.6	8:06	0.0	8:15	0.9	5:13	8:22	
12	Thu	2:29	9.4	3:04	8.9	8:44	0.0	9:01	0.7	5:14	8:22	
13	Fri	3:13	9.2	3:46	9.1	9:25	0.0	9:50	0.6	5:15	8:21	
14	Sat	4:02	9.0	4:32	9.4	10:11	0.1	10:44	0.4	5:16	8:21	
15	Sun	4:55	8.7	5:23	9.6	11:00	0.3	11:42	0.3	5:17	8:20	
16	Mon	5:53	8.5	6:18	9.7	11:55	0.5			5:17	8:19	
17	Tue	6:56	8.3	7:18	9.9	12:44	0.2	12:54	0.6	5:18	8:19	
18	Wed	8:03	8.3	8:21	10.1	1:48	0.0	1:56	0.7	5:19	8:18	
19	Thu	9:10	8.4	9:23	10.3	2:53	-0.3	3:00	0.6	5:20	8:17	
20	Fri	10:12	8.6	10:23	10.5	3:54	-0.6	4:00	0.4	5:21	8:16	
21	Sat	11:10	8.9	11:20	10.6	4:52	-0.8	4:58	0.2	5:22	8:16	
22	Sun			12:04	9.1	5:46	-1.0	5:54	0.0	5:23	8:15	
23	Mon	12:14	10.6	12:55	9.3	6:36	-1.0	6:47	0.0	5:24	8:14	
24	Tue	1:06	10.4	1:44	9.3	7:25	-0.8	7:38	0.0	5:25	8:13	
25	Wed	1:56	10.0	2:31	9.3	8:11	-0.5	8:28	0.2	5:26	8:12	
26	Thu	2:45	9.6	3:16	9.2	8:56	-0.1	9:19	0.5	5:27	8:11	
27	Fri	3:34	9.0	4:02	9.0	9:42	0.4	10:12	0.7	5:28	8:10	
28	Sat	4:24	8.4	4:49	8.8	10:29	0.9	11:05	1.0	5:29	8:09	
29	Sun	5:17	7.9	5:38	8.6	11:17	1.3			5:30	8:08	
30	Mon	6:12	7.5	6:29	8.5	12:01	1.2	12:08	1.7	5:31	8:07	
31	Tue	7:11	7.3	7:24	8.4	12:58	1.3	1:02	1.9	5:32	8:05	